

### **MESSAGES**

- 4 First Presidency Message: Living the Abundant Life By President Thomas S. Monson
- 7 Visiting Teaching Message: Watchcare and Ministering through Visiting Teaching

#### **FEATURE ARTICLES**

16 Finding Answers in the **Book of Mormon** 

> By Sara D. Smith Six members share what a difference the Book of Mormon has made in their lives.

ON THE COVER Painting by Jeff Ward.



20 Rediscovering a Wonder of the World . . . and Avoiding the Dangers of Spiritual **Apathy** 

By Adam C. Olson

Like researchers who learn more and more about Machu Picchu. we can learn more about the gospel each time we study it.

24 Recognizing God's Hand in **Our Daily Blessings** 

By Elder D. Todd Christofferson Asking for "our daily bread" at God's hand plays a vital part in learning to trust Him.

32 George Albert Smith: He Lived as He Taught

By Ted Barnes

An introduction to this year's Melchizedek Priesthood and Relief Society course of study.

## DEPARTMENTS

- 8 October Conference Notebook
- 10 Serving in the Church: Leadership the Lord's Way By Craig Merrill
- 12 We Talk of Christ: Visiting Teachers Led Me to **Jesus Christ**

By Jayne P. Bowers

14 Our Homes, Our Families: **Helping Children Love the Book of Mormon** 

By Clyde J. Williams

- 38 Latter-day Saint Voices
- 74 News of the Church
- 79 Family Home Evening Ideas
- 80 Until We Meet Again: **Learning from the Expert** By George C. Robinson

# **YOUNG ADULTS**



42 They Spoke to Us: Look Up By Elder Carl B. Cook What happens when we look up to see how Heavenly Father sees us rather than looking sideways to see how others view us?







# YOUTH

- 46 To the Point
- 48 Keeping Covenants: A Message for Those Who Will Serve a Mission By Elder Jeffrey R. Holland There is a key to having the powers of godliness be with us as missionaries.
- 52 2012 Mutual Theme By the Young Women and Young Men general presidencies "Arise and shine forth, that thy light may be a standard for the nations" (D&C 115:5).
- 54 Poster: Shine Forth
- 55 Line upon Line: Doctrine and Covenants 115:5
- 56 From the Mission Field: God **Answered Both Prayers** By Carlos Iván Garmendía Pacheco
- 57 Be Faithful By Elder Gérald Caussé During an important interview, I had to decide quickly whether to be true to my beliefs.





# **CHILDREN**



58 Stones, Arrows, and **Snowballs** 

> By David L. Frischknecht How could I get past the bullies? Be like Samuel the Lamanite.

- 60 Book of Mormon Feast Color in this chart each week as you read the Book of Mormon.
- 63 Special Witness: How Do I **Achieve My Goals?** By Elder M. Russell Ballard
- 64 Bringing Primary Home: Agency Is the Gift to Choose for Ourselves
- 66 Stories of Jesus: The Book of Mormon Teaches of **Jesus Christ**

By Diane L. Mangum

68 Making Friends across the Pacific

By Jane Hansen Lassetter Primary children from Utah and Tonga get to know one another.

- 69 He Is There By Rosemary M. Wixom Heavenly Father hears and answers every child's prayer.
- 70 For Young Children

#### JANUARY 2012 VOL. 36 NO. 1 LIAHONA 10481

International magazine of The Church of Jesus Christ of Latter-day Saints

The First Presidency: Thomas S. Monson, Henry B. Eyring, Dieter F. Uchtdorf

#### The Quorum of the Twelve Apostles:

Boyd K. Packer, L. Tom Perry, Russell M. Nelson, Dallin H. Oaks, M. Russell Ballard, Richard G. Scott, Robert D. Hales, Jeffrey R. Holland, David A. Bednar, Quentin L. Cook, D. Todd Christofferson, Neil L. Andersen

Editor: Paul B. Pieper

Advisers: Keith R. Edwards, Christoffel Golden Jr.,

Per G. Malm

Managing Director: David L. Frischknecht Editorial Director: Vincent A. Vaughn Graphics Director: Allan R. Loyborg Managing Editor: R. Val Johnson

Assistant Managing Editors: Jenifer L. Greenwood,

Associate Editors: Susan Barrett, Ryan Carr Editorial Staff: Brittany Beattie, David A. Edwards, Matthew D. Flitton, LaRene Porter Gaunt, Carrie Kasten, Jennifer Maddy, Lia McClanahan, Melissa Merrill, Michael R. Morris, Sally J. Odekirk, Joshua J. Perkey, Chad E. Phares, Jan Pinborough, Paul VanDenBerghe, Marissa A. Widdison, Melissa Zenteno

Managing Art Director: J. Scott Knudsen Art Director: Scott Van Kampen Production Manager: Jane Ann Peters Senior Designers: C. Kimball Bott, Colleen Hinckley, Eric P. Johnsen, Scott M. Mooy

Production Staff: Collette Nebeker Aune, Howard G. Brown, Julie Burdett, Reginald J. Christensen, Kim Fenstermaker, Bryan W. Gygi, Kathleen Howard, Denise Kirby, Ginny J. Nilson

Prepress: Jeff L. Martin

Printing Director: Craig K. Sedgwick Distribution Director: Evan Larsen

For subscriptions and prices outside the United States and Canada, go to store.lds.org or contact your local Church distribution center or ward or branch leader.

Submit manuscripts and queries online at liahona.lds.org; by mail to *Liahona,* Rm. 2420, 50 E. North Temple St., Salt Lake City, UT 84150-0024, USA; or by e-mail: liahona@ldschurch.org.

The Liahona (a Book of Mormon term meaning "compass" or "director") is published in Albanian, Armenian, Bislama, Bulgarian, Cambodian, Cebuano, Chinese, Croatian, Czech, Danish, Dutch, English, Estonian, Fijian, Finnish, French, German, Greek, Hungarian, Icelandic, Indonesian, Italian, Japanese, Kiribati, Korean, Latvian, Lithuanian, Malagasy, Marshallese, Mongolian, Norwegian, Polish, Portuguese, Romanian, Russian, Samoan, Slovenian, Spanish, Swedish, Tagalog, Tahitian, Thai, Tongan, Ukrainian, Urdu, and Vietnamese. (Frequency varies by language.)

© 2012 by Intellectual Reserve, Inc. All rights reserved. Printed in the United States of America.

Text and visual material in the Liahona may be copied for incidental, noncommercial church or home use. Visual material may not be copied if restrictions are indicated in the credit line with the artwork. Copyright questions should be addressed to Intellectual Property Office, 50 E. North Temple St., Salt Lake City, UT 84150, USA; e-mail: cor-intellectualproperty@ldschurch.org

For Readers in the United States and Canada: January 2012 Vol. 36 No. 1. LIAHONA (USPS 311-480) English (ISSN 1080-9554) is published monthly by The Church of Jesus Christ of Latter-day Saints, 50 E. North Temple St., Salt Lake City, UT 84150. USA subscription price is \$10.00 per year; Canada, \$12.00 plus applicable taxes. Periodicals Postage Paid at Salt Lake City, Utah. Sixty days' notice required for change of address. Include address label from a recent issue; old and new address must be included. Send USA and Canadian subscriptions to Salt Lake Distribution Center at address below. Subscription help line: 1-800-537-5971. Credit card orders (Visa, MasterCard, American Express, Discover) may be taken by phone. (Canada Poste Information: Publication Agreement #40017431)

POSTMASTER: Send address changes to Salt Lake Distribution Center, Church Magazines, P.O. Box 26368, Salt Lake City, UT 84126-0368.

# C Liahona.lds.org





#### IN YOUR LANGUAGE

The Liahona and other Church materials are available in many languages at languages.lds.org.

#### **FOR ADULTS**

Several articles in this issue talk about the scriptures, particularly the Book of Mormon (see pages 14, 16, and 20). In the April 2010 general conference, Elder David A. Bednar spoke about how study of the Book of Mormon can strengthen families. To read or listen to his talk, visit lds .org/general-conference/2010/04/ watching-with-all-perseverance.

A tour guide at Machu Picchu gives three suggestions for studying the gospel (see page 20). See more photos of this wonder of the world at liahona.lds.org.

#### **FOR YOUTH**

After reading Elder Holland's counsel for those who will serve a mission, you can find more articles and information about missionary work at lds.org/study/topics/missionary-work.

#### TOPICS IN THIS ISSUE

Numbers represent the first page of the article.

**Addiction**, 16 Agency, 24, 64 Angels, 47 Attitude, 4, 42, 52, Book of Mormon, 14, 16, 20, 40, 60, 66 **Charity,** 7, 12, 32 Church history, 32 Conversion, 16 Courage, 4, 8, 57 Covenants, 48 Example, 52, 54, 57, 70.72 Faith, 24, 57, 63 Family, 14, 16, 79 Following the Spirit, Friendship, 47, 68 Goals, 63 Home teaching, 10

Hope, 4, 16

Jesus Christ, 24, 40, 66, 80 Leadership, 10 Missionary work, 8. 32, 39, 41, 46, 48, 56, 70, 72 Mutual, 52, 54, 55 Prayer, 8, 24, 38, 42, 55, 58, 69 Prophets, 32 Repentance, 16 Same-gender attraction, 47 Scripture study, 14, 16, 20, 40, 55, 60 Service, 10, 12, 24, 32, 38, 46 Smith, George Albert, 32 **Teaching,** 14, 80 Trials. 24, 40 Visiting teaching, 7, 12