Jesus Shows His Wounds

Luke 24:36-43; John 20:19-20, 24

Behold my hands and my feet, that it is I myself: handle me, and see; for a spirit hath not flesh and bones, as ye see me have. Luke 24:39

The Sunday evening after Jesus was resurrected, the Apostles and some other disciples were gathered together discussing the Resurrection. Suddenly Jesus appeared to them and said, "Peace be unto you" (Luke 24:36; see also John 20:19).

They were frightened because they thought they were seeing a spirit. Jesus asked, "Why are ye troubled?" (Luke 24:38; see also Luke 24:37).

"Behold my hands and my feet, that it is I

myself: handle me, and see; for a spirit hath not flesh and bones, as ye see me have" (Luke 24:39).

Jesus showed them the wounds in His hands, feet, and side. To further prove to them that He was not a spirit but had a body, Jesus asked for something to eat. They gave Jesus a piece of broiled fish and a piece of honeycomb, and He ate in front of them. They were happy to see the Savior and to know He had been resurrected. (See Luke 24:40–43; John 20:20.)

Summary

Not long after His Resurrection, Jesus appeared to the Apostles and some other disciples. They were frightened because they thought He was a spirit. Jesus showed them the wounds in His hands, feet, and side and invited the members

of the group to touch Him so they would know He was not just a spirit. Jesus also asked for food and ate fish and honey to show that He had a resurrected body. The Apostles and other disciples rejoiced to see their risen Lord.

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