

Treatment is essential for a child with malnutrition

What to Expect When Being Treated for Malnutrition at a Health Clinic

Malnutrition can impact a child's brain development and physical growth. A child who is severely malnourished should be seen as soon as possible in a health clinic so they can get food supplements and other treatments.

HERE ARE SOME OF THE TREATMENTS YOU CAN EXPECT:



FOOD SUPPLEMENTS

- These are usually cereals, porridge, or other foods that have extra nutrients added to them.
- They might also be powdered supplements that you sprinkle on your child's food.
- On average, children eat these once a day for two to three months.



LIQUID SUPPLEMENTS

- If your child is experiencing dehydration caused by diarrhea, health workers may recommend a supplement in liquid form.



MEDICINE FOR INTESTINAL WORMS

- Children can sometimes be infected with intestinal worms that make it so they can't absorb nutrients from food.
- Health workers may give your child medicine to prevent or eliminate these worms.



MEDICINE FOR OTHER CONDITIONS OR DISEASES

- Health workers may identify other conditions or diseases that could be impacting your child's nutrition, such as a respiratory illness, malaria, or other infectious disease.
- Health workers may recommend medicines or shots to treat these diseases.
- Health workers may also recommend immunizations to prevent common diseases that can impact a child's nutrition.

