



# ALMA COUNSELS HIS SONS

## Chapter 30



Alma was unhappy because of how wicked the Nephites had become. He talked to each of his sons about living righteously. *Alma 35:15–16*



Alma told Helaman, his oldest son, to trust in God. He told him about the angel God had sent to tell Alma to stop destroying the Church. *Alma 36:3, 6*



For three days Alma had suffered because of his guilt. Then he remembered his father's teachings about Jesus, and he knew his sins could be forgiven. *Alma 36:16–17*



Alma prayed for forgiveness, and joy replaced the pain in his soul. He was forgiven because he had faith in Jesus Christ and had repented. *Alma 36:18–20*



Since then Alma had taught others the gospel so they could feel the same joy he had felt. God had blessed Alma because of his trust in God. *Alma 36:24, 27*



Alma gave Helaman the sacred records and told him to continue writing the history of their people. *Alma 37:1-2*



Alma told him that if he kept the commandments, God would bless him and help him protect the records. *Alma 37:13, 16*



Alma also told Helaman to pray every morning and night and to talk with God about everything he was doing so God could help guide him. *Alma 37:36-37*



Alma was happy with his son Shiblon, who had been a brave missionary to the Zoramites. Shiblon had remained faithful even when they had stoned him. *Alma 38:3-4*



Alma reminded Shiblon that the only way to be saved is through Jesus Christ. Alma then encouraged his son to continue teaching the gospel. *Alma 38:9-10*



Alma's son Corianton had not kept the commandments. He had not been a faithful missionary while teaching the Zoramites. *Alma 39:2-3*



Because of what Corianton had done, the Zoramites would not believe Alma's teachings. *Alma 39:11*



Alma told Corianton that people cannot hide their sins from God and that Corianton needed to repent. *Alma 39:8-9*



Alma taught his son that everyone will be resurrected but only the righteous will live with God. *Alma 40:9-10, 25-26*



This life is the time for people to repent and serve God, Alma said. *Alma 42:4*



Reminding Corianton that he had been called to be a missionary, Alma told him to return to the Zoramites and teach the people to repent. *Alma 42:31*



Alma and his sons continued teaching the gospel. They taught by the power of the priesthood. *Alma 43:1-2*