

Additional references: 1 Corinthians 11:23–29; Moroni 4–5; D&C 20:75–79; 27:2

See also Atonement of Jesus Christ; Covenant

Sacrament Meeting (*See* Sabbath; Sacrament; Sacrifice)

Sacrifice

To sacrifice is to give up something we value for the sake of something of greater worth. As Latter-day Saints, we have the opportunity to sacrifice worldly things for the Lord and His kingdom. Members of The Church of Jesus Christ of Latter-day Saints should be willing to make any sacrifice required by the Lord. If we were not required to make sacrifices, we would never be able to develop the faith necessary for eternal salvation.

The Atonement of Jesus Christ is the great and eternal sacrifice at the center of the gospel (see Alma 34:8–16). Before the Savior carried out the Atonement, His covenant people sacrificed animals as a symbol of His sacrifice. This practice helped them look ahead to the Atonement (see Moses 5:4–8). The command to offer animal sacrifices ended with the death of Jesus Christ. In the Church today, we partake of the sacrament in remembrance of the Savior’s atoning sacrifice.

In addition to remembering the atoning sacrifice of Jesus Christ, we are to offer our own sacrifice: a broken heart and a contrite spirit. The Savior said: “Ye shall offer up unto me no more the shedding of blood; yea, your sacrifices and your burnt offerings shall be done away. . . . And ye shall offer for a sacrifice unto me a broken heart and a contrite spirit. And whoso cometh unto me with a broken heart and a contrite spirit, him will I baptize with fire and with the Holy Ghost” (3 Nephi 9:19–20).

To have a broken heart and a contrite spirit is to be humble and receptive to the will of God and to the counsel of those He has called to lead His Church. It also means to feel deep