

Reverence

Reverence is profound respect and love. When you have a reverent attitude toward God, you honor Him, express your gratitude to Him, and obey His commandments.

You should be reverent in your behavior as well as your attitude. Reverent behavior includes prayer, scripture study, fasting, and payment of tithes and offerings. It includes wearing modest clothing and using clean, wholesome language. The depth of your reverence is evident in your choice of music and other entertainment, in the way you speak of sacred subjects, and in the way you dress and act when you attend church and the temple. You show your reverence for the Lord when you serve other people and treat them with kindness and respect.

As you become more reverent, you will notice a quiet transformation in your life. The Lord will pour out His Spirit more abundantly on you. You will be less troubled and confused. You will be able to receive revelation to help you solve personal and family problems.

Just as reverence brings you closer to God, irreverence suits the purposes of the adversary. Satan will tempt you to follow the world's trend to more noise, excitement, and contention and to less restraint and quiet dignity. Like a commander mounting a military invasion, he will try to jam the channels of communication between you and the Lord. Beware of such tactics, and strive to be reverent in all you do.

Additional references: Leviticus 26:2; Psalm 89:5–7; Hebrews 12:28; D&C 59:21; 63:61–62, 64; 109:21

See also Faith; Gratitude; Modesty; Prayer; Revelation; Worship

Sabbath

The Sabbath is the Lord's day, set apart each week for rest and worship. In Old Testament times, God's covenant people observed the Sabbath on the seventh day of the week because God rested on the seventh day when He had created