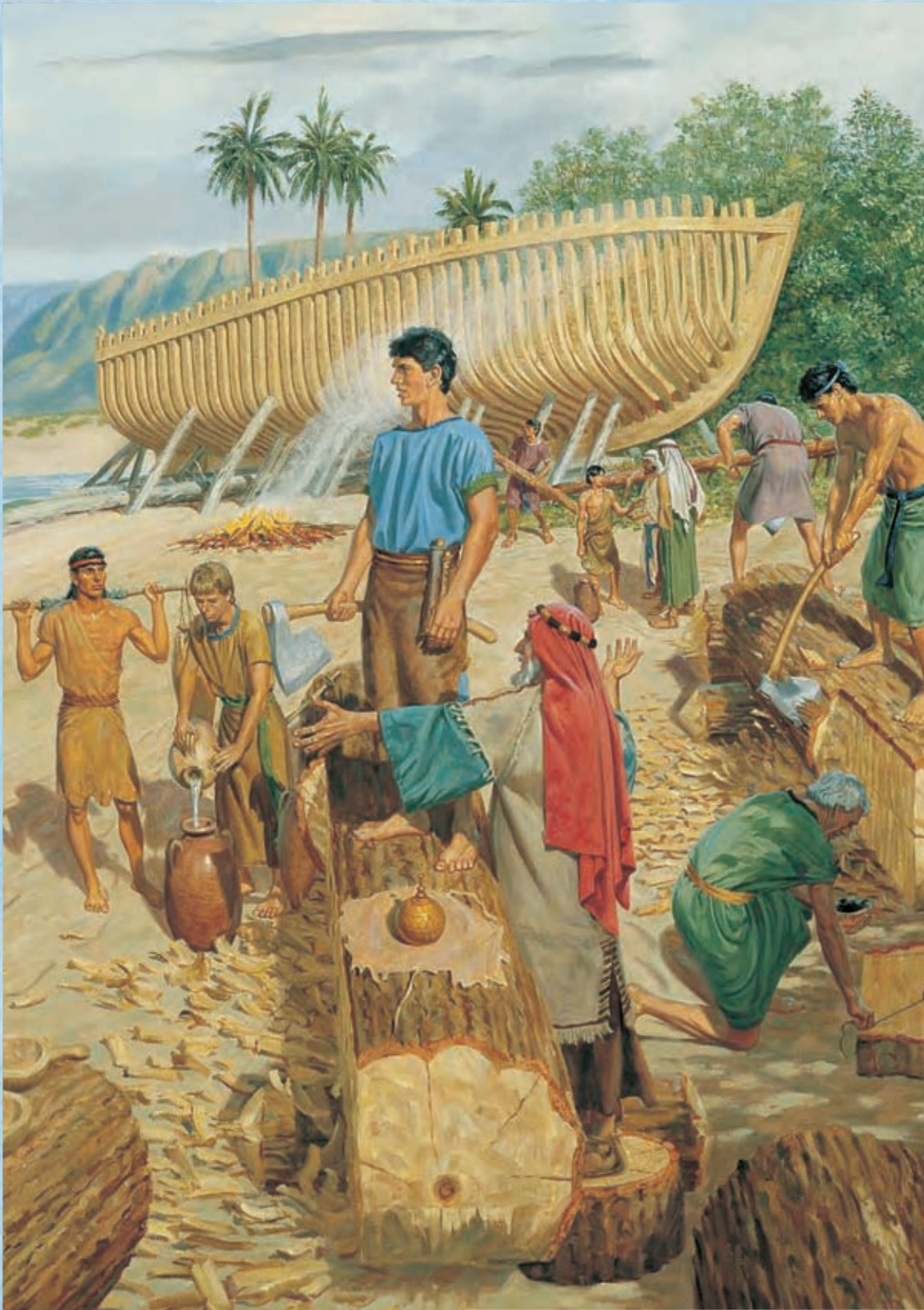




# BOOK OF MORMON STORIES





# BOOK OF MORMON STORIES

THE CHURCH OF  
**JESUS CHRIST**  
OF LATTER-DAY SAINTS

Published by  
The Church of Jesus Christ of Latter-day Saints  
Salt Lake City, Utah

This replaces *Book of Mormon Reader*  
Illustrated by Jerry Thompson and Robert T. Barrett  
© 1978, 1985, 1997 by The Church of Jesus Christ of Latter-day Saints  
All rights reserved  
Printed in the United States of America  
English approval: 8/96





# CONTENTS

Chapter	Title	Page
	Introduction . . . . .	1
1	How We Got the Book of Mormon . . . . .	2
2	Lehi Warns the People . . . . .	5
3	Lehi Leaves Jerusalem . . . . .	6
4	The Brass Plates . . . . .	8
5	Traveling in the Wilderness . . . . .	13
6	Lehi's Dream . . . . .	18
7	Building the Ship . . . . .	21
8	Crossing the Sea . . . . .	23
9	A New Home in the Promised Land . . . . .	25
10	Jacob and Sherem . . . . .	27
11	Enos . . . . .	30
12	King Benjamin . . . . .	32
13	Zeniff . . . . .	36
14	Abinadi and King Noah . . . . .	38
15	Alma Teaches and Baptizes . . . . .	43
16	King Limhi and His People Escape . . . . .	45
17	Alma and His People Escape . . . . .	47
18	Alma the Younger Repents . . . . .	49
19	The Sons of Mosiah Become Missionaries . . . . .	53
20	Alma and Nehor . . . . .	54
21	The Amlicites . . . . .	56
22	Alma's Mission to Ammonihah . . . . .	58
23	Ammon: A Great Servant . . . . .	64
24	Ammon Meets King Lamoni's Father . . . . .	69
25	Aaron Teaches King Lamoni's Father . . . . .	71
26	The People of Ammon . . . . .	73
27	Korihor . . . . .	75
28	The Zoramites and the Rameumptom . . . . .	78
29	Alma Teaches about Faith and the Word of God . . . . .	81
30	Alma Counsels His Sons . . . . .	82
31	Captain Moroni Defeats Zerahemnah . . . . .	85
32	Captain Moroni and the Title of Liberty . . . . .	89
33	King-Men versus Freeman . . . . .	91
34	Helaman and the 2,000 Young Warriors . . . . .	93
35	Captain Moroni and Pahoran . . . . .	95
36	Hagoth . . . . .	98
37	Nephi and Lehi in Prison . . . . .	99





38	The Murder of the Chief Judge. . . . .	103
39	Nephi Receives Great Power . . . . .	108
40	Samuel the Lamanite Tells about Jesus Christ. . . . .	111
41	The Signs of Christ's Birth . . . . .	114
42	The Signs of Christ's Crucifixion . . . . .	117
43	Jesus Christ Appears to the Nephites. . . . .	120
44	Jesus Christ Blesses the Children . . . . .	124
45	Jesus Christ Teaches about the Sacrament and Prayer . . . . .	126
46	Jesus Christ Teaches and Prays with the Nephites . . . . .	128
47	Jesus Christ Blesses His Disciples. . . . .	131
48	Peace in America . . . . .	136
49	Mormon and His Teachings . . . . .	138
50	The Jaredites Leave Babel. . . . .	143
51	The Jaredites Travel to the Promised Land. . . . .	145
52	The Destruction of the Jaredites . . . . .	149
53	Moroni and His Teachings . . . . .	154
54	The Promise of the Book of Mormon . . . . .	156
	Words to Know. . . . .	157
	People to Know . . . . .	163
	Places to Know . . . . .	165
	Book of Mormon People . . . . .	166
	Index . . . . .	168



# INTRODUCTION

## **To the Reader**

These Book of Mormon stories have been written especially for you. The stories are taken from a book that is sacred because it came from Heavenly Father. As you read these stories, remember that they are about real people who lived in America long ago.

After you read the stories in this book, you will also want to read them from the Book of Mormon. Under each picture you will see where you can find that story in the Book of Mormon. Have your father, mother, teacher, or a friend help you.

If you do not know the meaning of a word, look it up in the “Words to Know” section at the back of this book. Information about the people and places mentioned in the Book of Mormon is also included in the back of the book.

## **To Parents and Teachers**

This book will help you teach the scriptures. Share your testimony of the Book of Mormon, and encourage those you teach to seek their own testimonies. Their understanding will grow as you read them the full text of their favorite stories from the Book of Mormon itself.

# HOW WE GOT THE BOOK OF MORMON

## Chapter 1



When Joseph Smith was 14 years old, many churches were claiming to be true, and he did not know which one to join.

*Joseph Smith—History 1:5–10*



One day Joseph read James 1:5 in the Bible: “If any of you lack wisdom, let him ask of God.” Joseph needed to know which church was right, so he decided to ask God.

*Joseph Smith—History 1:11–13*



On a spring morning Joseph went into the woods near his home to pray.

*Joseph Smith—History 1:14*



As he knelt down and started to pray, Satan tried to stop him. Joseph prayed harder, asking Heavenly Father for help.

*Joseph Smith—History 1:15–16*



Heavenly Father and Jesus Christ came to Joseph in a pillar of light. Heavenly Father pointed to Jesus and said: “This is My Beloved Son. Hear Him!”

*Joseph Smith—History 1:16–17*





Joseph asked which church he should join. Jesus told him not to join any of them because they were all wrong.

*Joseph Smith—History 1:18–19*



When Joseph told some people what he had seen and heard, they laughed at him. The leaders of many local churches persecuted him.

*Joseph Smith—History 1:21–22*



Three years went by. One night Joseph was praying to be forgiven of his sins and to know what he should do.

*Joseph Smith—History 1:29*



An angel named Moroni appeared and told Joseph about a book that was written on gold plates. Joseph was to translate these plates into English.

*Joseph Smith—History 1:33–35*



After Moroni left, Joseph thought about what Moroni had told him. Moroni came back two more times that night.

*Joseph Smith—History 1:44–47*



The next day Joseph went to the top of the Hill Cumorah, which he had seen in a vision. There he found a big rock. He pried the rock up with a stick.

*Joseph Smith—History 1:50–52*





Beneath the rock was a stone box. As Joseph looked into the box, he saw the gold plates.

*Joseph Smith—History 1:51–52*



Moroni appeared and told Joseph not to take the plates but to come back on the same day each year for four years. Each time Joseph went, Moroni taught him.

*Joseph Smith—History 1:53–54*



After four years Joseph was finally allowed to take the gold plates. He used the Urim and Thummim to translate some of them.

*Joseph Smith—History 1:59, 62*



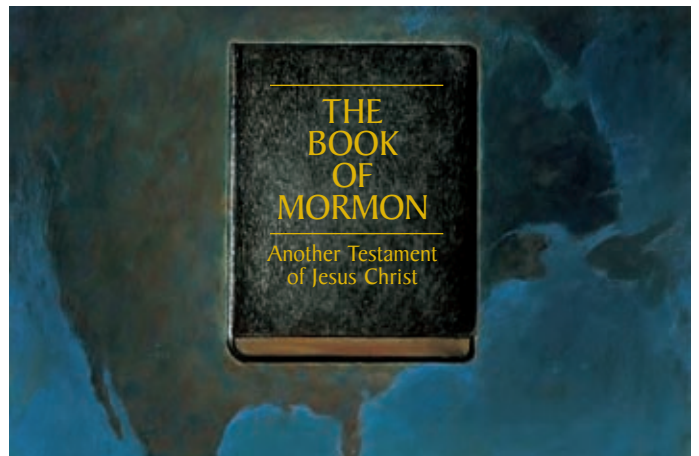
Scribes helped Joseph by writing the words as he translated them from the gold plates.

*Joseph Smith—History 1:67*



Joseph took the translated words to a printer and had them made into a book.

*History of the Church 1:71*



The book is called the Book of Mormon. It tells about people who lived in America many years ago. It also tells about Jesus Christ, the Son of God.

*Introduction to the Book of Mormon*



# LEHI WARNS THE PEOPLE

## Chapter 2



Most of the people living in Jerusalem 600 years before the birth of Christ were wicked. God sent prophets to tell them to repent, but they would not listen.  
*1 Nephi 1:4*



Lehi was a prophet. He prayed that the people would repent. While he was praying, a pillar of fire appeared. God told and showed Lehi many things.  
*1 Nephi 1:5–6*



Lehi returned home and had a vision. He saw God surrounded by many angels. The angels were singing and praising God.  
*1 Nephi 1:7–8*



In his vision Lehi was given a book that told what would happen in the future. He read that Jerusalem would be destroyed because the people were wicked.  
*1 Nephi 1:11–13*



Lehi told the people that Jerusalem would be destroyed. He also told of the coming of Jesus. The people were angry and tried to kill Lehi, but the Lord protected him.  
*1 Nephi 1:18–20*



# LEHI LEAVES JERUSALEM

## Chapter 3



The Lord was pleased with Lehi and one night spoke to him in a dream. He told Lehi to take his family and leave Jerusalem. Lehi obeyed the Lord. *1 Nephi 2:1–3*



Lehi's family packed food and tents. They left their house and their gold and silver and traveled into the wilderness. *1 Nephi 2:4*



Lehi and his wife, Sariah, had four sons. Their names were Laman, Lemuel, Sam, and Nephi. *1 Nephi 2:5*



After traveling for three days, Lehi's family camped in a valley near a river. *1 Nephi 2:6*



Lehi built an altar from stones and made an offering to God. He thanked God for saving his family from being destroyed. *1 Nephi 2:7*





Lehi named the river Laman and the valley Lemuel. Lehi wanted his sons to be like the river and valley, continually flowing to God and steadfastly keeping the commandments. *1 Nephi 2:8–10, 14*



Laman and Lemuel thought their father was foolish for leaving Jerusalem and their riches. They did not believe that Jerusalem would be destroyed. *1 Nephi 2:11, 13*



Nephi wanted to understand the things Lehi had seen. He prayed to know if his father had done the right thing by leaving Jerusalem. *1 Nephi 2:16*



Jesus Christ visited Nephi and told him that Lehi's words were true. Nephi believed and did not rebel as Laman and Lemuel did. *1 Nephi 2:16*



Nephi told his brothers what Jesus had told him. Sam believed Nephi, but Laman and Lemuel would not believe. *1 Nephi 2:17–18*



The Lord promised Nephi that he would be blessed because of his faith. He would become a leader over his brothers. *1 Nephi 2:19–22*

# THE BRASS PLATES

## Chapter 4



Lehi told Nephi that the Lord wanted him and his brothers to go back to Jerusalem. They were to get the brass plates from a man named Laban. *1 Nephi 3:2–4*



The brass plates were important records. They told about Lehi's forefathers and contained the words of God revealed through the prophets. *1 Nephi 3:3, 20*



Laman and Lemuel did not want to return to get the brass plates. They said it would be too hard to do. They did not have faith in the Lord. *1 Nephi 3:5*



Nephi wanted to obey the Lord. He knew the Lord would help him and his brothers get the brass plates from Laban. *1 Nephi 3:7*



Laman, Lemuel, Sam, and Nephi traveled back to Jerusalem to get the brass plates. *1 Nephi 3:9*





Laman went to Laban and asked him for the plates.  
*1 Nephi 3:11–12*



Laban was angry and would not give Laman the brass plates. Laban wanted to kill Laman, but Laman escaped.  
*1 Nephi 3:13–14*



Laman told his brothers what had happened. He was afraid and wanted to give up and go back to their father in the wilderness.  
*1 Nephi 3:14*



Nephi said they could not return without the brass plates. He told his brothers to have more faith in the Lord and they would be able to get the brass plates.  
*1 Nephi 3:15–16*



Nephi and his brothers went to their old home in Jerusalem and gathered their gold and silver to exchange for the plates.  
*1 Nephi 3:22*



They showed Laban their riches and offered to trade them for the plates. When Laban saw their gold and silver, he wanted it for himself and threw them out.  
*1 Nephi 3:24–25*





Laban told his men to kill Lehi's sons. Nephi and his brothers ran and hid in a cave. Laban kept their gold and silver.  
*1 Nephi 3:25-27*



Laman and Lemuel were angry with Nephi. They beat Nephi and Sam with a stick.  
*1 Nephi 3:28*



An angel appeared and told Laman and Lemuel to stop. He said the Lord would help them get the plates. He also said Nephi would become a leader over his brothers.  
*1 Nephi 3:29*



Nephi told his brothers to have faith in the Lord and not be afraid of Laban and his men. Nephi encouraged his brothers to go back to Jerusalem.  
*1 Nephi 4:1-4*



That night Nephi's brothers hid outside the city wall while Nephi sneaked inside. He walked toward Laban's house.  
*1 Nephi 4:5*



As Nephi got close to Laban's house, he saw a drunk man lying on the ground. It was Laban.  
*1 Nephi 4:6-8*





Nephi saw Laban's sword and picked it up. The Holy Ghost told Nephi to kill Laban, but Nephi did not want to kill him. *1 Nephi 4:9–10*



The Holy Ghost again told Nephi to kill Laban so Nephi could get the brass plates. Lehi's family needed the plates so they could learn the gospel. *1 Nephi 4:12, 16–17*



Nephi obeyed the Holy Ghost and killed Laban. Nephi then put on Laban's clothes and armor. *1 Nephi 4:18–19*



Nephi went into Laban's house and was met by Zoram, Laban's servant. Nephi looked and sounded just like Laban. *1 Nephi 4:20*



He told Zoram to get the brass plates. Zoram thought Nephi was Laban, so he gave him the plates. Nephi told Zoram to follow him. *1 Nephi 4:21, 24–25*



Laman, Lemuel, and Sam saw Nephi coming and were scared; they thought he was Laban. They started to run away but stopped when Nephi called to them. *1 Nephi 4:28–29*





Then Zoram realized that Nephi was not Laban, and he tried to run. Nephi caught Zoram and promised not to harm him if he would go with Nephi into the wilderness.  
*1 Nephi 4:30–33*



Zoram agreed. Nephi and his brothers took Zoram and the brass plates and returned to Lehi and Sariah.  
*1 Nephi 4:35, 38*



They gave the brass plates to Lehi. He and Sariah were happy their sons were safe. They all rejoiced and thanked God.  
*1 Nephi 5:1, 9*



Lehi read the brass plates. They told about Adam and Eve and the Creation of the world. They contained the words of many prophets.  
*1 Nephi 5:10–11, 13*



Lehi and Nephi were happy because they had obeyed the Lord and had been able to get the brass plates.  
*1 Nephi 5:20–21*



Lehi's family packed the brass plates to take with them on their journey so they could teach their children the commandments recorded on the plates.  
*1 Nephi 5:21–22*



# TRAVELING IN THE WILDERNESS

## Chapter 5



The Lord wanted Lehi's sons to have wives who would teach their children the gospel. He told Lehi to send his sons back to Jerusalem to get Ishmael's family.

*1 Nephi 7:1–2*



Nephi and his brothers returned to Jerusalem. They told Ishmael what the Lord wanted him to do. Ishmael believed them, and he and his family went with Lehi's sons.

*1 Nephi 7:3–5*



While they were traveling in the wilderness, Laman and Lemuel and some of Ishmael's family became angry. They wanted to go back to Jerusalem.

*1 Nephi 7:6–7*



Nephi reminded Laman and Lemuel of all the Lord had done for them. He told them to have greater faith. They were angry at Nephi but did not go back to Jerusalem.

*1 Nephi 7:8–13, 16, 21*



Nephi, his brothers, and Zoram later married Ishmael's daughters.

*1 Nephi 16:7*





The Lord told Lehi to continue his journey. The next morning Lehi found a brass ball called the Liahona outside his tent. It pointed the way to go in the wilderness.  
*1 Nephi 16:9–10*



Lehi's family gathered food and seeds and packed their tents. They traveled through the wilderness for many days, following the directions of the Liahona.  
*1 Nephi 16:11–16*



Nephi and his brothers used bows and arrows to hunt for food as they traveled.  
*1 Nephi 16:14–15*



Nephi's steel bow broke, and his brothers' bows lost their strength. The brothers could not kill any animals, so everyone was hungry. Laman and Lemuel were angry.  
*1 Nephi 16:18–21*



Nephi made a wooden bow and asked his father where to hunt. Lehi received directions in the Liahona. Nephi followed the directions and found some animals.  
*1 Nephi 16:23, 26, 30–31*



The Liahona worked only when Lehi's family was faithful, diligent, and obedient.  
*1 Nephi 16:28–29*





Nephi returned with the animals he had found. Everyone was happy to get food. They were sorry they had been angry, and they thanked God for blessing them.

*1 Nephi 16:32*



Traveling was not easy. Often Lehi's family was tired, hungry, and thirsty. Ishmael died and his daughters were sad. They complained against Lehi.

*1 Nephi 16:34–35*



Laman and Lemuel also complained. They did not believe that the Lord had spoken to Nephi. They wanted to kill Lehi and Nephi and return to Jerusalem.

*1 Nephi 16:37–38*



The voice of the Lord spoke to Laman and Lemuel. It told them not to be angry with Lehi and Nephi. Laman and Lemuel repented.

*1 Nephi 16:39*



Lehi's family continued their difficult journey. God helped them and strengthened them. Children were born. Lehi and Sariah had two more sons, named Jacob and Joseph.

*1 Nephi 17:1–3; 18:7*



After traveling in the wilderness for eight years, Lehi's family arrived at the seashore. There they found fruit and honey. They called the place Bountiful.

*1 Nephi 17:4–6*



# Travels of Lehi's Family



① Lehi's family leaves Jerusalem.



② Lehi's family builds a boat.





3 Lehi's family travels on the sea.



4 Lehi's family arrives in America.



# LEHI'S DREAM

## Chapter 6



Lehi told his family about an important vision he had had in a dream. Lehi's dream made him happy for Nephi and Sam but sad for Laman and Lemuel.

*1 Nephi 8:2-4*



In his dream Lehi saw a man wearing a white robe who told Lehi to follow him. Lehi followed the man into a dark and dreary wilderness.

*1 Nephi 8:5-7*



After traveling in the darkness for many hours, Lehi prayed for help.

*1 Nephi 8:8*



Then he saw a tree with white fruit. This sweet fruit made those who ate it happy.

*1 Nephi 8:9-10*



Lehi ate the fruit, and it filled him with joy. He wanted his family to taste the fruit because he knew it would make them happy too.

*1 Nephi 8:11-12*



Lehi saw a river flowing near the tree. At the head of the river he saw Sariah, Sam, and Nephi. *1 Nephi 8:13–14*



Lehi called to his wife and sons to come and taste the fruit. Sariah, Sam, and Nephi went and tasted the fruit, but Laman and Lemuel would not. *1 Nephi 8:15–18*



Lehi also saw a rod of iron and a strait and narrow path leading to the tree. *1 Nephi 8:19–20*



He saw many people walking on or toward the path. Because of a mist of darkness, some wandered off the path and became lost. *1 Nephi 8:21–23*



Others held tightly to the iron rod and made it through the darkness to the tree. They tasted the fruit. *1 Nephi 8:24*



People in a large building on the other side of the river made fun of those who ate the fruit. Some who had eaten the fruit became ashamed and left the tree. *1 Nephi 8:26–28*





Lehi saw many people in his dream. Some held firmly to the iron rod and traveled through the darkness to the tree. They tasted the fruit. Others went to the large building or drowned in the river or became lost. Laman and Lemuel would not eat the fruit. Lehi worried about them and tried to help them obey God's commandments. *1 Nephi 8:30–38*

# BUILDING THE SHIP

## Chapter 7



After Lehi's family had camped by the sea for many days, the Lord spoke to Nephi. He told him to build a ship to carry his family to the promised land.

*1 Nephi 17:7-8*



Nephi did not know how to make a ship, but the Lord said he would show him. He told Nephi where to find metal to make the tools he would need. *1 Nephi 17:9-10*



Laman and Lemuel made fun of Nephi for wanting to build a ship. They did not believe that the Lord had shown Nephi how to do it. They refused to help.

*1 Nephi 17:17-18*



Nephi told Laman and Lemuel to repent and not be rebellious. He reminded them that they had seen an angel. He also told them that God has the power to do all things.

*1 Nephi 17:45-46*



Laman and Lemuel were angry with Nephi and wanted to throw him into the sea.

*1 Nephi 17:48*

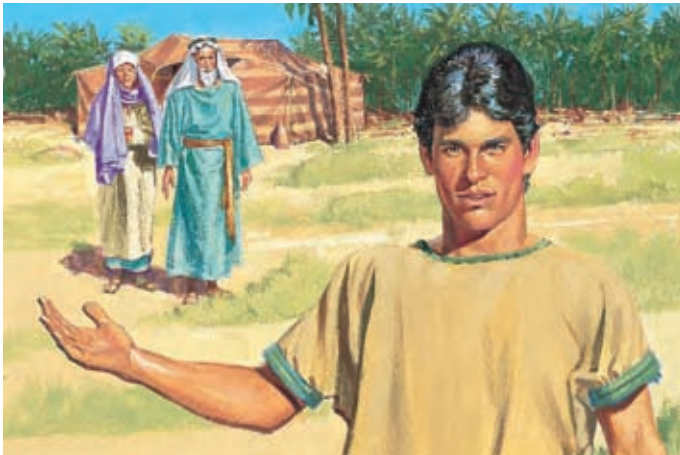




As they came toward Nephi, he commanded them not to touch him because he was filled with the power of God. Laman and Lemuel were afraid for many days.  
*1 Nephi 17:48, 52*



Then the Lord told Nephi to touch Laman and Lemuel. When Nephi did, the Lord shocked them. Laman and Lemuel knew the power of God was with Nephi.  
*1 Nephi 17:53–55*



Nephi told Laman and Lemuel to obey their parents and obey God. Nephi said if they would do this, they would be blessed.  
*1 Nephi 17:55*



Laman and Lemuel repented and helped Nephi build the ship.  
*1 Nephi 18:1*



Nephi went to the mountain many times to pray for help. The Lord taught him how to build the ship. *1 Nephi 18:3*



When Nephi and his brothers had finished building the ship, they knew it was a good ship. They thanked God for helping them.  
*1 Nephi 18:4*





# CROSSING THE SEA

## Chapter 8



The Lord told Lehi to take his family onto the ship they had built. They loaded it with fruit, meat, and honey and with seeds to plant in the promised land.

*1 Nephi 18:5–6*



Strong winds blew the ship toward the promised land.

*1 Nephi 18:8*



Laman, Lemuel, and some of the others began being wicked. When Nephi told them to stop, they got angry and tied him up with ropes.

*1 Nephi 18:9–11*



Because of their wickedness, the Liahona stopped working. They did not know which way to steer the ship. A terrible storm blew the ship backward for three days.

*1 Nephi 18:12–13*



Lehi told Laman and Lemuel to untie Nephi, but they would not listen. Lehi and Sariah were so upset that they became ill.

*1 Nephi 18:17*





Nephi's wife and children cried. They begged Laman and Lemuel to untie Nephi, but they refused.

*1 Nephi 18:19*



On the fourth day the storm got worse. The ship was about to sink.

*1 Nephi 18:14–15*



Laman and Lemuel knew that God had sent the storm. They were afraid they would drown.

*1 Nephi 18:15*



Finally Laman and Lemuel repented and untied Nephi. Even though his wrists and ankles had become swollen and sore from the ropes, Nephi had not complained.

*1 Nephi 18:15–16*



Nephi then picked up the Liahona, and it worked again. Nephi prayed, and the wind stopped. The sea became calm.

*1 Nephi 18:21*



Nephi steered the ship, and it sailed again toward the promised land.

*1 Nephi 18:22*



# A NEW HOME IN THE PROMISED LAND

## Chapter 9



The ship carrying Lehi's family crossed the ocean and arrived at the promised land. The people set up their tents. *1 Nephi 18:23*



They prepared the soil and planted the seeds they had brought. *1 Nephi 18:24*



As they traveled around their new land, they found many kinds of animals. They also found gold, silver, and copper. *1 Nephi 18:25*



God told Nephi to make metal plates to write on. Nephi wrote about his family and their travels. He also wrote the words of God. *1 Nephi 19:1, 3*



Lehi grew old. Before he died he talked to his sons and told them to obey God's commandments. He also blessed his grandchildren. *2 Nephi 1:14, 16; 4:3-11*





After Lehi died Laman and Lemuel became angry with Nephi and wanted to kill him. They did not want Nephi, their younger brother, to be their leader.  
*2 Nephi 4:13; 5:2-3*



The Lord told Nephi to lead the righteous people into the wilderness. They traveled for many days and finally stopped at a land they named Nephi.  
*2 Nephi 5:5-8*



The people who followed Nephi obeyed God. They worked hard and were blessed. Nephi taught his people to build with wood and metal. They built a beautiful temple.  
*2 Nephi 5:10-11, 15-16*



Laman and Lemuel's followers called themselves Lamanites. They became a dark-skinned people. God cursed them because of their wickedness.  
*2 Nephi 5:14, 21*



The Lamanites became lazy and would not work.  
*2 Nephi 5:24*



The people who followed Nephi called themselves Nephites. The Lamanites hated the Nephites and wanted to kill them.  
*Jacob 1:14*



# JACOB AND SHEREM

## Chapter 10



Before Nephi died he gave the plates he had written on to his younger brother Jacob. Jacob was righteous. *Jacob 1:1–2, 8*



Nephi told Jacob to write the things that would help the people believe in Jesus Christ. *Jacob 1:4–6*



Nephi gave Jacob the power to be a priest in the Church and to teach the Nephites the word of God. *Jacob 1:18*



After Nephi died many of the Nephites became wicked. Jacob taught the people and told them to repent of the bad things they were doing. *Jacob 1:15–17*



A wicked man named Sherem went among the Nephites, teaching them not to believe in Jesus Christ. *Jacob 7:1–2*





Sherem told the people that there would be no Christ.  
Many people believed Sherem. *Jacob 7:2-3*



Jacob taught the people to believe in Christ. Sherem  
wanted to argue with Jacob and persuade him that there  
would be no Christ. *Jacob 7:6*



Jacob's faith in Jesus Christ could not be shaken. He had  
seen angels and had heard the Lord's voice. He knew  
Jesus would come. *Jacob 7:5*



The Holy Ghost was with Jacob as he bore his testimony  
of Jesus Christ to Sherem. *Jacob 7:8-12*



Sherem asked to see a sign. He wanted Jacob to prove  
there is a God. He wanted to see a miracle. *Jacob 7:13*

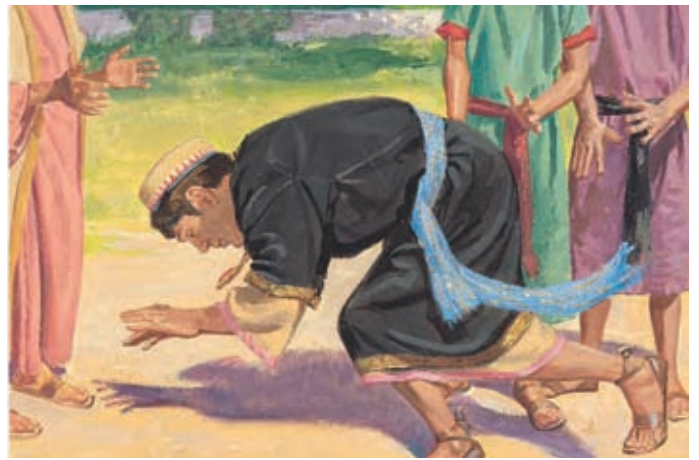


Jacob would not ask God for a sign. He said Sherem  
already knew that what Jacob had taught was true. *Jacob 7:14*





Jacob said if God struck Sherem, that would be a sign of God's power.  
*Jacob 7:14*



Sherem immediately fell down. He could not get up for many days.  
*Jacob 7:15*



Sherem was weak and knew he was going to die. He called the people together.  
*Jacob 7:16*



He told them he had lied. He said they should believe in Jesus Christ.  
*Jacob 7:17–19*



After Sherem finished talking to the people, he died. The people felt God's power, and they fell to the ground.  
*Jacob 7:20–21*



The people began to repent and read the scriptures. They lived in peace and love. Jacob was happy and knew that God had answered his prayers.  
*Jacob 7:22–23*





# ENOS

## Chapter 11



Enos was Jacob's son. He kept the plates and wrote on them after his father died. *Jacob 7:27*



One day Enos was hunting in the forest. He thought about his father's teachings and wanted to be forgiven of his sins. *Enos 1:3–4*



Enos knelt and prayed to God. He prayed all day and was still praying when night came. *Enos 1:4*



God told Enos that because of his faith in Jesus Christ, his sins were forgiven. *Enos 1:5, 8*



Enos then wanted the Lord to bless the Nephites. He prayed for them, and the Lord said he would bless them if they obeyed his commandments. *Enos 1:9–10*





Enos also wanted the Lord to bless the Lamanites. He prayed with great faith, and the Lord promised to do what Enos asked him. *Enos 1:11–12*



Even though the Lamanites fought the Nephites and tried to destroy their records, Enos prayed that they would become a righteous people. *Enos 1:13–14*



Enos prayed that the records he had kept would be safe. The Lord promised that someday he would give the Lamanites the teachings that were on the records. *Enos 1:16*



Enos preached to the Nephites. He wanted them to believe in God and keep the commandments. *Enos 1:10, 19*



The Nephites tried to teach the gospel to the Lamanites, but they would not listen. The Lamanites hated the Nephites. *Enos 1:20*



Enos spent his life teaching people about Jesus and the gospel. He served God and loved him all his days. *Enos 1:26–27*





# KING BENJAMIN

## Chapter 12



**K**ing Benjamin was a righteous Nephite king. With the help of other righteous men, he brought peace to the land.  
*Words of Mormon 1:17–18*



King Benjamin became old and wanted to talk to his people. He needed to tell them that his son Mosiah would be the next king.  
*Mosiah 1:9–10*



The people came from all over the land and gathered near the temple. They placed their tents so the doors faced the temple.  
*Mosiah 2:1, 5–6*



King Benjamin spoke from a tower so the Nephites could hear him.  
*Mosiah 2:7*



He told his people that he had tried hard to serve them. He said the way to serve God is by serving one another.  
*Mosiah 2:14, 17*





King Benjamin told the people to obey God's commandments. Those who faithfully keep the commandments will be happy and someday live with God. *Mosiah 2:41*



King Benjamin said Jesus Christ would soon be born on the earth. His mother's name would be Mary. *Mosiah 3:5, 8*



Jesus would perform miracles. He would heal the sick and bring the dead back to life. He would make the blind see and the deaf hear. *Mosiah 3:5*



Jesus would suffer and die for the sins of all people. Those who repent and have faith in Jesus will be forgiven of their sins. *Mosiah 3:7, 11-12*



King Benjamin told the Nephites that wicked men would whip Jesus. Then they would crucify him. *Mosiah 3:9*



After three days Jesus would be resurrected. *Mosiah 3:10*





After King Benjamin spoke, the Nephites fell to the ground. They were sorry for their sins and wanted to repent.  
*Mosiah 4:1–2*



The people had faith in Jesus Christ, and they prayed to be forgiven.  
*Mosiah 4:2*



The Holy Ghost filled their hearts. They knew that God had forgiven them and that he loved them. They felt peace and joy.  
*Mosiah 4:3*



King Benjamin told his people to believe in God. He wanted them to know that God had created all things and that he is wise and powerful.  
*Mosiah 4:9*



King Benjamin told the people to be humble and pray every day. He wanted his people to always remember God and be faithful.  
*Mosiah 4:10–11*



He told the parents not to let their children fight or argue.  
*Mosiah 4:14*





He told them to teach their children to be obedient and to love and serve one another. *Mosiah 4:15*



He warned the people to be careful with what they thought, said, and did. They were to be faithful and keep the commandments for the rest of their lives. *Mosiah 4:30*



King Benjamin asked the people if they believed his teachings. They all said they did. The Holy Ghost had changed them, and they no longer wanted to sin. *Mosiah 5:1–2*



They all covenanted, or promised, to keep God's commandments. King Benjamin was pleased. *Mosiah 5:5–6*



King Benjamin gave his son Mosiah the right to be the new king. Three years later King Benjamin died. *Mosiah 6:3, 5*



Mosiah was a righteous king. He worked hard and served his people, as his father had. *Mosiah 6:6–7*





# ZENIFF

## Chapter 13



Zeniff and a group of Nephites left their homes in Zarahemla and traveled to the land of Nephi, where other Nephites had once lived. *Omni 1:27; Mosiah 9:1*



They found Lamanites living there. Zeniff and four of his men went into the city to talk to the king. They asked King Laman if they could live in his land. *Mosiah 9:1, 5*



King Laman said they could have two of his cities. The king wanted them to live in his land so he could make them his slaves. *Mosiah 9:6, 10, 12*



Zeniff's people built homes and fixed the walls around their cities. They planted many kinds of grain and fruit. They also had flocks of animals. *Mosiah 9:8-9, 12*



King Laman told his people that the Nephites were becoming too powerful. Soon many Lamanites went to attack the Nephites and steal their animals and crops. *Mosiah 9:11, 13-14*





The Nephites ran to the city of Nephi. There Zeniff armed the people with bows and arrows, swords, clubs, and slings. They went to fight the Lamanites.

*Mosiah 9:15–16*



Before they fought, the Nephites prayed, asking God for help. God blessed the Nephites with extra strength, and they defeated the Lamanites.

*Mosiah 9:17–18*



After the battle Zeniff put guards around the Nephite cities. He wanted to protect his people and their animals from the Lamanites.

*Mosiah 10:2*



The Nephites lived in peace for many years. The men worked in the fields, and the women spun thread and made clothes.

*Mosiah 10:4–5*



King Laman died and his son became king. The new king sent his army to fight the Nephites.

*Mosiah 10:6, 8–9*



The Nephites again received strength from the Lord. They killed many Lamanites, and the rest ran away.

*Mosiah 10:10, 19–20*



# ABINADI AND KING NOAH

## Chapter 14



**Z**eniff was a righteous king of a group of Nephites. When he grew old, his son Noah became king.  
*Mosiah 11:1*



Noah was not a good king like his father. He was wicked and would not obey God's commandments. *Mosiah 11:2*



He forced his people to give him part of their grain, animals, gold, and silver. *Mosiah 11:3*



King Noah did this because he was lazy. He made the Nephites give him everything he needed to live. *Mosiah 11:4*



He replaced the good priests his father had called with wicked priests. These wicked priests taught the people to sin. *Mosiah 11:5-7*



King Noah had many beautiful buildings made, including a large palace with a throne. The buildings were decorated with gold, silver, and expensive wood. *Mosiah 11:8–11*



King Noah loved the riches he took from his people. He and his priests spent their time drinking wine and being wicked. *Mosiah 11:14–15*



God sent a prophet named Abinadi to Noah's people. Abinadi warned them that if they did not repent, they would become the Lamanites' slaves. *Mosiah 11:20–22*



When King Noah heard what Abinadi had said, he was angry. He sent men to bring Abinadi to the palace so he could kill him. *Mosiah 11:27–28*



Abinadi was taken to the king. King Noah and his priests asked him many questions. They tried to trick him into saying something wrong. *Mosiah 12:18–19*



Abinadi was not afraid to answer their questions. He knew that God would help him. The priests were amazed at Abinadi's answers. *Mosiah 12:19*





King Noah was angry and ordered his priests to kill Abinadi. Abinadi said if they touched him, God would kill them. *Mosiah 13:1–3*



The Holy Ghost protected Abinadi so he could finish saying what the Lord wanted him to. Abinadi's face was shining. The priests were afraid to touch him. *Mosiah 13:3, 5*



Speaking with power from God, Abinadi told the people about their wickedness. He read God's commandments to them. *Mosiah 13:6–7, 11–24*



He told them Jesus Christ would be born on the earth. Jesus would make it possible for people to repent, be resurrected, and live with God. *Mosiah 13:33–35; 15:21–23*



Abinadi told the people to repent and believe in Jesus Christ or they would not be saved. *Mosiah 16:13*



King Noah and all but one of his priests refused to believe Abinadi. Noah told the priests to kill Abinadi. They tied him up and threw him in prison. *Mosiah 17:1, 5*



The one priest who believed Abinadi was named Alma. He asked King Noah to let Abinadi go. *Mosiah 17:2*



The king was angry with Alma and had him thrown out. Then he sent his servants to kill him. Alma ran and hid, and the servants never found him. *Mosiah 17:3-4*



After spending three days in prison, Abinadi was again brought before King Noah. The king told Abinadi to take back what he had said against him and his people. *Mosiah 17:6, 8*



King Noah told Abinadi that if he did not deny all he had said, he would be killed. *Mosiah 17:8*



Abinadi knew he had spoken the truth. He was willing to die rather than take back what God had sent him to say. *Mosiah 17:9-10*



King Noah ordered his priests to kill Abinadi. They tied him up, whipped him, and burned him to death. Before he died, Abinadi said King Noah would also die by fire. *Mosiah 17:13-15*





Some of the Nephites opposed King Noah and tried to kill him. The Lamanite army also came to fight the king and his followers.  
*Mosiah 19:2-7*



The king and his followers ran from the Lamanites, but the Lamanites caught up and began killing them. The king told his men to leave their families and keep running.  
*Mosiah 19:9-11*



Many of the men would not leave. They were captured by the Lamanites.  
*Mosiah 19:12, 15*



Most of the men who had run away with King Noah were sorry. They wanted to go back and help their wives and children and their people.  
*Mosiah 19:19*



King Noah did not want the men to return to their families. He ordered them to stay with him. *Mosiah 19:20*



The men were angry with King Noah. They burned him to death, as Abinadi had prophesied. Then they went back to their families.  
*Mosiah 19:20, 24*



# ALMA TEACHES AND BAPTIZES

## Chapter 15



Alma escaped from King Noah's servants and hid for many days. While he was hiding, he wrote down what the prophet Abinadi had taught. *Mosiah 17:3-4*



Alma repented of his sins and went to the Nephites secretly, teaching them Abinadi's message. Alma told the people to have faith in Jesus Christ and repent. *Mosiah 18:1, 7*



During the day Alma hid in a pocket of trees near a pool called the Waters of Mormon. *Mosiah 18:5*



Those who believed Alma's teachings went to the Waters of Mormon and were baptized. Alma baptized 204 people into the Church of Christ. *Mosiah 18:8-10, 16-17*



Alma ordained priests to teach the people. He told the priests to teach repentance and faith in Jesus Christ. He also said they must not argue but be united. *Mosiah 18:18, 20-21*





Alma's people loved and served one another. They shared everything they had and were grateful to have learned about Jesus Christ, their Redeemer. *Mosiah 18:29–30*



King Noah's servants saw Alma teaching the people. The king said Alma was turning the Nephites against him, so he sent an army to kill them. *Mosiah 18:32–33*



God warned Alma that King Noah's army was coming. The people gathered their families, animals, and other belongings and fled into the wilderness. *Mosiah 18:34; 23:1*



God strengthened Alma's people so they could escape from King Noah's army. The army searched but never found them. *Mosiah 19:1; 23:2*



After traveling in the wilderness for eight days, Alma's people came to a beautiful area that had pure water flowing through it. Here they planted crops and built buildings. *Mosiah 23:3–5*



The people wanted Alma to be their king, but Alma said God did not want them to have a king. God wanted them to be free. *Mosiah 23:6–7, 13*



# KING LIMHI AND HIS PEOPLE ESCAPE

## Chapter 16



The Lamanites captured many of the Nephites who had not escaped with King Noah. The Lamanites took them away and gave them land but made them pay heavy taxes. *Mosiah 19:15*



The Nephites made Limhi their new king. Limhi was King Noah's son, but he was not wicked like his father. He was a good man. *Mosiah 19:17, 26*



King Limhi tried to make peace with the Lamanites, but they continued guarding the Nephites and being cruel to them. *Mosiah 19:27–28; 21:3*



One day King Limhi saw some strangers outside the city. He had them put in prison. The strangers were Nephites from Zarahemla. *Mosiah 21:23–24*



Their leader was named Ammon. King Limhi was happy to see him. He knew that Ammon could help his people escape from the Lamanites. *Mosiah 7:13–15*





King Limhi called his people together. He reminded them that their wickedness was the reason they were being held by the Lamanites. *Mosiah 7:17, 20*



He told his people to repent, trust God, and obey the commandments. Then God would help them escape. *Mosiah 7:19, 33*



The Nephites learned that the Lamanites who guarded the city usually got drunk at night. *Mosiah 22:6*



That night King Limhi sent extra wine to the guards as a present. *Mosiah 22:10*



King Limhi and his people were able to walk past the drunken guards and escape. *Mosiah 22:11*



Ammon guided King Limhi and his people through the wilderness to Zarahemla, where they were welcomed. *Mosiah 22:13–14*



# ALMA AND HIS PEOPLE ESCAPE

## Chapter 17



One day while Alma's people were working in their fields, a Lamanite army crossed the border into their land. *Mosiah 23:25*



The Nephites were frightened and ran to the city for safety. Alma told them to remember God and he would help them. The Nephites began to pray. *Mosiah 23:26–28*



The Lord softened the hearts of the Lamanites, and they did not hurt the Nephites. The Lamanites had become lost while trying to find King Limhi's people. *Mosiah 23:29–30*



The Lamanites promised Alma that they would not bother his people if he would tell them how to get back to their land. Alma showed them the way. *Mosiah 23:36*



But the Lamanites did not keep their promise. They put guards around the land, and Alma and his people were no longer free. *Mosiah 23:37*





The Lamanite king made Amulon the ruler over Alma's people. Amulon had been a Nephite and a wicked priest of King Noah.

*Mosiah 23:39; 24:8-9*



Amulon made Alma's people work very hard. They prayed for help, but Amulon said anyone caught praying would be killed. The people continued praying in their hearts.

*Mosiah 24:10-12*



God heard their prayers and strengthened the people so their work seemed easier. The people were cheerful and patient.

*Mosiah 24:14-15*



God was pleased that the people were faithful. He told Alma that he would help them escape from the Lamanites.

*Mosiah 24:16-17*



During the night the people gathered their food and animals. The next morning God kept the Lamanites asleep while Alma and his people left the city.

*Mosiah 24:18-20*



After traveling for 12 days, the people arrived at Zarahemla, where King Mosiah and his people welcomed them.

*Mosiah 24:25*



# ALMA THE YOUNGER REPENTS

## Chapter 18



**K**ing Mosiah made Alma the leader of the Church in Zarahemla. Alma then chose other men to help him teach the Nephites.  
*Mosiah 25:19; 26:8*



Alma and King Mosiah worried because unbelievers were making Church members suffer because of their beliefs.  
*Mosiah 27:1*



Alma had a son named Alma. Alma the Younger did not believe the teachings of his father and became a wicked man.  
*Mosiah 27:8*



Alma the Younger and the four sons of King Mosiah fought against the Church. They persuaded many people to leave the Church and become wicked.  
*Mosiah 27:8*



Alma prayed that his son would learn the truth and repent.  
*Mosiah 27:14*





Alma the Younger and the sons of King Mosiah continued trying to destroy the Church. *Mosiah 27:10*



One day an angel appeared to them. The angel spoke in a loud voice that shook the ground. *Mosiah 27:11*



The five young men were so frightened that they fell down. At first they could not understand what the angel was saying. *Mosiah 27:12*



The angel had come in answer to the prayers of Church members. The angel asked Alma the Younger why he was fighting against the Church. *Mosiah 27:13–14*



The ground shook as the angel told Alma the Younger to stop trying to destroy the Church. *Mosiah 27:15–16*



Alma the Younger and the sons of Mosiah fell down again. They had seen an angel, and they knew the power of God had shaken the ground. *Mosiah 27:18*





Alma the Younger was so astonished that he could not speak. He became so weak that he could not even move his hands.  
*Mosiah 27:19*



The sons of Mosiah carried Alma the Younger to his father and told him all that had happened to them.  
*Mosiah 27:19–20*



Alma was happy. He knew that God had answered his prayers.  
*Mosiah 27:20*



Alma called many people together to see what the Lord had done for his son and for the sons of Mosiah.  
*Mosiah 27:21*



Alma, along with other Church leaders, fasted and prayed and asked God to help Alma the Younger become strong again.  
*Mosiah 27:22*



After two days and nights, Alma the Younger was able to speak and move.  
*Mosiah 27:23*





He told the people he had repented of his sins and God had forgiven him.  
*Mosiah 27:24*



He taught that everyone must become righteous in order to enter God's kingdom. He also told of the great pain he had suffered because of his sins.  
*Mosiah 27:25–26, 29*



Alma the Younger was happy because he had repented and God had forgiven him. He knew God loved him.  
*Mosiah 27:28*



Alma the Younger and the sons of King Mosiah began to teach the truth throughout the land, telling everyone what they had seen and heard.  
*Mosiah 27:32*



They tried to undo the wrong they had done. They explained the scriptures to the people and taught them about Jesus Christ.  
*Mosiah 27:35*



God blessed Alma the Younger and the sons of Mosiah as they taught the gospel. Many people listened to them and believed.  
*Mosiah 27:36*



# THE SONS OF MOSIAH BECOME MISSIONARIES

## Chapter 19



Mosiah had four sons: Ammon, Aaron, Omner, and Himni. They were with Alma the Younger when an angel appeared to him. *Mosiah 27:11, 34*



The sons of Mosiah had repented of their sins and were sorry for the trouble they had caused. They knew the gospel was true, and they wanted to teach it to others. *Mosiah 27:35–36*



Mosiah's sons each refused to be king. Instead, they wanted to be missionaries to the Lamanites and share the blessings of the gospel with them. *Mosiah 28:1, 10; 29:3*



King Mosiah prayed to know if he should let his sons go. God told him to let them go, and they would be protected. Many Lamanites would believe their message. *Mosiah 28:6–7*



Mosiah's sons went to teach the Lamanites. They fasted and prayed that they would be good missionaries. *Mosiah 28:9; Alma 17:9*



# ALMA AND NEHOR

## Chapter 20



Before King Mosiah died, the Nephites chose judges to lead them. Alma the Younger became the first chief judge. He was also the leader of the Church.

*Mosiah 29:41–42*



A large, strong man named Nehor began teaching lies. He said everyone would be saved whether they were good or bad. Many people believed Nehor. *Alma 1:2–5*



Nehor preached against God's Church, but a righteous man named Gideon defended it. Nehor argued with Gideon, but Gideon spoke with the words of God.

*Alma 1:7–8*



Nehor became angry and drew his sword and killed Gideon. *Alma 1:9*



Nehor was taken to Alma to be judged. Nehor boldly defended himself. *Alma 1:10–11*





But Alma said Nehor was guilty because he had taught the people to be wicked and had killed Gideon.

*Alma 1:12–13*



Alma said Nehor had to be punished for killing Gideon. According to the law, Nehor must die. *Alma 1:14*



Nehor was taken to a nearby hill and put to death. Before he died he said everything he had taught was wrong. But many people still believed Nehor's evil teachings.

*Alma 1:15–16*



These people loved riches and would not obey God's commandments. They made fun of the Church members and argued and fought with them. *Alma 1:16, 19–20, 22*



The righteous people continued to obey the commandments and did not complain even when Nehor's followers hurt them.

*Alma 1:25*



The Church members shared everything they had with the poor, and they cared for the sick. They obeyed the commandments, and God blessed them. *Alma 1:27, 31*



# THE AMLICITES

## Chapter 21



Amlici was a clever, wicked man who wanted to be king of the Nephites. He had many followers.

*Alma 2:1–2*



The righteous Nephites did not want Amlici to be their king. They knew he wanted to destroy God's Church.

*Alma 2:3–4*



The Nephites gathered in various groups to decide if Amlici should be king. Most of the people voted against Amlici, and he did not become king.

*Alma 2:5–7*



Amlici and his followers became angry. They left the Nephites, made Amlici their king, and called themselves Amlicites. Amlici ordered them to fight the Nephites.

*Alma 2:8–11*



The righteous Nephites prepared to defend themselves with bows and arrows, swords, and other weapons.

*Alma 2:12*





The Amlicites attacked, and the Nephites, who were led by Alma and strengthened by the Lord, killed many of them. The rest of the Amlicites ran away. *Alma 2:15–19*



Alma sent spies to watch the Amlicites. The spies saw them join a large army of Lamanites and attack Nephites living near Zarahemla. *Alma 2:21, 24–25*



The Nephites prayed, and God helped them again. They killed many soldiers of the Lamanite-Amlicite army. *Alma 2:28*



Alma and Amlici fought each other with swords. Alma prayed that his life would be spared, and God gave him the strength to kill Amlici. *Alma 2:29–31*



The Nephites chased the Lamanites and Amlicites into the wilderness. Many of the wounded died there and were eaten by wild animals. *Alma 2:36–38*



Like the Lamanites, the Amlicites marked themselves with red, which fulfilled a prophecy. The Amlicites had separated themselves from the blessings of the gospel. *Alma 3:4, 14, 18–19*



# ALMA'S MISSION TO AMMONIHAH

## Chapter 22



Alma worried about the Nephites' wickedness, so he decided to spend all his time preaching the gospel. He chose Nephihah to replace him as chief judge.

*Alma 4:7, 18–19*



Alma taught the gospel throughout the land. When he tried to preach in Ammonihah, the people would not listen. They threw him out of the city.

*Alma 5:1; 8:8–9, 11, 13*



Alma was sad that the people of Ammonihah were so wicked. He left to go to another city.

*Alma 8:13–14*



An angel appeared and comforted Alma. The angel told him to go back to Ammonihah and preach again. Alma hurried back.

*Alma 8:15–16, 18*



Alma was hungry. As he entered the city, he asked a man for some food. An angel had told the man that Alma would come and that Alma was a prophet of God.

*Alma 8:19–20*





This man, Amulek, took Alma to his home and fed him. Alma stayed with Amulek and his family for many days. He thanked God for Amulek's family and blessed them. *Alma 8:21–22, 27*



Alma told Amulek about his calling to teach the people of Ammonihah. Amulek went with Alma to teach the people. The Holy Ghost helped them. *Alma 8:24–25, 30*



Alma told the people to repent or God would destroy them. He said Jesus Christ would come and save those who had faith in him and repented. *Alma 9:12, 26–27*



The people of Ammonihah became angry. They tried to throw Alma into prison, but the Lord protected him. *Alma 9:31–33*



Then Amulek began to teach. Many of the people knew Amulek; he was not a stranger as Alma was. He told them about the angel he had seen. *Alma 9:34; 10:4, 7*



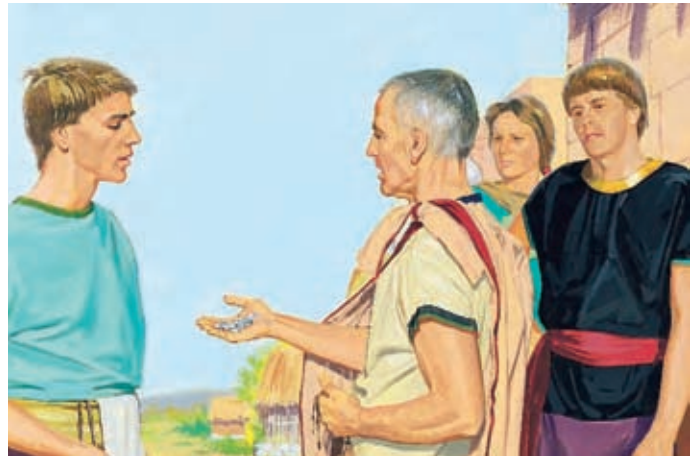
Amulek said Alma was a prophet of God and spoke the truth. The people were surprised to hear Amulek's testimony. *Alma 10:9–10, 12*





Some of the people became angry, especially one wicked man named Zeezrom. They tried to trick Amulek with questions, but he told them he knew about their plan.

*Alma 10:13–17, 31*



Zeezrom wanted to destroy everything that was good. He would cause problems, and then people would pay him money to solve the problems he had created.

*Alma 11:20–21*



Zeezrom could not trick Amulek, so he offered him money to say there is no God. Amulek knew God lives and said Zeezrom knew it too but loved money more than God.

*Alma 11:22, 24, 27*



Then Amulek taught Zeezrom about Jesus and about the Resurrection and eternal life. The people were amazed. Zeezrom began to shake with fear.

*Alma 11:40–46*



Zeezrom knew that Alma and Amulek had the power of God because they knew his thoughts. Zeezrom asked questions and listened as Alma taught him the gospel.

*Alma 12:1, 7–9*



Some people believed Alma and Amulek and began to repent and study the scriptures.

*Alma 14:1*





But most of the people wanted to kill Alma and Amulek. They tied the two men up and took them to the chief judge. *Alma 14:2-4*



Zeezrom was sorry he had been wicked and had taught the people lies. He begged the people to let Alma and Amulek go. *Alma 14:6-7*



Zeezrom and the other men who believed Alma and Amulek's teachings were thrown out of the city. The wicked people threw rocks at them. *Alma 14:7*



Then the wicked people gathered the women and children who believed and threw them, along with their scriptures, into a fire. *Alma 14:8*



Alma and Amulek were forced to watch the women and children die in the fire. Amulek wanted to use the power of God to save them. *Alma 14:9-10*



But Alma told Amulek that he was not to stop the killing because the dying people would soon be with God and the wicked people would be punished. *Alma 14:11*





The chief judge slapped Alma and Amulek several times and mocked them because they had not saved the burning women and children. Then he threw them into prison.

*Alma 14:14–17*



Other evil men came to the prison and abused Alma and Amulek in many ways, including starving them and spitting on them.

*Alma 14:18–22*



The chief judge said if Alma and Amulek used the power of God to free themselves, he would believe. He slapped them again.

*Alma 14:24*



Alma and Amulek stood up. Alma prayed and asked God to make them strong because of their faith in Christ.

*Alma 14:25–26*



The power of God filled Alma and Amulek, and they broke the ropes that held them. The evil men were scared and tried to run but fell down.

*Alma 14:25–27*



The ground shook, and the prison walls fell on the wicked men. The Lord protected Alma and Amulek, and they were not hurt.

*Alma 14:27–28*





The people of Ammonihah came to see what was happening. When they saw Alma and Amulek walking out of the crumbled prison, they became scared and ran away.  
*Alma 14:28–29*



The Lord told Alma and Amulek to go to Sidom. There they found the righteous people. Zeezrom was also there and was very sick.  
*Alma 15:1–3*



Zeezrom was glad to see Alma and Amulek. He worried that they had been killed because of what he had done. He asked them to heal him.  
*Alma 15:4–5*



Zeezrom believed in Jesus Christ and had repented of his sins. When Alma prayed for him, Zeezrom was immediately healed.  
*Alma 15:10–11*



Zeezrom was baptized and began to preach the gospel. Many others were also baptized.  
*Alma 15:12, 14*



The wicked people of Ammonihah were all killed by a Lamanite army, as Alma had prophesied.  
*Alma 10:23; 16:2, 9*



# AMMON: A GREAT SERVANT

## Chapter 23



The four sons of Mosiah left Zarahemla to teach the Lamanites the gospel. They each went to a different city. *Alma 17:12–13*



Ammon went to the land of Ishmael. As he entered the city, the Lamanites tied him up and took him to their king, Lamoni. *Alma 17:20–21*



Ammon told King Lamoni that he wanted to live among the Lamanites. Lamoni was pleased and had his men untie Ammon. *Alma 17:22–24*



Ammon said he would be one of the king's servants. The king sent him to watch his flocks. *Alma 17:25*



One day while Ammon and some other servants were taking the flocks to get water, Lamanite robbers scattered the animals and tried to steal them. *Alma 17:26–27; 18:7*





The servants who were with Ammon were scared. King Lamoni had killed his other servants who had lost animals to these robbers. *Alma 17:28*



Ammon knew this was his chance to use the Lord's power to win the hearts of the Lamanites. Then they would listen to his teachings. *Alma 17:29*



Ammon told the servants that if they gathered the scattered animals, the king would not kill them. *Alma 17:31*



Ammon and the other servants quickly found the animals and drove them back to the watering place. *Alma 17:32*



The Lamanite robbers came back. Ammon told the other servants to guard the flocks while he fought the robbers. *Alma 17:33*



The Lamanite robbers were not afraid of Ammon. They thought they could easily kill him. *Alma 17:35*





The power of God was with Ammon. He hit and killed some of the robbers with stones, which made the rest of the robbers very angry. *Alma 17:35–36*



They tried to kill Ammon with their clubs, but each time a robber lifted a club to hit Ammon, he cut off the robber's arm. Frightened, the robbers ran away. *Alma 17:36–38*



The servants took the cut-off arms to King Lamoni and told him what Ammon had done. *Alma 17:39; 18:1*



The king was astonished at Ammon's great power. He wanted to see Ammon but was afraid because he thought Ammon was the Great Spirit. *Alma 18:2–4, 11*



When Ammon did go in to see him, King Lamoni did not know what to say. He did not speak for an hour. *Alma 18:14*



The Holy Ghost helped Ammon know what the king was thinking. Ammon explained that he was not the Great Spirit. He was a man. *Alma 18:16–19*





The king offered Ammon anything he wanted if he would tell him what power he had used to defeat the robbers and to know the king's thoughts. *Alma 18:20–21*



Ammon said the only thing he wanted was for King Lamoni to believe what he would say. The king said he would believe everything Ammon told him. *Alma 18:22–23*



Ammon asked King Lamoni if he believed in God. The king said he believed in a Great Spirit. *Alma 18:24–27*



Ammon said that the Great Spirit is God, that he created everything in heaven and on the earth, and that he knows people's thoughts. *Alma 18:28–32*



Ammon said people were created in God's image. He also said God had called him to teach the gospel to Lamoni and his people. *Alma 18:34–35*



Using the scriptures, Ammon taught King Lamoni about the Creation, Adam, and Jesus Christ. *Alma 18:36, 39*





King Lamoni believed Ammon and prayed to be forgiven of his sins. Then he fell to the ground and appeared to be dead.  
*Alma 18:40–42*



Servants carried the king to his wife and laid him on a bed. After two days the servants thought he was dead and decided to bury him.  
*Alma 18:43; 19:1*



The queen did not believe that her husband was dead. Having heard of Ammon's great power, she asked him to help the king.  
*Alma 19:2–5*



Ammon knew Lamoni was under the power of God. He told the queen that Lamoni would awaken the next day.  
*Alma 19:6–8*



She stayed by Lamoni's side all night. The next day Lamoni got up and said he had seen Jesus Christ. The king and queen were filled with the Holy Ghost.  
*Alma 19:11–13*



Lamoni taught his people about God and Jesus Christ. Those who believed repented of their sins and were baptized.  
*Alma 19:31, 35*



# AMMON MEETS KING LAMONI'S FATHER

## Chapter 24



King Lamoni wanted to take Ammon to meet his father. The Lord warned Ammon not to go because Lamoni's father would try to kill him. *Alma 20:1–2*



The Lord told Ammon to go instead to the land of Middoni, where his brother Aaron was in prison. King Lamoni went with Ammon. *Alma 20:2–4*



As they traveled they met King Lamoni's father, who was king over all the land. He asked Lamoni where he was going with a lying Nephite. *Alma 20:8, 10*



King Lamoni told his father about Ammon and his brother who was in prison. Angry, Lamoni's father ordered Lamoni to kill Ammon and not go to Middoni. *Alma 20:11–14*



Lamoni refused to kill Ammon and said he and Ammon were going to free Aaron. Lamoni's father became angrier and drew his sword to kill Lamoni. *Alma 20:15–16*





Ammon stepped forward to protect Lamoni. Lamoni's father then tried to kill Ammon, but he defended himself and wounded the arm of Lamoni's father. *Alma 20:17, 20*



When Lamoni's father saw that Ammon could kill him, he offered Ammon half of his kingdom if he would spare his life. *Alma 20:21, 23*



Ammon said he wanted Aaron and his companions freed from prison and wanted Lamoni to be able to keep his kingdom. *Alma 20:22, 24*



Lamoni's father realized that Ammon did not want to hurt him. He was amazed at how much Ammon loved his son. He invited Ammon to teach him the gospel. *Alma 20:26-27*



Ammon and King Lamoni went to Middoni. Lamoni spoke with the king there, and Aaron and his companions were released from prison. *Alma 20:28*



Ammon was sad to see how poorly they had been treated. They had suffered much but had been patient. *Alma 20:29*



# AARON TEACHES KING LAMONI'S FATHER

## Chapter 25



The Spirit guided Aaron and his companions to the land of Nephi to teach Lamoni's father, the king over all the Lamanites. *Alma 22:1*



Aaron told the king he was Ammon's brother. The king had been thinking about Ammon's kindness and about what Ammon had said to him. *Alma 22:2-3*



Aaron asked the king if he believed in God. The king said he wasn't sure but said he would believe if Aaron said God exists. Aaron assured the king that God lives. *Alma 22:7-8*



Aaron read the scriptures to the king. He taught him about the earth's Creation, Adam's Fall, and Jesus Christ's mission. *Alma 22:12-14*



The king asked what he needed to do to have the Holy Ghost and be ready to live with God. The king was willing to do anything, even give up his kingdom. *Alma 22:15*





Aaron told the king he needed to fully repent of his sins. He needed to pray and have faith in God. *Alma 22:16*



The king prayed to know if there really is a God. He said he would give up all his sins. *Alma 22:17–18*



The king fell to the ground and appeared to be dead. When the queen saw him, she thought Aaron and his companions had killed him. *Alma 22:19*



The queen ordered her servants to kill Aaron and his companions, but the servants were afraid to. She sent them to find other people who would do it. *Alma 22:20–21*



Before a large crowd could gather and cause trouble, Aaron took the king's hand and told him to stand. The king stood. *Alma 22:22*



The king calmed his frightened wife and servants and then taught them the gospel. They all believed in Jesus Christ. *Alma 22:23*



# THE PEOPLE OF AMMON

## Chapter 26



The sons of Mosiah taught the gospel to the Lamanites. Thousands of Lamanites repented and joined the Church. *Alma 23:4–5*



Those Lamanites who joined the Church called themselves Anti-Nephi-Lehies, or the people of Ammon. They were good, hardworking people. *Alma 23:17–18; 27:26*



The Lamanites who did not repent were angry with the people of Ammon and prepared to fight them. *Alma 24:1–2*



The people of Ammon knew that the wicked Lamanites would come to kill them but decided not to fight back. They had repented of killing. *Alma 24:5–6*



They buried their weapons deep in the ground and promised God they would never kill again. *Alma 24:17–18*





When the wicked Lamanites came and began killing them, they bowed to the ground and prayed. *Alma 24:21*



Seeing that the people of Ammon would not fight back, many of the wicked Lamanites stopped killing them. *Alma 24:23–24*



The Lamanites were sorry that they had killed. They threw down their weapons and joined the people of Ammon. They would not fight anymore. *Alma 24:24–27*



More Lamanites came to kill the people of Ammon. They still would not fight back, and many were killed. *Alma 27:2–3*



Not wanting the people he loved to be destroyed, Ammon prayed for help. The Lord told him to take his people and leave the land. *Alma 27:4–5, 10–12*



The Nephites in Zarahemla gave Ammon and his people the land of Jershon and protected them. They became friends. *Alma 27:22–23*



# KORIHOR

## Chapter 27



A man named Korihor came to Zarahemla. He did not believe in Jesus Christ and preached that what the prophets had said about the Savior was not true.

*Alma 30:6, 12–14*



Korihor told the people they were foolish to believe that Jesus would come to the earth and suffer for their sins.

*Alma 30:16*



He said people could not be punished for their sins because there was no life after death. Many people believed Korihor. They became wicked.

*Alma 30:17–18*



Korihor tried preaching to the people of Ammon, but they would not listen. They tied him up and took him to Ammon, who forced him out of the city.

*Alma 30:19–21*



Korihor went to the land of Gideon, but the people there would not listen to him either. The chief judge sent him to Alma.

*Alma 30:21, 29*





Alma asked Korihor if he believed in God. Korihor said he did not. Alma testified that there is a God and that Christ would come. *Alma 30:37–39*



Korihor wanted Alma to perform a miracle to prove there is a God. Korihor said he would believe in God if he saw a sign of God's power. *Alma 30:43*



Alma told Korihor he had already seen many signs of God's power through the scriptures and the testimonies of all the prophets. *Alma 30:44*



Alma said the earth and everything on it and the movement of the planets in the sky are also signs that there is a God. *Alma 30:44*



Korihor still refused to believe. Alma was sad because of Korihor's wickedness and warned him that his soul might be destroyed. *Alma 30:45–46*



Korihor still wanted a sign to prove there is a God. Alma said the sign from God would be that Korihor would not be able to speak. *Alma 30:48–49*

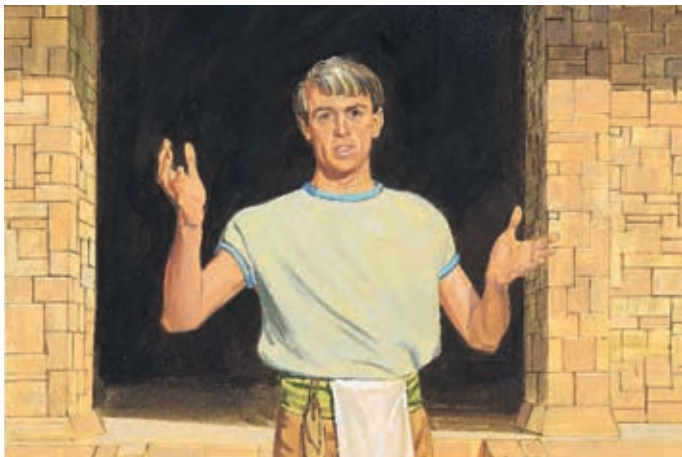




After Alma said this, Korihor could not speak. *Alma 30:50*



Korihor wrote that he knew this sign was from God and that he had always known there is a God. He asked Alma to pray and remove the curse. *Alma 30:52, 54*



Alma knew that if Korihor could speak he would lie again to the people. Alma said the Lord would decide if Korihor would speak again. *Alma 30:55*



The Lord did not give Korihor back his speech. Korihor went from house to house, begging for food. *Alma 30:56*



The chief judge sent a letter throughout the land telling what had happened to Korihor. He told those who had believed Korihor to repent. The people repented. *Alma 30:57–58*



Korihor went to live with the Zoramites. One day while he was begging, he was trampled to death. *Alma 30:59*





# THE ZORAMITES AND THE RAMEUMPTOM

## Chapter 28

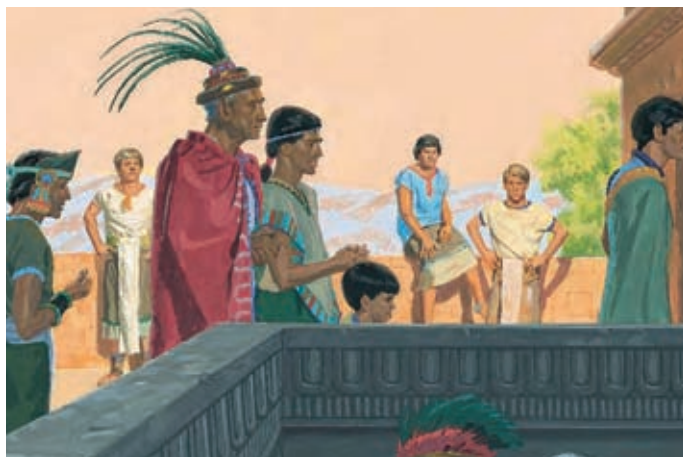


The Zoramites had once belonged to God's Church but had become wicked and were worshiping idols.  
*Alma 31:1, 8–9*



The Nephites wanted to keep the Zoramites from joining the Lamanites, so Alma went with some other missionaries to preach the word of God to the Zoramites.

*Alma 31:4, 11*



These missionaries were surprised and upset at how the Zoramites were worshiping in their churches, called synagogues.

*Alma 31:12*



In the center of the church, the Zoramites had built a high platform called the Rameumptom. There was room for only one person to stand at the top.

*Alma 31:13, 21*



The Zoramites took turns standing there, reaching toward heaven and loudly reciting the same prayer.

*Alma 31:14, 20*





In this prayer, the Zoramites said God does not have a body; he is only a spirit. They also said there would be no Christ.

*Alma 31:15–16*



The Zoramites thought God had chosen only them to be saved in the kingdom of heaven. They gave thanks for being his favorite people.

*Alma 31:17–18*



After each of the Zoramites had prayed, they went home and did not pray or talk about God again for an entire week.

*Alma 31:12, 23*



The wealthy Zoramites loved gold and silver, and they bragged about their worldly treasures. Alma was sad to see how wicked they were.

*Alma 31:24–25*



Alma prayed for him and his missionaries to have strength, comfort, and success in their work.

*Alma 31:26, 32–33*



After asking for help to bring the Zoramites back to the truth, Alma and the other missionaries were filled with the Holy Ghost.

*Alma 31:34–36*





The missionaries then went in separate directions to preach. God blessed them with food and clothing and strengthened them in their work. *Alma 31:37–38*



Zoramites who were poor were not allowed inside the churches. These people began listening to the missionaries. *Alma 32:2–3*



Many asked Alma what they should do. Alma told them they did not need to be inside a church to pray or to worship God. *Alma 32:5, 10–11*



He told them to have faith in God. Then Amulek taught them about Jesus Christ and about God's plan for his children. *Alma 32:17–21; 34:8–9*



The missionaries left, and the Zoramites who had believed them were thrown out of the city. The believers went to live in the land of Jershon with the people of Ammon. *Alma 35:1–2, 6*



Although the wicked Zoramites threatened the people of Ammon, the people of Ammon helped the righteous Zoramites and gave them food, clothing, and land. *Alma 35:8–9*



# ALMA TEACHES ABOUT FAITH AND THE WORD OF GOD

## Chapter 29



Alma taught the Zoramites about faith. He said those people who ask for a sign before they will believe do not have faith. *Alma 32:17–18*



Alma said faith is believing that something is true without actually seeing it. *Alma 32:21*



He explained that faith grows as a person wants to believe and listens to the word of God. The word is then planted in the person's heart, and like a seed it starts to grow. *Alma 32:27–28*



As a person learns more about the gospel, the seed sprouts and keeps growing. The person knows that the seed is good, and his or her faith grows stronger. *Alma 32:30*



Alma said that just as a good seed produces good fruit, the word of God brings blessings to people who have faith. *Alma 32:31, 41–43*



# ALMA COUNSELS HIS SONS

## Chapter 30



Alma was unhappy because of how wicked the Nephites had become. He talked to each of his sons about living righteously. *Alma 35:15–16*



Alma told Helaman, his oldest son, to trust in God. He told him about the angel God had sent to tell Alma to stop destroying the Church. *Alma 36:3, 6*



For three days Alma had suffered because of his guilt. Then he remembered his father's teachings about Jesus, and he knew his sins could be forgiven. *Alma 36:16–17*



Alma prayed for forgiveness, and joy replaced the pain in his soul. He was forgiven because he had faith in Jesus Christ and had repented. *Alma 36:18–20*



Since then Alma had taught others the gospel so they could feel the same joy he had felt. God had blessed Alma because of his trust in God. *Alma 36:24, 27*





Alma gave Helaman the sacred records and told him to continue writing the history of their people. *Alma 37:1–2*



Alma told him that if he kept the commandments, God would bless him and help him protect the records.  
*Alma 37:13, 16*



Alma also told Helaman to pray every morning and night and to talk with God about everything he was doing so God could help guide him. *Alma 37:36–37*



Alma was happy with his son Shiblon, who had been a brave missionary to the Zoramites. Shiblon had remained faithful even when they had stoned him. *Alma 38:3–4*



Alma reminded Shiblon that the only way to be saved is through Jesus Christ. Alma then encouraged his son to continue teaching the gospel. *Alma 38:9–10*



Alma's son Corianton had not kept the commandments. He had not been a faithful missionary while teaching the Zoramites. *Alma 39:2–3*





Because of what Corianton had done, the Zoramites would not believe Alma's teachings. *Alma 39:11*



Alma told Corianton that people cannot hide their sins from God and that Corianton needed to repent. *Alma 39:8-9*



Alma taught his son that everyone will be resurrected but only the righteous will live with God. *Alma 40:9-10, 25-26*



This life is the time for people to repent and serve God, Alma said. *Alma 42:4*



Reminding Corianton that he had been called to be a missionary, Alma told him to return to the Zoramites and teach the people to repent. *Alma 42:31*



Alma and his sons continued teaching the gospel. They taught by the power of the priesthood. *Alma 43:1-2*



# CAPTAIN MORONI DEFEATS ZERAHEMNAH

## Chapter 31

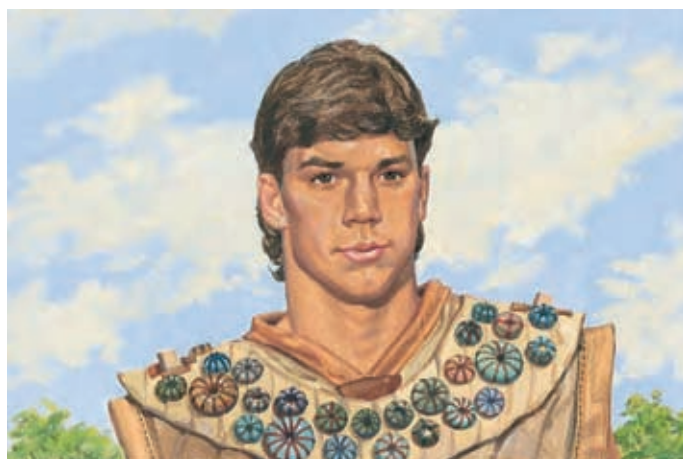


Zerahemnah, the leader of the Lamanites, wanted his people to continue hating the Nephites and to make them their slaves.  
*Alma 43:5, 8*



The Nephites wanted to keep their land and their families free. They also wanted to be free to worship God.

*Alma 43:9*



Captain Moroni was the leader of the Nephite armies. When the Lamanites came to fight, Moroni and his armies met them in the land of Jershon.  
*Alma 43:15–16*



Captain Moroni had prepared his army with weapons, shields, armor, and thick clothing.

*Alma 43:18–19*



The Lamanites had a larger army but were scared when they saw the Nephites' armor—the Lamanites were wearing very little clothing.

*Alma 43:20–21*





The Lamanite army did not dare fight Captain Moroni's army. The Lamanites ran into the wilderness and decided to attack a different Nephite city. *Alma 43:22*



Moroni sent spies to watch the Lamanites. He also asked Alma to pray to the Lord for help. The Lord told Alma where the Lamanites would attack. *Alma 43:23–24*



When Moroni received Alma's message, he left some soldiers to guard Jershon and marched the rest of them to meet the Lamanites. *Alma 43:25*



Captain Moroni's soldiers hid on both sides of the river Sidon, waiting to trap the Lamanite army. *Alma 43:27, 31–35*



A battle began, and the Lamanites tried to escape by crossing the river, but more Nephites were waiting for them on the other side. *Alma 43:36, 39–41*



Fighting harder than they ever had before, Zerahemnah and his army killed many Nephites. The Nephites cried to the Lord for help. *Alma 43:43–44, 49*





The Lord strengthened the Nephite army. The army surrounded the Lamanites, and Moroni ordered the fighting to stop. *Alma 43:50, 52-54*



Moroni told Zerahemnah that the Nephites did not want to kill the Lamanites or make them their slaves. *Alma 44:1-3*



Moroni said the Lamanites could not destroy the Nephites' faith in Jesus Christ. He said God would continue to help the Nephites fight as long as they were faithful. *Alma 44:4*



Moroni ordered Zerahemnah to give up his weapons. The Lamanites would not be killed if they promised never to fight the Nephites again. *Alma 44:5-6*



Zerahemnah gave Moroni his weapons but would not promise not to fight. Moroni handed the weapons back so the Lamanites could defend themselves. *Alma 44:8, 10*



Zerahemnah rushed at Moroni to kill him, but a Nephite soldier hit and broke Zerahemnah's sword. *Alma 44:12*





Then the soldier cut off Zerahemnah's scalp, put it on the tip of his sword, and raised it into the air. *Alma 44:12-13*



The Lamanites would fall as the scalp had fallen, he told them, unless they gave up their weapons and promised never to fight again. *Alma 44:14*



Many Lamanites placed their weapons at Moroni's feet and promised not to fight. They were allowed to go free. *Alma 44:15*



Furious, Zerahemnah stirred up the rest of his soldiers to fight. Moroni's soldiers killed many of them. *Alma 44:16-18*



When Zerahemnah saw that he and all his men would be killed, he begged Moroni to spare them. He promised never to fight the Nephites again. *Alma 44:19*



Moroni stopped the fighting and took the Lamanites' weapons. After they promised not to fight, the Lamanites left. *Alma 44:20, 23*



# CAPTAIN MORONI AND THE TITLE OF LIBERTY

## Chapter 32



A wicked man named Amalickiah wanted to be king over the Nephites. Many Nephites had left the Church to follow him.

*Alma 46:1, 4–5, 7*



If Amalickiah became king, he would try to destroy the Church of God and take away the people's liberty.

*Alma 46:9–10*



When Captain Moroni, the leader of the Nephite armies, heard of Amalickiah's plan to be king, he became angry.

*Alma 46:11*



Moroni tore his coat to make a flag. On it he wrote a message to remind the people to defend their religion, freedom, and peace.

*Alma 46:12*



Moroni put the flag on a pole and called it the title of liberty. Then dressed in his armor, he knelt to pray.

*Alma 46:13*





He asked God to protect those who believed in Jesus Christ and prayed for freedom in the land, calling it a land of liberty. *Alma 46:16–18*



Moroni went among the people. Waving the title of liberty, he called them to come and help protect their freedom. *Alma 46:19–20*



People came from all over the land. They promised to obey God's commandments and to fight for freedom. *Alma 46:21–22, 28*



When Amalickiah saw how many Nephites had joined with Moroni, he was afraid. He and his followers left to join the Lamanites. *Alma 46:29–30*



Moroni and his army tried to stop them, but Amalickiah and a few of his men escaped. *Alma 46:31–33*



Moroni placed a title of liberty on every tower in the Nephite land. The Nephites had kept their freedom and again had peace. *Alma 46:36–37*



# KING-MEN VERSUS FREEMEN

## Chapter 33



Some Nephites wanted the chief judge, Pahoran, to change some of the laws. *Alma 51:2–3*



When Pahoran refused, the people became angry and wanted to remove Pahoran as chief judge. They wanted to have a king, not judges. *Alma 51:3–5*



Called king-men, they hoped that one of them would become king and have power over the people. *Alma 51:5, 8*



The Nephites who wanted to keep Pahoran as chief judge were called freemen. They wanted to be free to live and worship as they chose. *Alma 51:6*



The people voted between the freemen and the king-men. Most of them voted for the freemen. *Alma 51:7*





At the same time, Amalickiah was gathering a large army of Lamanites to attack the Nephites. *Alma 51:9*



When the king-men heard that the Lamanites were coming, they were pleased and refused to help defend their country. *Alma 51:13*



Captain Moroni was angry with the king-men for not fighting. He had worked hard to keep the Nephites free. *Alma 51:14*



He asked the governor for the power to make the king-men either fight the Lamanites or be put to death. *Alma 51:15*



When the governor, Pahoran, gave Moroni this power, Moroni led his army against the king-men. *Alma 51:16–18*

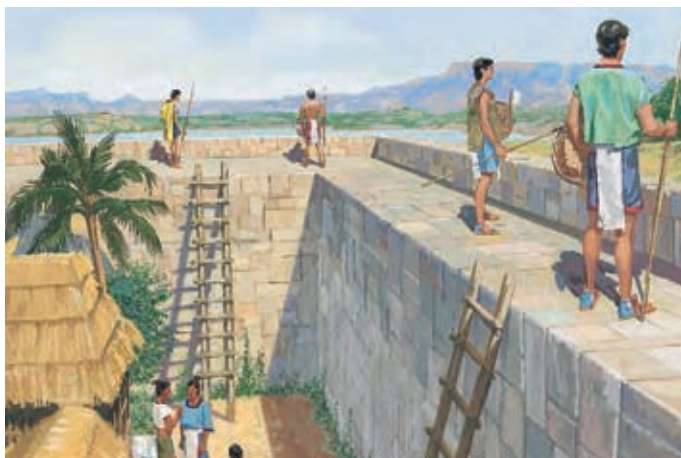


Many king-men were killed; some were put into prison. The rest agreed to help defend their country against the Lamanites. *Alma 51:19–20*



# HELANAN AND THE 2,000 YOUNG WARRIORS

## Chapter 34



The people of Ammon had promised God that they would never fight again. They lived near the Nephites, and the Nephites protected them. *Alma 53:10–12*



When enemies of the people of Ammon attacked the Nephites, the people of Ammon wanted to break their promise and help the Nephites fight. *Alma 53:13*



Helaman and the other Nephite leaders did not want the people of Ammon to break their promise to God. *Alma 53:14–15*



The young sons of the people of Ammon had not made the promise. They wanted to help the Nephite army fight for freedom. *Alma 53:16–17*



Two thousand of these young men chose to defend their country. They asked Helaman to be their leader. *Alma 53:18–19*





These young men were valiant, brave, and strong. They were also honest and trustworthy, and they kept the commandments of God.

*Alma 53:20–21*



Helaman led his 2,000 young warriors into battle. He called them his sons, and they called him their father.

*Alma 53:22; 56:46*



Although the sons of Helaman had never fought, they were not afraid. Their mothers had taught them to have faith in God and to know that he would help them.

*Alma 56:47*



Helaman and his army fought several battles against the Lamanites. These young men obeyed all of Helaman's orders.

*Alma 57:19–21*



They fought bravely and helped drive the enemy away. After the battle Helaman found that all his sons had been hurt but not one had been killed.

*Alma 57:22, 25*



It was a miracle. Helaman was very happy. He knew that these young men had been protected because of their great faith in God.

*Alma 57:26–27*



# CAPTAIN MORONI AND PAHORAN

## Chapter 35



Captain Moroni was happy to hear that Helaman and his army had taken back much of the Nephite land from the Lamanites. *Alma 59:1*



But Helaman and his army needed help. They did not have enough soldiers to defend so many cities. *Alma 58:32*



Captain Moroni wrote a letter to Pahoran, the chief judge and governor. He asked Pahoran to send more soldiers to help Helaman's army. *Alma 59:3*



The Lamanites attacked a Nephite city that Helaman had taken back. They killed many Nephites and chased the rest from the city. *Alma 59:5–8*



Angry with the government leaders because they had not sent help, Moroni wrote another letter to Pahoran. *Alma 59:13; 60:1*





Captain Moroni wrote that many people had been killed because Pahoran had not sent more soldiers. *Alma 60:5*



If Pahoran did not quickly send men and food, Moroni would take his army to Zarahemla and take what his army needed. *Alma 60:34–35*



Soon Moroni received a letter from Pahoran. He was very sad that Moroni and his armies were suffering. *Alma 61:1–2*



Pahoran told Moroni that a group of wicked Nephites called king-men did not want him to be chief judge. They had forced him and his supporters out of Zarahemla. *Alma 61:3–5*



Pahoran added that he was gathering an army to try to take back Zarahemla. *Alma 61:6–7*



The king-men had chosen a king to be their leader and had joined the Lamanites. *Alma 61:8*





Pahoran was not angry at what Moroni had written. He wanted the Nephites to be free too. *Alma 61:9*



He asked Moroni to bring a few men to help him and said that if Moroni gathered more men along the way, the combined army could take back Zarahemla. *Alma 61:15–18*



Captain Moroni was happy that Pahoran was still loyal to his country and still wanted freedom for his people. *Alma 62:1*



With a few of his men, Moroni went to meet Pahoran. He carried the title of liberty, and thousands of men joined them along the way. *Alma 62:3–5*



The combined armies of Moroni and Pahoran marched against Zarahemla. They killed the king of the wicked Nephites and captured his men. *Alma 62:7–8*



Moroni then sent food and 12,000 soldiers to help the Nephite armies. These armies drove the Lamanites out, and there was peace again in the land. *Alma 62:12–13, 38–42*





# HAGOTH

## Chapter 36



About 55 years before the birth of Jesus Christ, thousands of Nephite men, women, and children left Zarahemla and traveled north. *Alma 63:4*



One of them, a man named Hagoth, built a large ship and launched it into the west sea. *Alma 63:5*



Many Nephites took food and supplies and sailed north in his ship. *Alma 63:6*



Hagoth then built other ships that carried people to a land northward. The first ship returned and picked up even more people. *Alma 63:7*



One other ship set sail. None of the ships returned, and the Nephites never knew what happened to the people. *Alma 63:8*



# NEPHI AND LEHI IN PRISON

## Chapter 37



Nephi and Lehi were Helaman's sons. Helaman wanted them to be righteous like the Lehi and Nephi who left Jerusalem. *Helaman 5:4–7*



Helaman taught his sons to believe in Jesus Christ. They learned that forgiveness comes through faith and repentance. *Helaman 5:9–12*



Nephi and Lehi went to teach the word of God to the Nephites and Lamanites. Thousands of people were baptized. *Helaman 5:14–19*



When Nephi and Lehi went to the land of Nephi, a Lamanite army threw them into prison and did not give them food for many days. *Helaman 5:20–22*



The Lamanites went to the prison to kill Nephi and Lehi but could not because they were protected by a ring of fire that would have burned anyone who tried to touch them. *Helaman 5:22–23*





Nephi and Lehi were not burned by the fire. They told the Lamanites that God's power was protecting them.  
*Helaman 5:24–26*



The ground and the prison walls began to shake. A dark cloud surrounded the people in the prison, and they were afraid.  
*Helaman 5:27–28*



A voice from above the darkness spoke. It was quiet like a whisper, but everyone could hear it.  
*Helaman 5:29–30*



The voice told the people to repent and stop trying to kill Nephi and Lehi.  
*Helaman 5:29–30*

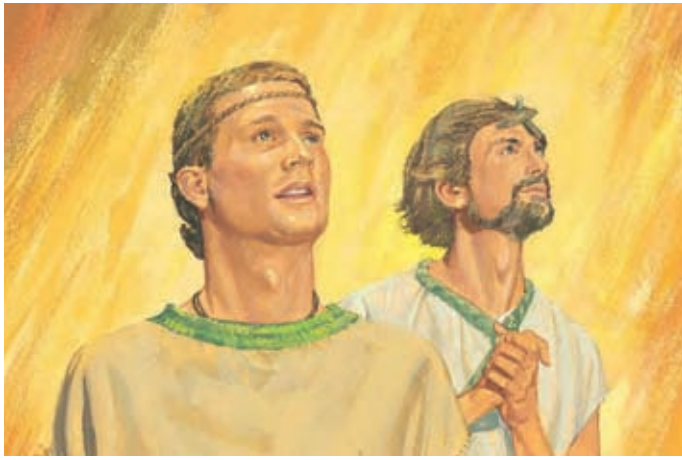


The voice spoke three times, and the ground and prison walls continued to shake. The Lamanites could not run away because it was too dark and they were too scared.  
*Helaman 5:33–34*



A Nephite who had been a Church member saw that Nephi's and Lehi's faces were shining through the darkness.  
*Helaman 5:35–36*





Nephi and Lehi were looking toward heaven and talking. The man told the Lamanites to look. They wondered whom Nephi and Lehi were talking to. *Helaman 5:36–38*



The man, who was named Aminadab, told the Lamanites that Nephi and Lehi were talking to angels. *Helaman 5:39*



The Lamanites asked Aminadab how to get rid of the dark cloud. He told them to repent and pray until they had faith in Jesus Christ. *Helaman 5:40–41*



The Lamanites prayed until the dark cloud was gone. *Helaman 5:42*

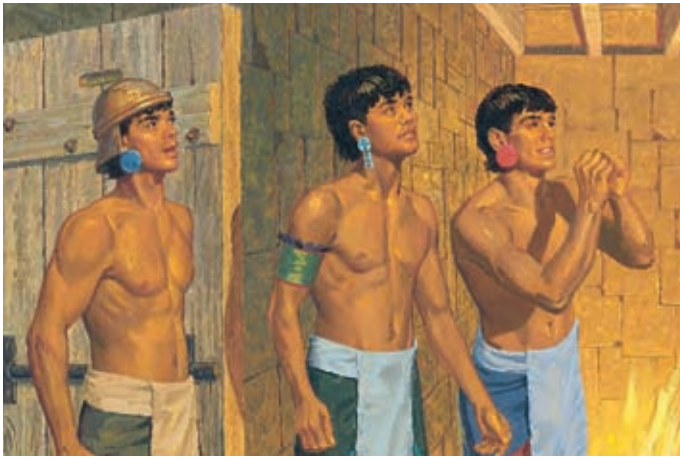


When the darkness left, the people saw a pillar of fire all around them. The fire did not burn them or the prison walls. *Helaman 5:43–44*



The Lamanites felt great joy, and the Spirit of God filled their hearts. *Helaman 5:44–45*





A voice whispered, saying they would be comforted because of their faith in Jesus Christ. *Helaman 5:46–47*



The Lamanites looked up to see where the voice had come from. They saw angels coming down from heaven. *Helaman 5:48*



About 300 people saw and heard what happened in the prison. They went and told others. *Helaman 5:49–50*



Most of the Lamanites believed them and put away their weapons. *Helaman 5:50–51*



The Lamanites stopped hating the Nephites and gave back the land they had taken. The Lamanites became more righteous than the Nephites. *Helaman 5:50, 52*



Many Lamanites went with Nephi and Lehi and taught both Nephites and Lamanites. *Helaman 6:1, 6–7*



# THE MURDER OF THE CHIEF JUDGE

## Chapter 38



Wicked men had become judges over the Nephites. They punished the righteous people but not the wicked people. *Helaman 7:4–5*



Nephi was sad to see so much wickedness among the people. *Helaman 7:6–7*



One day he was praying on a tower in his garden. His garden was by the highway that led to a marketplace in Zarahemla. *Helaman 7:10*



People passing by on the highway heard Nephi praying. A large group gathered, wondering why he was so sad. *Helaman 7:11*



When Nephi saw the people, he told them he was sad because of their wickedness. He told them to repent. *Helaman 7:12–14, 17*





He warned them that if they did not repent, their enemies would take their homes and cities and the Lord would not help them fight their enemies. *Helaman 7:22*



Nephi said the Nephites were more wicked than the Lamanites because the Nephites had been taught the commandments but were not obeying them. *Helaman 7:24*



He said that if the Nephites did not repent, they would be destroyed. *Helaman 7:28*



Some of the wicked judges were there. They wanted the people to punish Nephi for speaking against them and their law. *Helaman 8:1–4*



Some of the people agreed with the wicked judges. Others believed Nephi; they knew he was a prophet and spoke the truth. *Helaman 8:7–9*



Nephi told the people that they had rebelled against God and would soon be punished if they did not repent. *Helaman 8:25–26*





Nephi told the people to go find their chief judge. He would be lying in his own blood, murdered by a brother who wanted his position.  
*Helaman 8:27*



Five men from the crowd ran to see the chief judge. They did not believe that Nephi was a prophet of God.  
*Helaman 9:1–2*



When they saw Seezoram, the chief judge, lying in his blood, they fell to the ground in fear. Now they knew that Nephi was a prophet.  
*Helaman 9:3–5*



Seezoram's servants had already found the chief judge and had run to tell the people. They returned and found the five men lying there.  
*Helaman 9:6–7*



The people thought the five men had murdered Seezoram.  
*Helaman 9:8*



They threw the five men into prison and then sent word throughout the city that the chief judge had been killed and that the murderers were in prison.  
*Helaman 9:9*





The next day the people went to where the chief judge would be buried. The judges who had been at Nephi's garden asked where the five men were. *Helaman 9:10-12*



The judges asked to see the accused murderers. *Helaman 9:13*



The accused murderers were the five men who had run from Nephi's garden to the chief judge. *Helaman 9:13*



The five men said they had found the chief judge lying in blood, just as Nephi had said. Then the judges accused Nephi of sending someone to murder Seezoram. *Helaman 9:15-16*



Knowing that Nephi was a prophet, the five men argued with the judges, but they would not listen. They had Nephi tied up. *Helaman 9:18-19*



The judges offered Nephi money and his life if he would say he had plotted to kill the chief judge. *Helaman 9:20-21*





Nephi told the judges to repent of their wickedness. Then he told them to go to Seantum, Seezoram's brother.

*Helaman 9:22, 26*



Nephi told them to ask Seantum if he and Nephi had plotted to murder Seezoram. Nephi said Seantum would say "no."

*Helaman 9:27-28*



Then the judges were to ask Seantum if he had killed his brother. Seantum would again say "no," but the judges would find blood on his cloak.

*Helaman 9:29-31*



Nephi said Seantum would then shake and turn pale and finally confess to killing his brother.

*Helaman 9:33-35*



The judges went to Seantum's house, and everything happened as Nephi said it would. Nephi and the five men were set free.

*Helaman 9:37-38*



As the people walked away from Nephi, some said he was a prophet; others said he was a god. Nephi went home, still sad about their wickedness.

*Helaman 9:40-41; 10:2-3*





# NEPHI RECEIVES GREAT POWER

## Chapter 39



Nephi walked toward his home, thinking about what the Lord had shown him and about the wickedness of the Nephites. He was sad because of their wickedness.  
*Helaman 10:1–3*



The Lord spoke to Nephi and praised him for being obedient and working so hard to teach the gospel.  
*Helaman 10:4*



Nephi was given the power to do anything. The Lord knew he would use this power righteously. *Helaman 10:5*



The Lord told Nephi to warn the Nephites that if they did not repent, they would be destroyed. Nephi went immediately to warn the people.  
*Helaman 10:11–12*



The Nephites did not believe Nephi. They tried to throw him into prison, but the power of God protected him.  
*Helaman 10:15–16*





Nephi declared the word of God to all the Nephites.  
*Helaman 10:17*



But the people became even more wicked and began fighting each other.  
*Helaman 11:1*



Nephi prayed for a famine, hoping that a lack of food would humble the Nephites and help them repent.  
*Helaman 11:3–4*



The famine came. There was no rain, so the ground dried up and crops could not grow. The people stopped fighting.  
*Helaman 11:5–6*



The Nephites were hungry, and many of them died. Those who lived began to remember the Lord and what Nephi had taught them.  
*Helaman 11:6–7*



The people repented of their sins and then begged their judges to ask Nephi to end the famine. The judges went to Nephi.  
*Helaman 11:8–9*





When Nephi saw that the people had become humble and had repented, he asked the Lord to end the famine.  
*Helaman 11:9–12*



The Lord answered Nephi's prayer, and it began to rain. Soon the crops were growing again. The people glorified God and knew that Nephi was a great prophet.  
*Helaman 11:17–18*



Most of the Nephites joined the Church. They became rich, and their cities grew. There was peace in the land.  
*Helaman 11:20–21*



Then some Nephites who had earlier joined the Lamanites attacked the Nephites.  
*Helaman 11:24*



The Nephites tried to defeat their enemies, who had become Gadianton robbers, but could not because they themselves had become wicked again.  
*Helaman 11:26, 28–29*



When the Nephites were righteous, the Lord blessed them. When they were proud and forgot the Lord, he gave them problems to help them remember him.  
*Helaman 12:1–3*



# SAMUEL THE LAMANITE TELLS ABOUT JESUS CHRIST

## Chapter 40



The Lamanites obeyed God's commandments. They became more righteous than the Nephites.

*Helaman 13:1*



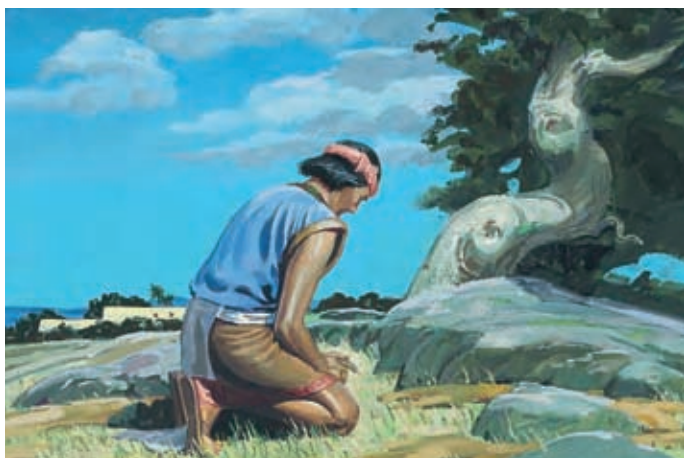
Samuel, a Lamanite prophet, went to Zarahemla to preach to the wicked Nephites. He told them to repent.

*Helaman 13:2*



The Nephites threw Samuel out of the city, and he started going back to his own land.

*Helaman 13:2*



But the Lord told Samuel to return to Zarahemla and tell the people the things that the Lord would put into his heart.

*Helaman 13:3*



The Nephites would not let Samuel back into the city, so he climbed to the top of the city wall and preached from there.

*Helaman 13:4*





He prophesied that the Nephites would be destroyed in 400 years unless the people repented and had faith in Jesus Christ.  
*Helaman 13:5–6*



Samuel told the Nephites that Jesus Christ would be born in five years and that he would save all those who believed in him.  
*Helaman 14:2*



Samuel told them about the signs of Jesus' birth. A new star would appear, and the night before Jesus would be born it would not get dark.  
*Helaman 14:3–5*



Then Samuel told them the signs of Jesus' death. There would be three days of total darkness—the sun, moon, and stars would not shine.  
*Helaman 14:20*



There would also be thunder and lightning and earthquakes. Mountains would crumble, and many cities would be destroyed.  
*Helaman 14:21–24*



Some Nephites believed Samuel and repented of their sins. They went to find Nephi, a righteous Nephite who could baptize them.  
*Helaman 16:1*





The rest of the Nephites did not believe Samuel. They threw rocks and shot arrows at him. But the Lord protected him, and none of the rocks or arrows hit him.

*Helaman 16:2*



When the people saw he could not be hit, many more believed him and went to Nephi to be baptized.

*Helaman 16:3*



Nephi also taught the people about Jesus. He wanted them to believe in Jesus, repent, and be baptized.

*Helaman 16:4–5*



Most Nephites, however, did not believe Samuel. They tried to capture him.

*Helaman 16:6*



Samuel jumped down from the wall and ran to his own country.

*Helaman 16:7*



Samuel began teaching the Lamanites. He was never heard of again among the Nephites.

*Helaman 16:7–8*



# THE SIGNS OF CHRIST'S BIRTH

## Chapter 41



**N**ephi, the son of Helaman, gave the sacred records and scriptures to his oldest son, Nephi. *3 Nephi 1:2*



The Nephites saw great signs and miracles that prophets had said would happen before Jesus Christ's birth. *3 Nephi 1:4*



But some Nephites said the time for Jesus' birth had already passed. They mocked those who still believed Samuel the Lamanite's prophecies. *3 Nephi 1:5–6*



The people who believed in Jesus Christ and in the prophets were sad to think that something might keep the prophecies from being fulfilled. *3 Nephi 1:7*



The people watched faithfully for a night with no darkness, which was the sign that Jesus Christ would be born. *3 Nephi 1:8*





Those who did not believe in Jesus Christ chose a day to kill the believers if the sign had not happened. *3 Nephi 1:9*



Nephi was sad because of the wickedness of those who did not believe in the Savior. *3 Nephi 1:10*



Nephi prayed all day for the people who were going to be killed. *3 Nephi 1:11–12*



The Lord comforted Nephi and told him that it would not get dark that night. Jesus would be born the next day in Bethlehem. *3 Nephi 1:13*



That night the sun went down, but it did not get dark. The sign of Jesus Christ's birth had come. The people were astonished. *3 Nephi 1:15*



Those who had planned to kill the believers fell down and appeared to be dead. *3 Nephi 1:16*





They were afraid because they had been wicked. Now they knew that the Savior would be born and that the prophets had been right.

*3 Nephi 1:17–18*



It stayed light all night. When the sun came up the next morning, the people knew that Jesus Christ would be born that day. The prophecies had been fulfilled.

*3 Nephi 1:19–20*



A new star appeared in the sky, just as the prophets had said it would.

*3 Nephi 1:21*



Satan still tried to get people not to believe the signs they had seen, but most did believe.

*3 Nephi 1:22*



Nephi and other Church leaders baptized all those who believed and repented.

*3 Nephi 1:23*



There were glad tidings in the land because the words of the prophets had been fulfilled. Jesus Christ had been born.

*3 Nephi 1:26*



# THE SIGNS OF CHRIST'S CRUCIFIXION

## Chapter 42



Thirty-three years had passed since the people had seen the signs of Jesus Christ's birth. *3 Nephi 8:2*



They now watched for the sign of his death: three days of darkness. *3 Nephi 8:3*



Some did not believe that the sign would come. They argued with those who did believe. *3 Nephi 8:4*



One day a fierce storm came. There was a terrible wind. *3 Nephi 8:5–6*



Lightning flashed, and thunder shook the whole earth. *3 Nephi 8:6–7*





The city of Zarahemla caught on fire. The city of Moroni sank into the sea. The city of Moronihah was buried.  
*3 Nephi 8:8–10*



An earthquake shook the whole earth. Highways were broken up, and buildings crumbled. Many cities were destroyed, and many people were killed. *3 Nephi 8:12–15*



The storm and the earthquake lasted about three hours.  
*3 Nephi 8:19*



When the storm and earthquake stopped, thick darkness covered the land. There was no light anywhere. The people could even feel the darkness. *3 Nephi 8:19–20*



The darkness lasted for three days. Candles would not burn, and the people could not see the sun, moon, or stars.  
*3 Nephi 8:21–23*



The people cried because of the darkness, destruction, and death. They were sorry they had not repented of their sins.  
*3 Nephi 8:23–25*





Then the people heard the voice of Jesus Christ.  
*3 Nephi 9:1, 15*



Jesus told them about the terrible destruction in the land.  
 He said that the most wicked people had been killed.  
*3 Nephi 9:12–13*



He said that those who had not been killed needed to repent. If they did and came unto him, he would bless them.  
*3 Nephi 9:13–14*



The people were so amazed after hearing the voice that they stopped crying. Everything was silent for many hours.  
*3 Nephi 10:1–2*



Then Jesus spoke again, saying he had often tried to help the people. If they would repent now, they could still return to him.  
*3 Nephi 10:3–6*



After three days the darkness left. The people rejoiced and joyfully thanked the Lord.  
*3 Nephi 10:9–10*



# JESUS CHRIST APPEARS TO THE NEPHITES

## Chapter 43



Many Nephites gathered at the temple in Bountiful. They were amazed at the great changes in the land.  
*3 Nephi 11:1*



The people were talking about Jesus Christ and the sign of his death.  
*3 Nephi 11:2*



While they were talking, they heard a quiet voice from heaven. It made their hearts burn.  
*3 Nephi 11:3*



At first they did not understand the voice, but when it spoke the third time, they understood it.  
*3 Nephi 11:4–6*



The voice was Heavenly Father's. It introduced Jesus Christ and told the people to listen to him.  
*3 Nephi 11:7*





Jesus Christ came down from heaven and stood among the people. They were afraid to speak because they did not understand what was happening. They thought Jesus was an angel. *3 Nephi 11:8*





He told them he was Jesus Christ, the one the prophets had said would come.  
*3 Nephi 11:10*



Jesus told the people to come and feel the marks in his side and in his hands and feet, where he had been nailed to the cross.  
*3 Nephi 11:14*



Jesus wanted the people to know that he was their God and that he had died for their sins.  
*3 Nephi 11:14*



One by one the people felt the marks in Jesus' side, hands, and feet. The people knew he was the Savior.  
*3 Nephi 11:15*



Then the people praised Jesus and fell at his feet and worshiped him.  
*3 Nephi 11:17*



Jesus called Nephi and 11 other men to him. He gave them priesthood power and taught them the right way to baptize.  
*3 Nephi 11:18, 21–26; 12:1*





He told the Nephites to believe in him, repent, and keep the commandments. If they did not, they could not enter his kingdom. *3 Nephi 12:19–20*



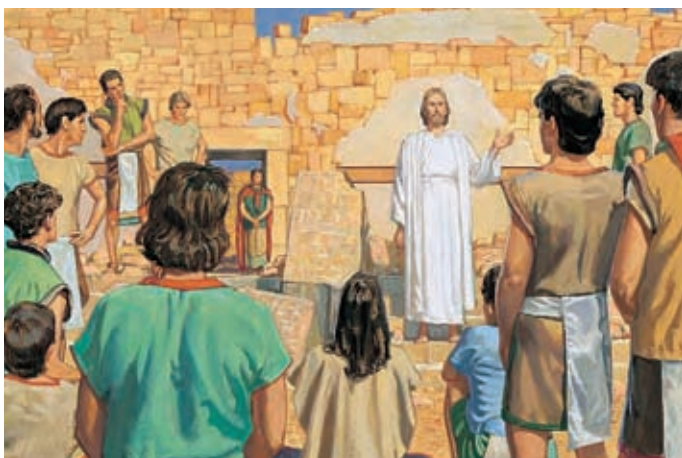
He taught the Nephites how to pray to Heavenly Father. He also taught them about fasting and said they would be forgiven if they forgave one another. *3 Nephi 13:6–18*



After teaching the people many things, Jesus told them to go home and think and pray about what he had said. *3 Nephi 17:1–3*



The Nephites began to cry. They did not want Jesus to leave yet. *3 Nephi 17:5*



Jesus loved the Nephites. He told them to bring the people who were sick or hurt to him so he could heal them. *3 Nephi 17:7*



Jesus healed these people. Everyone bowed down and worshiped him. *3 Nephi 17:9–10*



# JESUS CHRIST BLESSES THE CHILDREN

## Chapter 44



Jesus Christ told the Nephites to bring their little children to him. The children sat on the ground near Jesus.  
*3 Nephi 17:11–12*



The Savior told the people to kneel down. Then he knelt and prayed to Heavenly Father.  
*3 Nephi 17:13, 15*



The Savior's prayer was so marvelous that it could not be written. It filled the Nephites with joy. *3 Nephi 17:15–17*



After his prayer Jesus said the Nephites would be blessed because of their faith.  
*3 Nephi 17:20*



He felt so much love and happiness that he wept.  
*3 Nephi 17:21*





Then he took the children and blessed each one. He prayed to Heavenly Father for them and wept again.

*3 Nephi 17:21–22*



Jesus told the Nephites to look at their children.


*3 Nephi 17:23*



As the people watched, angels came down from heaven and encircled the children. The children and the angels were surrounded by fire.

*3 Nephi 17:24*





# JESUS CHRIST TEACHES ABOUT THE SACRAMENT AND PRAYER

## Chapter 45



Jesus Christ sent his disciples to get some bread and wine. He told the Nephites to sit on the ground.

*3 Nephi 18:1–2*



When the disciples returned, the Savior broke the bread into pieces and blessed it. He gave some to his disciples and had them give some to the people. *3 Nephi 18:3–4*



Jesus said that people who take the sacrament promise to always remember him and his sacrifice. They then receive his Spirit. *3 Nephi 18:7*



Jesus Christ blessed the wine and gave some to his disciples. The disciples gave some wine to the people. *3 Nephi 18:8*



Jesus said those who take the sacrament promise to keep his commandments. *3 Nephi 18:10*





Jesus again told his disciples that everyone who takes the sacrament and always remembers him will have his Spirit.  
*3 Nephi 18:11*



He told his disciples they would be blessed if they kept his commandments.  
*3 Nephi 18:14*



He told them to pray always and to pray as they had seen him pray.  
*3 Nephi 18:15–16*



The Savior told all the Nephites to pray to Heavenly Father in his name. He also commanded them to pray with their families.  
*3 Nephi 18:19, 21*



He said the people should meet together often. They should welcome others to their meetings, pray for them, and be good examples to them.  
*3 Nephi 18:22–24*



The Savior gave his disciples the power to give the Holy Ghost. Then a cloud covered the people so that only the disciples saw Jesus Christ go up to heaven.  
*3 Nephi 18:36–39*



# JESUS CHRIST TEACHES AND PRAYS WITH THE NEPHITES

## Chapter 46



The Nephites who saw Jesus Christ told their friends he would be back the next day. Many people worked very hard to get to where Jesus would be. *3 Nephi 19:2–3*



The next morning Nephi and the other disciples taught the group that had gathered. The disciples then prayed that they would receive the Holy Ghost. *3 Nephi 19:6–9*



Nephi went into the water and was baptized. Then he baptized the other disciples. *3 Nephi 19:11–12*



After they were baptized, the disciples received the Holy Ghost. Fire seemed to surround them, and angels came down from heaven and ministered unto them.

*3 Nephi 19:13–14*



While the angels were with the disciples, Jesus came and stood among them.

*3 Nephi 19:15*





Christ told all the Nephites to kneel on the ground. He told his disciples to pray.

*3 Nephi 19:16–17*



While they were praying, Jesus went a little way off from the people and knelt down and prayed to Heavenly Father.

*3 Nephi 19:18–20*



Jesus thanked Heavenly Father for giving the Holy Ghost to his disciples. Then he asked for the Holy Ghost to be given to anyone who believed the disciples' words.

*3 Nephi 19:20–21*



Jesus blessed his disciples while they were praying. He smiled at them, and they became as white as his face and clothing.

*3 Nephi 19:25*



Jesus prayed again for his disciples. He was pleased with their great faith.

*3 Nephi 19:29, 35*



Christ told the people to stop praying but to keep praying in their hearts. Then he gave them the sacrament.

*3 Nephi 20:1–5*





No one had brought bread or wine, but the Savior provided it in a miraculous way.  
*3 Nephi 20:6–7*



Jesus Christ told the Nephites that his gospel would be brought back to the earth in the last days.  
*3 Nephi 21:1, 3, 7, 9*



He told them to study the scriptures, and he had Nephi write in the records the fulfillment of the rest of Samuel the Lamanite's prophecies.  
*3 Nephi 23:1, 9–13*



Then Jesus taught the people from the scriptures. He told them to teach one another the things he had taught them.  
*3 Nephi 23:14*



Jesus went back up to heaven, and his disciples taught the people. Those who believed were baptized and received the Holy Ghost.  
*3 Nephi 26:15, 17*



The Nephites began to obey all the commandments.  
*3 Nephi 26:20*



# JESUS CHRIST BLESSES HIS DISCIPLES

## Chapter 47



One day when the disciples were together fasting and praying, Jesus Christ came to them.

*3 Nephi 27:1–2*



The disciples asked him what they should name the Church. Jesus said it should be named after him because it was his Church.

*3 Nephi 27:3, 7*



Jesus explained to his disciples that Heavenly Father had sent him to earth to give his life for all people.

*3 Nephi 27:14*



He said everyone who repents, is baptized in his name, and obeys his commandments will be held guiltless before Heavenly Father.

*3 Nephi 27:16*



The Savior told his disciples to do the things they had seen him do. He had set the example for them.

*3 Nephi 27:21*





He also told them to write down what they had seen and heard so that others could know about it. *3 Nephi 27:23–25*



Jesus asked his disciples what they would like from him. Nine of them wanted to be with him after their lives on earth had ended. *3 Nephi 28:1–2*



Jesus promised them that when they were 72 years old, they would go to him in heaven. *3 Nephi 28:3*



The other three disciples did not dare ask for what they wanted, but Jesus knew. They wanted to stay on the earth and teach the gospel until Jesus came again. *3 Nephi 28:5–6, 9*



The Savior promised them that they would not suffer pain or sorrow and would not die. They would teach people the gospel until he returned. *3 Nephi 28:7–9*



Jesus touched each disciple except the three who would stay on the earth. Then he left. *3 Nephi 28:12*





The three disciples were taken to heaven, where they saw and heard many wonderful things. They were better able to understand the things of God. *3 Nephi 28:13, 15*



Their bodies were changed so they would not die. *3 Nephi 28:15*



The three disciples returned to earth and began preaching and baptizing. *3 Nephi 28:16, 18*



Wicked Nephites threw the three disciples into prison and into deep pits, but God's power helped them escape. *3 Nephi 28:19–20*



When they were pushed into furnaces and into dens with wild animals, they were also protected by the power of God. *3 Nephi 28:21–22*



The three disciples continued to preach the gospel of Jesus Christ to the Nephites. They are still preaching his gospel. *3 Nephi 28:23, 27–29*



# Christ Comes to America



4

4 Jesus Christ appears to the people in America.





- ① Jesus Christ is born.
- ② Jesus Christ is killed.
- ③ Jesus Christ is resurrected.





# PEACE IN AMERICA

## Chapter 48



After Jesus returned to heaven, his disciples set up his Church throughout the land. *4 Nephi 1:1*



The people who repented of their sins were baptized and received the Holy Ghost. *4 Nephi 1:1*



Soon all the Nephites and Lamanites were converted. They did not argue and everyone was honest. *4 Nephi 1:2*



No one was rich or poor. The people shared everything, and they all had what they needed. *4 Nephi 1:3*



The disciples performed many miracles in the name of Jesus Christ. They healed the sick and brought the dead back to life. *4 Nephi 1:5*





The people built new cities where others had been destroyed.  
*4 Nephi 1:7*



They obeyed God's commandments. They fasted and prayed and met together often to hear the word of God.  
*4 Nephi 1:12*



The people were happy.  
*4 Nephi 1:16*



There were no robbers, no liars, no murderers. The people were no longer divided into Nephites and Lamanites but were all one, the children of Christ.  
*4 Nephi 1:16–17*



The Lord blessed the people in everything they did.  
*4 Nephi 1:18*



They lived in peace for 200 years. The people became very rich.  
*4 Nephi 1:22–23*



# MORMON AND HIS TEACHINGS

## Chapter 49



Many years after Jesus Christ visited the Nephites, a small group of people left the Church and called themselves Lamanites. *4 Nephi 1:20*



Eventually almost all the people became wicked, both Nephites and Lamanites. *4 Nephi 1:45*



A righteous man, Ammaron, had the sacred records. The Holy Ghost told him to hide them so they would be safe. *4 Nephi 1:48–49*



Ammaron told Mormon, a 10-year-old boy, where the records were hidden. Ammaron knew he could trust Mormon. *Mormon 1:2–3*



When he was 24, Mormon was to get the plates of Nephi and write on them about his people. *Mormon 1:3–4*





When Mormon was 11, a war started between the Nephites and Lamanites. The Nephites won, and there was peace again.

*Mormon 1:6, 8–12*



But the Nephites were so wicked that the Lord took away the three disciples, which ended the miracles and healings. The Holy Ghost no longer guided the people.

*Mormon 1:13–14*



When Mormon was 15, Jesus Christ visited him. Mormon learned more about the Savior and his goodness.

*Mormon 1:15*



Mormon wanted to preach to the people, but Jesus told him not to because the people were too wicked. Their hearts were set against God.

*Mormon 1:16–17*



Soon another war began. Mormon was large and strong, and the Nephites chose him to lead their army.

*Mormon 2:1*



The Nephites fought the Lamanites for many years. Mormon tried to encourage his people to fight for their families and homes.

*Mormon 2:23*





The Nephites had become so wicked, though, that the Lord would not help them.  
*Mormon 2:26*



Mormon told the Nephites they would be spared only if they repented and were baptized. But the people refused.  
*Mormon 3:2–3*



They bragged about their strength, saying they would kill all the Lamanites. Because of the Nephites' wickedness, Mormon refused to lead them any longer.  
*Mormon 3:9–11*



The Lamanites began defeating the Nephites in every battle. Mormon decided to lead the Nephite armies again.  
*Mormon 4:18; 5:1*



He knew the wicked Nephites would not win the war. They did not repent or pray for the help they needed.  
*Mormon 5:2*

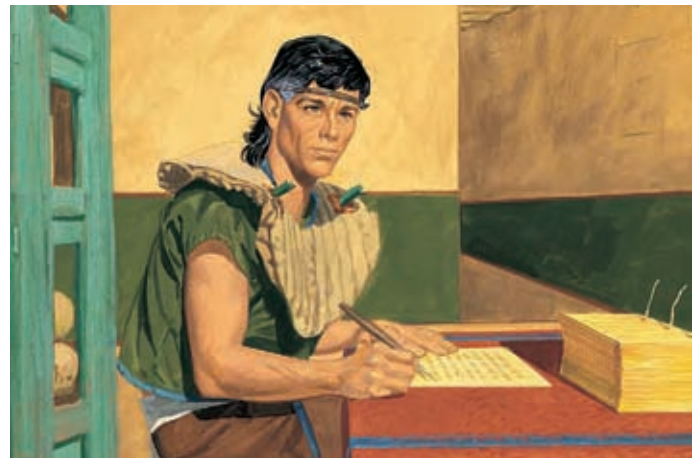


Mormon took all the records from the hill where Ammaron had hidden them and wrote to the people who would one day read the record.  
*Mormon 4:23; 5:9, 12*





He wanted everyone, including the Jews, to know about Jesus Christ, to repent and be baptized, and to live the gospel and be blessed. *Mormon 5:14; 7:8, 10*



The Spirit inspired Mormon to put the small plates of Nephi, which contained the prophecies of Christ's coming, with the plates of Mormon. *Words of Mormon 1:3–7*



Mormon led the Nephites to the land of Cumorah, where they got ready to fight the Lamanites again. *Mormon 6:4*



Mormon was getting old. He knew this would be the last battle. He did not want the Lamanites to find the sacred records and destroy them. *Mormon 6:6*



So he gave the plates of Mormon to his son, Moroni, and hid the rest of the plates in the Hill Cumorah. *Mormon 6:6*



The Lamanites attacked and killed all but 24 Nephites. Mormon had been wounded. *Mormon 6:8–11*





Mormon was sad that so many Nephites had died, but he knew they had died because they had rejected Jesus.  
*Mormon 6:16–18*



Mormon had tried to teach the Nephites the truth. He had told them how important it was to have faith in Jesus Christ.  
*Moroni 7:1, 33, 38*



He had tried to teach them to have hope through Jesus Christ's Atonement and to have charity, which is the pure love of Christ.  
*Moroni 7:40–41, 47*



And Mormon had written letters to his son, Moroni, who had also taught the gospel to the Nephites.  
*Moroni 8:1–2*



Mormon wrote about the terrible wickedness of the Nephites. He told Moroni to stay faithful in Jesus Christ.  
*Moroni 9:1, 20, 25*



The Lamanites killed Mormon and all the Nephites but Moroni, who finished writing the records.  
*Mormon 8:2–3*



# THE JAREDITES LEAVE BABEL

## Chapter 50



Jared and his brother were righteous men who lived in a city called Babel. They lived hundreds of years before the Nephites.  
*Ether 1:33; Genesis 11:9*



Most of the people in Babel were wicked. They built a tower to try to get to heaven. The Lord became angry and changed their language.  
*Genesis 11:4, 7*



Jared asked his brother to pray and ask the Lord not to change the language of their families and friends.  
*Ether 1:34*



The brother of Jared prayed, and the Lord answered his prayer. Jared, his brother, and their families and friends could still understand one another.  
*Ether 1:35–37*



The Lord told the brother of Jared to gather his family and friends and leave the land. They took their animals and all kinds of seeds with them.  
*Ether 1:41–42*





The Lord said he would lead the Jaredites to a promised land.  
*Ether 1:42*



The Jaredites caught birds and fish to take with them.  
*Ether 2:2*



They took swarms of honeybees.  
*Ether 2:3*



The Jaredites traveled in the wilderness. The Lord spoke to them from a cloud and told them which way to go.  
*Ether 2:5*



The Lord said the people who live in the promised land must serve God or they will be destroyed.  
*Ether 2:7-8*



When the Jaredites got to the seashore, they put up their tents. They stayed by the sea for four years.  
*Ether 2:13*





# THE JAREDITES TRAVEL TO THE PROMISED LAND

## Chapter 51



While the Jaredites camped by the sea, the brother of Jared forgot to pray. The Lord came in a cloud to tell him to repent.

*Ether 2:14*



The brother of Jared repented and prayed. The Lord forgave the brother of Jared but said he should not sin anymore.

*Ether 2:15*



The Lord told the brother of Jared to build barges to take his people to the promised land.

*Ether 2:16*



The Lord told the brother of Jared how to build the barges.

*Ether 2:16–17*



The barges were made airtight so no water could get inside.

*Ether 2:17*





The brother of Jared wondered how the people would have air to breathe in the barges. He asked the Lord what he should do. *Ether 2:19*



The Lord told him to make a hole in the top and bottom of each barge. The hole could be opened to let air in and closed to keep water out. *Ether 2:20*



The brother of Jared told the Lord that the barges were dark inside. The Lord asked him to think of a way to have light inside the barges. *Ether 2:22–23*



The light for the barges could not come from fire or from windows because they would break. *Ether 2:23*



The brother of Jared went to a mountain and formed 16 small stones from a rock. The stones looked like clear glass. He made two stones for each of the eight barges. *Ether 3:1*



The brother of Jared carried the stones to the top of a mountain. There he prayed to the Lord. *Ether 3:1*





The brother of Jared asked the Lord to touch the stones so they would give light inside the barges. *Ether 3:4*



The Lord touched each stone with his finger. *Ether 3:6*



Because the brother of Jared had great faith, he saw the finger of the Lord. It looked like a human finger. *Ether 3:6, 9*



Then the Lord showed himself to the brother of Jared. *Ether 3:13*



Jesus said those people who believe in him will have eternal life. *Ether 3:14*



Jesus taught and showed the brother of Jared many things. Jesus told him to write what he had seen and heard. *Ether 3:25–27*





The brother of Jared carried the stones down the mountain. He put one stone in each end of each barge. They gave light inside the barges. *Ether 6:2-3*



The Jaredites went into the barges with their animals and food. The Lord made a strong wind blow the barges toward the promised land. *Ether 6:4-5*



The Lord protected them in the rough sea. They thanked the Lord and sang praises to him. *Ether 6:6-10*



After 344 days on the water, the barges landed on the shore of the promised land. *Ether 6:11-12*



When the Jaredites came out of the barges, they knelt down and cried tears of joy. *Ether 6:12*



The Jaredites built homes and planted crops in the promised land. They taught their children to listen to the Lord and obey his words. *Ether 6:13, 16-18*



# THE DESTRUCTION OF THE JAREDITES

## Chapter 52



The Jaredites grew in number and became rich. They chose a king to be their leader. *Ether 6:18, 22, 27–28*



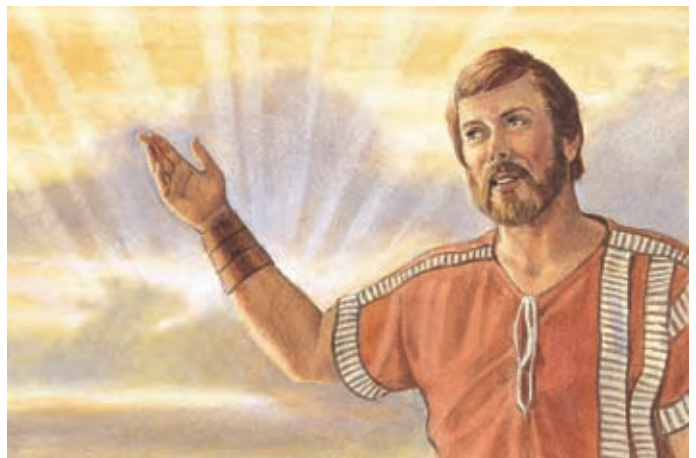
Many years passed, and the Jaredites became wicked. The Lord sent prophets to tell them to repent or they would be destroyed. *Ether 11:1*



The people did not listen to the prophets. They tried to kill them. *Ether 11:2*



There were wars and famines in the land. Many Jaredites died. *Ether 11:7*

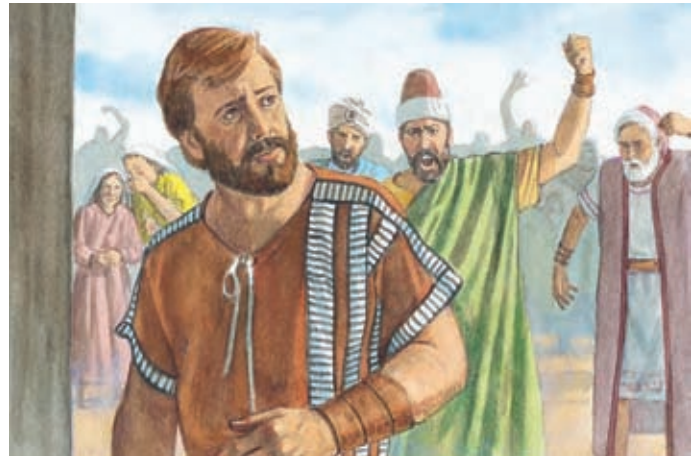


The Lord sent another prophet, named Ether. He preached from morning until evening, telling the Jaredites to believe in God and repent. *Ether 12:2–3*





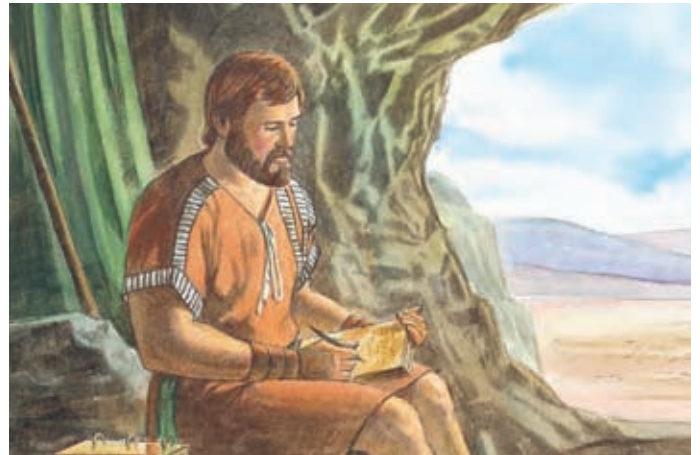
Ether told the Jaredites that if they would believe in God, they would someday live with Heavenly Father in a better world.  
*Ether 12:4*



Ether told the Jaredites many important things, but they did not believe him. They made him leave the city.  
*Ether 12:5; 13:13*



Ether hid in a cave during the day so he would not be killed. At night he went out and saw what was happening to the Jaredites.  
*Ether 13:13–14*



He finished writing the history of the Jaredites while he was hiding.  
*Ether 13:14*



The Lord sent Ether to Coriantumr, who was a wicked Jaredite king. Ether told him to repent or he would live to see all his people killed.  
*Ether 13:16–17, 20–21*



Coriantumr and his people did not repent. He tried to have Ether killed, but Ether ran and hid in the cave.  
*Ether 13:22*





The people were so wicked that the Lord cursed the land. They could not set their tools or swords down because by the next day the objects would be gone. *Ether 14:1*



All the Jaredites fought in the wars, including the women and children. Coriantumr led one army and a man named Shiz led the other. *Ether 14:19–20; 15:15*



Coriantumr and Shiz were both wicked men. The Holy Ghost had left the Jaredites because of their wickedness. Satan had full power over them. *Ether 15:19*



The Jaredites fought until Coriantumr and Shiz were the only ones left. When Shiz fainted from losing so much blood, Coriantumr cut off his head. *Ether 15:29–30*



Ether's prophecy had come true: Coriantumr was the last Jaredite alive. He was found by the people of Zarahemla. *Omni 1:21*



Ether finished writing the history of the Jaredites. They had been destroyed because of their wickedness. The Jaredite records were later found by the Nephites. *Ether 15:33*



# Travels of the Jaredites



② The Jaredites build boats.



① The people of Babel build a tower.





3 The Jaredites travel across the sea.



4 The Jaredites arrive in America.



# MORONI AND HIS TEACHINGS

## Chapter 53



After Mormon died, Moroni was alone. He finished the records his father had given him. *Mormon 8:1, 3*



Moroni knew the gold plates would one day be taken out of the ground. *Mormon 8:16*



The words on the gold plates tell about Jesus Christ. They bear testimony and teach people how to live righteously. *Mormon 9:11–12, 27*



The wicked Lamanites killed every Nephite who would not deny Jesus Christ. *Moroni 1:2*



Moroni would never deny Jesus Christ. He moved around, hiding from the Lamanites. *Moroni 1:3*





Moroni wrote more on the gold plates, especially to the Lamanites of the latter days. *Moroni 1:4*



He wrote many important things, including the words of the sacrament prayers. *Moroni 4; 5*



Moroni wrote that the only people who can be baptized are those willing to repent of their sins and serve Jesus Christ. *Moroni 6:1–3*



Moroni wanted everyone to believe in Jesus Christ and come to know him. He said everything good comes from Christ. *Moroni 10:18, 30*



Moroni wrote that if people love God and follow him, they can become perfect. *Moroni 10:32*



Moroni knew that after he died he would be resurrected and would live with Heavenly Father and Jesus Christ. *Moroni 10:34*



# THE PROMISE OF THE BOOK OF MORMON

## Chapter 54



**B**efore Moroni buried the plates for the last time, he wrote a promise to the Lamanites and to anyone else who would read the records.

*Moroni 10:1–2*



He told people to read the records, really think about them, and then ask Heavenly Father if they are true.

*Moroni 10:3–4*



Moroni promised that if people would ask sincerely, with faith in Christ, the Holy Ghost would help them know the records are true.

*Moroni 10:4–5*



Moroni wrote that if people repent, follow Jesus Christ, and love Heavenly Father, they can become perfect.

*Moroni 10:32*



When Moroni finished writing on the gold plates, he hid them in a stone box in the Hill Cumorah and covered the box with a big rock. His mortal work was finished.

*Mormon 8:4; Joseph Smith—History 1:52*



# WORDS TO KNOW

## A



**altar**

**altar** a sacred, raised area of dirt or rocks on which prayers or sacrifices are offered to God

**angel** a messenger from God



**armor**

**armor** a covering that soldiers wear to protect themselves in battle

**army** a group of soldiers prepared to fight



**arrow**

**arrow** a weapon with a sharp end used in hunting or war

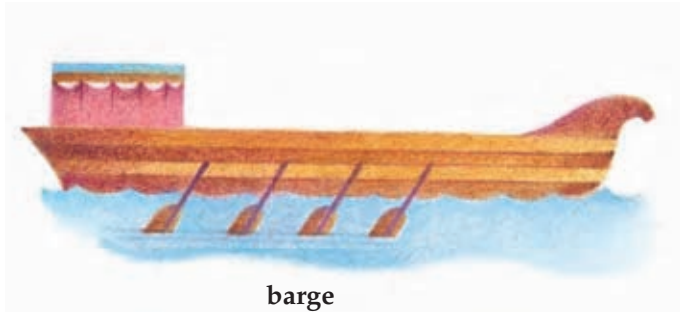
## B



**baptism**

**baptism** an ordinance in which a person with authority from God places another person entirely beneath water and lifts the person back out. Baptism is required to become a member of Jesus Christ's Church.





**barge**

**barge** a large boat used to carry people or supplies

**believe** to feel or know that something is right

**bless** to give a person something that will benefit him or her. To bless the sacrament is to ask God to accept the bread and water as symbols of Jesus Christ.

**blind** unable to see

**bondage** to not be free, to have to work all day for someone else's benefit



**bow**

**bow** a long stick with a string attached at each end that is used to launch arrows



**brass plates**

**brass plates** a record of God's commandments and dealings with Lehi's ancestors

**build** to make or construct something

## C

**captain** a leader of an army



**club**

**club** a weapon used to hit animals or people

**commandment** something God tells his people to do so they will be happy

**covenant** a promise between God and a person

**crucify** to put to death by nailing a person to a cross

## D

**deaf** unable to hear

**destroy** to completely end or ruin something, such as a city or a life

**disciple** a person who follows Jesus and tries to be like him

**dream** a story that goes on in a person's mind when he or she is asleep

**drunk** a loss of control from drinking too much alcohol

## E

**escape** to get away from a person

**eternal life** to live forever with God

**evil** something that is bad

## F

**faith** to believe in Jesus Christ

**faithful** to continue obeying the commandments

**famine** a lack of food caused by no rain falling and no crops being able to grow



**fast** to go without food or water while seeking spiritual help

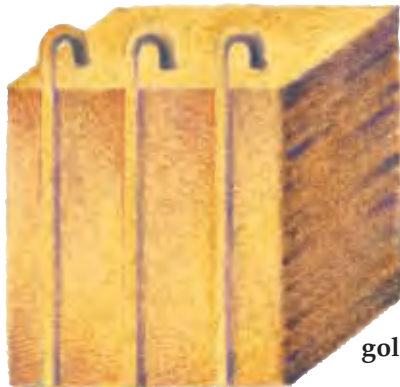
**filled with the Holy Ghost** to have the Holy Ghost tell a person's mind and heart what is true

**forgive** to forget the bad things a person has done and love the person

**freedom** to be able to make choices

## G

**glad tidings** messages of hope and comfort sent from God



gold plates

**gold plates** a record written on thin sheets of gold. Moroni hid these in the Hill Cumorah, and Joseph Smith later uncovered them.

**gospel** the teachings of Jesus Christ

**Great Spirit** the Lamanite name for God

## H

**heal** to make a sick or hurt person better or whole

**heaven** the place Heavenly Father and Jesus Christ live

**humble** being teachable and seeking to do God's will

## I

**idol** something people worship that is not of God

**iron rod** a symbol in Lehi's dream that represents the word of God

## J

**join** to become part of a group

**judge** a leader who decides what the laws mean or how people should keep them

**judgment-seat** a position in the Nephite government that the chief judge held

## K

**king** a leader over a group of people

## L

**leader** a person who guides a group of people



Liahona

**Liahona** a brass ball that God gave Lehi's family to show them the way to go in the wilderness. It worked only when Lehi's family was righteous.

**liberty** freedom to make choices

## M

**member** a person who belongs to a church or group

**miracle** an unusual event or happening that shows the power of God

**missionary** a person who teaches others the gospel of Jesus Christ

## O

**obey** to do what has been asked or commanded



ordain

**ordain** to give priesthood power and authority

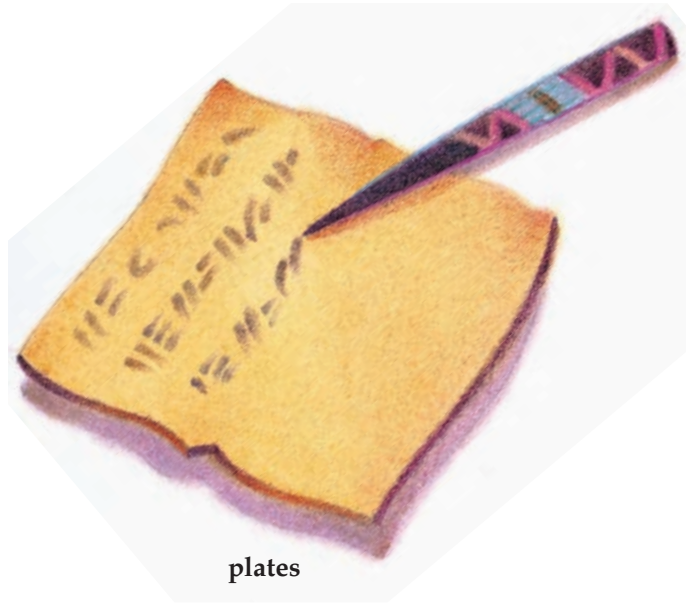


**ordinance** a sacred ceremony or act that has spiritual meanings, such as baptism or the sacrament

## P

**peace** a calm feeling or a time without war

**persecute** to say false things about someone to try and hurt them



plates

**plates** thin sheets of metal on which people wrote the teachings of God and the histories of people

**plot** to devise a wicked plan against someone

**power** a force of good or evil, often a special help or strength from God

**pray** to talk to God, giving thanks and asking blessings

**priesthood** the authority to act in God's name

**prison** a place used to hold people who have committed a crime

**promise** a pledge or commitment to do or be something

**prophecy** to describe an event before it happens

**prophet** a person called by God to tell people God's will

**punish** to cause or allow bad things to happen to a person. People are often punished when they do not obey God.

## R

**rebel** to disobey or go against the commandments

**repent** to feel sorry for an action or a thought and promise not to repeat it

**resurrect** to bring someone or something back to life

**righteous** something that is of God. Righteous people are those who follow God's commandments.

**robe** a long, flowing covering

## S

**sacrament** an ordinance in which men who have the priesthood bless and pass bread and water to other people. The sacrament reminds people of Jesus Christ.

**sacrifice** to give up something precious for God

**scalp** to cut off the top of a person's head

**servants** people who serve or work for someone such as a king

**shield** a part of the armor that protects a soldier's upper body against swords or other weapons

**sin** to break a commandment

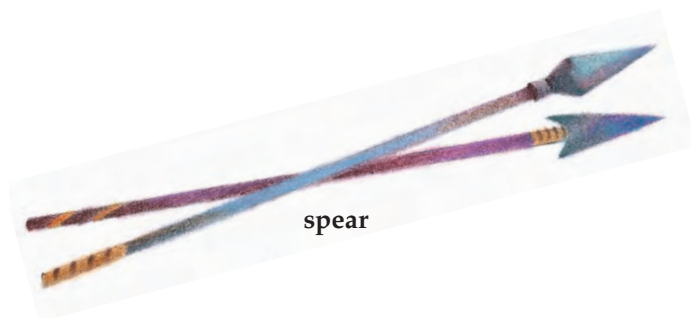
**slaves** people who are forced to work for other people



sling

**sling** a weapon used to throw rocks

**soldier** a person who fights in an army



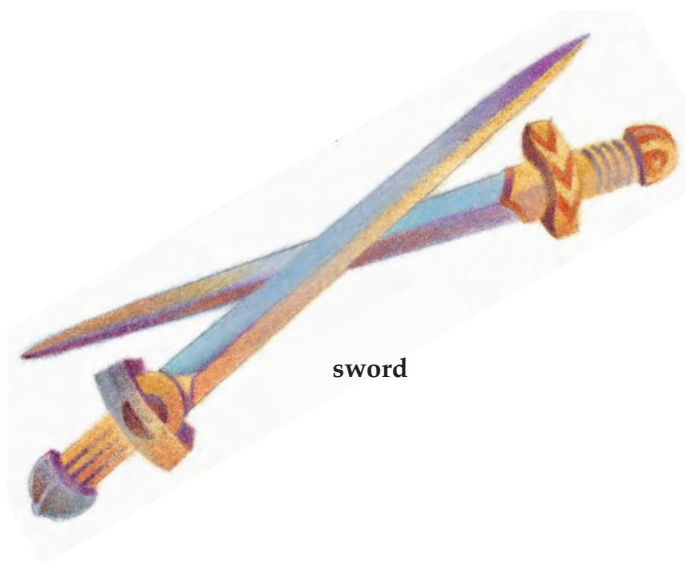
spear

**spear** a sharp, pointed stick used to stab

**steal** to take something that belongs to someone else



**stone** to throw rocks at a person until he or she dies



**sword**

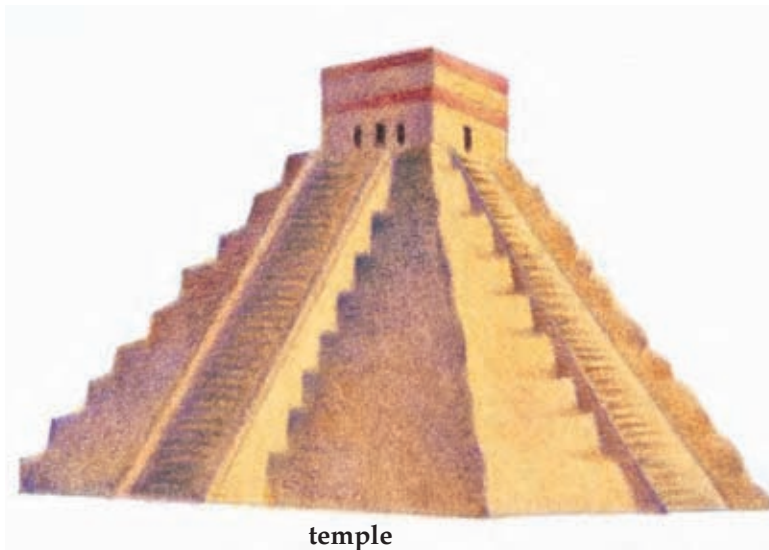


**title of liberty**

**sword** a long, metal blade used to cut or pierce

**synagogue** a type of building where people gather to worship God

## T



**temple**

**temple** God's house

**testimony** a feeling or witness that the gospel is true

**title of liberty** a message Captain Moroni wrote encouraging his people to defend their freedom

**tower** a tall building or platform people can stand on

**translate** to change words from one language to another

**tree of life** a tree in Lehi's dream that represents the love of God



**tower**

**true** something that really happened or that is good or right

## U

**understand** to know or comprehend an idea

**Urim and Thummim** special instruments God gives to prophets to help them translate and receive revelation



# V

**valiant** knowing and defending what is right

**vision** a form of revelation

# W

**war** a battle between enemies or opposing armies

**weapon** something used to hurt or kill other people,  
such as a sword or spear

**wicked** something that is not of God. A wicked person  
loves Satan and does not keep God's commandments.

**wilderness** an empty stretch of land that is without  
cities or people

**worship** to adore or follow a person or thing



# PEOPLE TO KNOW

**Aaron** a son of King Mosiah and a missionary to the Lamanites

**Abinadi** a prophet sent to teach King Noah, who had Abinadi burned to death

**Adam** the first man on earth

**Alma** a priest of King Noah who believed Abinadi's teachings and later became the leader of the Church

**Alma the Younger** Alma's son who rebelled and tried to destroy the Church but had a change of heart and began teaching the gospel. He became the leader of the Church and the first chief judge.

**Amalickiah** a wicked man who wanted to be king of the Nephites but would have taken away the people's freedom. When he did not become king, he left to join the Lamanites.

**Amlici** a wicked man who wanted to be king of the Nephites. When he did not become king, he and his followers left, attacked the Nephites, and then joined the Lamanites.

**Amlicites** followers of Amlici. They put a red mark on their foreheads and joined the Lamanites.

**Ammaron** a righteous man who gave Mormon the records so they would be safe

**Ammon<sup>1</sup>** the leader of a group of Nephites from Zarahemla who went to the land of Nephi and helped Nephites there escape

**Ammon<sup>2</sup>** one of Mosiah's sons who protected King Lamoni's flocks from robbers. He taught and converted many Lamanites during his mission.

**Ammon, people of** Lamanites converted by the sons of Mosiah. The people buried their weapons and covenanted never to fight again.

**Amulek** a missionary companion of Alma the Younger. They were put in prison but used the power of God to make the prison walls fall.

**Amulon** a wicked priest of King Noah who was made ruler over Alma's people. He made them work very hard and threatened to kill anyone caught praying.

**Anti-Nephi-Lehies** (see Ammon, people of)

**Benjamin, King** a righteous king who stood on a tower to teach his people about Jesus Christ

**brother of Jared** a prophet who asked Jesus to touch 16 stones so they would give light in the barges that the Jaredites used to travel to the promised land

**Corianton** a son of Alma the Younger who was not a faithful and righteous missionary

**Coriantumr** a wicked king who was the last Jaredite alive

**Enos** a son of Jacob who prayed all day and into the night. He prayed for the Nephites and the Lamanites.

**Ether** a prophet who warned the Jaredites to repent and wrote about their destruction

**Eve** the first woman on earth

**freemen** Nephites who wanted the freedom to live and worship as they chose. They were ruled by judges, not by a king.

**Gideon** a righteous Nephite who defended the Church when Nehor began teaching the people lies. Nehor killed him.

**Hagoth** a Nephite ship builder who took many Nephites to a land in the north

**Helaman** the oldest son of Alma the Younger. He was given the plates and told to write the history of his people. He was also the leader of the 2,000 young warriors.

**Himni** a son of King Mosiah and a missionary to the Lamanites

**Ishmael** a man from Jerusalem who traveled to the promised land with Lehi's family. His daughters married Lehi's sons.

**Jacob** Lehi and Sariah's son. He confronted Sherem, who said Christ does not exist.

**Jaredites** followers of Jared and his brother who left Babel and traveled to the promised land in barges

**Joseph** a righteous son of Lehi and Sariah who was born in the wilderness

**Joseph Smith Jr.** a latter-day prophet who translated the Book of Mormon from the gold plates

**king-men** Nephites who wanted to be ruled by a king, not by judges. When they could not have a king, they joined the Lamanites and attacked the Nephites.

**Korihor** a wicked man who wanted a sign to prove God lives. God gave Korihor a sign by taking away his voice.

**Laban** a wicked man in Jerusalem who would not give the brass plates to Lehi's sons

**Laman** the oldest son of Lehi and Sariah. He was wicked and rebelled against God.

**Laman, King** a wicked Lamanite king who gave Zeniff and his Nephite followers two cities but then attacked them

**Lamanites** descendants or followers of Laman and Lemuel or people who rejected the gospel

**Lamoni, King** a Lamanite king who was taught the gospel and believed. Ammon<sup>2</sup> protected the king's flocks from robbers.

**Lamoni, father of King** a Lamanite king who was taught the gospel and believed. He said he would give away all his sins to know God.



**Lehi<sup>1</sup>** a prophet who warned that Jerusalem would be destroyed. He listened when God told him to take his family into the wilderness.

**Lehi<sup>2</sup>** the son of Helaman. He and his brother, Nephi, were thrown into prison and encircled by fire.

**Lemuel** a wicked son of Lehi and Sariah

**Limhi, King** a good son of wicked King Noah. He and his people were slaves of the Lamanites but escaped.

**Mary** the mother of Jesus

**Mormon** a leader of the Nephite armies and one of the last Nephite prophets. He compiled the Book of Mormon.

**Moroni** Mormon's son and the last Nephite prophet. He buried the gold plates and later appeared to Joseph Smith as an angel.

**Moroni, Captain** a righteous leader of the Nephite army. He made the title of liberty and told his army to fight for their freedom.

**Mosiah, King** the last Nephite king. He had four sons.

**Nehor** a wicked man who argued boldly against God's Church. He killed Gideon and was put to death.

**Nephi<sup>1</sup>** a righteous son of Lehi and Sariah. He got the brass plates from Laban and built the ship that took his family to the promised land.

**Nephi<sup>2</sup>** the son of Helaman. He and his brother, Lehi, were thrown into prison and encircled by fire. Nephi caused a famine to teach the people to repent.

**Nephi<sup>3</sup>** a righteous man chosen by Jesus Christ to be a disciple and leader of the Church

**Nephites** followers of Nephi or people who accepted the gospel

**Noah, King** a wicked Nephite king who loved riches and taught his people to be wicked. His own people burned him to death.

**Omner** a son of King Mosiah and a missionary to the Lamanites

**Pahoran** a chief judge of the Nephites who helped Captain Moroni defeat the wicked Nephites

**Sam** a righteous son of Lehi and Sariah

**Samuel the Lamanite** a prophet who prophesied to the Nephites about the signs of Jesus Christ's birth and death

**Sariah** Lehi's<sup>1</sup> wife

**Seantum** the brother and murderer of Seezoram

**Seezoram** a chief judge who was murdered by his brother

**Sherem** a wicked Nephite who wanted a sign before he would believe in Jesus Christ

**Shiz** a wicked Jaredite who led an army against Coriantumr and was one of the last Jaredites alive

**sons of Mosiah** King Mosiah's sons: Aaron, Ammon<sup>2</sup>, Himni, and Omner, who were valiant missionaries to the Lamanites

**two thousand young warriors** an army of young Ammonite men led by Helaman. They fought so that their parents, who had covenanted not to fight, did not have to.

**Zeezrom** a lawyer who offered Amulek money to say God does not exist. Alma the Younger taught him the gospel, and he repented.

**Zeniff** a righteous leader who took a group of Nephites from Zarahemla to the land of Nephi, where they became slaves of wicked King Laman

**Zerahemnah** a Lamanite leader who fought the Nephites and wanted them to be his slaves. He was scalped in a battle against Captain Moroni's army.

**Zoram** a servant of Laban who traveled with Lehi's family to the promised land

**Zoramites** wicked people who once belonged to God's church. They prayed inside synagogues on a stand called a Rameumptom.



# PLACES TO KNOW

**America** the promised land God directed Lehi's family and the Jaredites to

**Ammonihah** a city of wicked people who would not listen to Alma the Younger and Amulek

**Babel** a city where wicked people built a tower so they could climb to heaven

**Bethlehem** a city near Jerusalem where Jesus Christ was born

**Bountiful**<sup>1</sup> the place Lehi's family camped after traveling in the wilderness for eight years. From here they traveled to the promised land.

**Bountiful**<sup>2</sup> the place Jesus Christ came to when he visited the Nephites

**Hill Cumorah** the place where Moroni buried the gold plates and Joseph Smith later uncovered them

**Jershon** the land the Nephites gave the people of Ammon

**Jerusalem** the city where Lehi prophesied to the wicked and the place where Jesus Christ taught and was crucified

**Nephi** the city that Nephi and his people built after they left Laman and Lemuel and their followers

**promised land** any land God leads his chosen people to. He led Lehi's family and the Jaredites to a promised land.

**Sidom** the land where Alma the Younger established the Church. It became the new home of the righteous people who left Ammonihah.

**Waters of Mormon** the place where Alma baptized the converted Nephites who had left King Noah

**Zarahemla** a major Nephite city that was the government and Church center. King Mosiah and King Benjamin lived here. The city was burned at Jesus' death.



# Book of Mormon People



THE BROTHER OF JARED (CHAPTER 51)



KING BENJAMIN (CHAPTER 12)



ABINADI AND KING NOAH (CHAPTER 14)



ALMA THE YOUNGER (CHAPTER 18)

2200 B.C.	600 B.C.	500 B.C.	400 B.C.	300 B.C.	200 B.C.	150 B.C.
THE BROTHER OF JARED	LEHI SARIAH	LAMAN LEMUEL SAM NEPHI	JACOB  ENOS	ETHER	ABINADI NOAH ZENIFF	BENJAMIN ALMA LIMHI MOSIAH



LEHI (CHAPTER 6)



NEPHI, SAM, LAMAN, LEMUEL (CHAPTER 4)



ALMA (CHAPTER 15)





CAPTAIN MORONI (CHAPTER 32)



JESUS CHRIST (CHAPTER 43)



JOSEPH SMITH (CHAPTER 1)

100 B.C.

0

A.D. 100

A.D. 400

A.D. 1800

ALMA THE YOUNGER  
AMMON  
LAMONI

HELAMAN  
CAPTAIN  
MORONI

NEPHI  
SAMUEL THE  
LAMANITE

JESUS  
CHRIST

THE THREE  
NEPHITES

MORMON

JOSEPH  
SMITH



AMMON AND KING LAMONI (CHAPTER 23)



SAMUEL THE LAMANITE (CHAPTER 40)



MORMON (CHAPTER 49)



MORONI (CHAPTER 54)



# INDEX

## A

Aaron 53, 69–72  
Abinadi 39–41  
Adam, brass plates tell of 12  
Alma  
    baptizes at the Waters of Mormon 43  
    becomes leader of the Church 49  
    believes Abinadi's teachings 41  
    escapes from King Noah 41, 44  
Alma, people of 44  
Alma the Younger  
    angel appears to 50  
    becomes chief judge 54  
    becomes leader of the Church 54  
    fights against the Church 49–50  
    in prison with Amulek 62  
    repents 51–52  
    teaches about faith 81  
    teaches his sons 82–84  
    teaches the gospel 52, 58–60, 78–81  
altar 6  
Amalickiah 89–90, 92  
Aminadab 101  
Amlici 56  
Amlicites 56–57  
Ammaron 138  
Ammon<sup>1</sup> 45  
Ammon<sup>2</sup> 53, 64–70  
Ammon, people of 73–74, 80, 93–94  
Ammonihah 58  
Amulek 58–63  
Amulon 48  
angel  
    appears to Nephi and his brothers 10  
    chastises Alma the Younger and the sons of Mosiah 50  
    Moroni teaches Joseph Smith 3–4  
    tells Alma to return to Ammonihah 58  
angels  
    comfort the Lamanites 102  
    encircle the Nephite children 125  
    minister to Jesus' disciples 128  
anti-Christ (*see* Sherem, Nehor, Korihor)  
Anti-Nephi-Lehies (*see* Ammon, people of)  
armor  
    Nephi puts on Laban's 11  
    of Nephites 85  
arms, Ammon cuts off robbers' 66  
  
B  
Babel, Tower of 143  
baptism (*see also* Alma; Lamoni, King; Nephi<sup>2</sup>; Nephi<sup>3</sup>; Zeezrom)  
    Christ's disciples baptize 130, 133, 136  
    Moroni explains who can be baptized 155  
barges (*see also* ship) 145–46, 148

Benjamin, King 32–35  
Bountiful, land of 15  
bow of Nephi 14  
brass plates 8–12  
brother of Jared 143, 145–48  
building in Lehi's dream 19–20  
burn to death  
    Abinadi 41  
    King Noah 42  
    women and children 61  
bury weapons, people of Ammon 73

## C

chief judge  
    Alma becomes the first 54  
    Alma steps down as 58  
    king-men reject 91, 96  
    murder of 105–7  
children, Christ blesses the 124–25  
church  
    what to name 131  
    which to join 2–3  
Corianton 83–84  
Coriantumr 150–51  
covenant 35, 73, 93  
crucify 33  
Cumorah (*see* Hill Cumorah)  
curse 26, 151

## D

darkness 18–20, 100–1, 112, 118–19  
disciples 122, 126–33, 136  
dream 5–6, 18–20 (*see also* vision)

## E

Enos 30–31  
Ether 149–51  
Eve, brass plates tell of 12

## F

faith  
    Alma the Younger teaches about 81  
    brother of Jared sees the Lord's finger because of his 147  
    Enos is forgiven because of his 30  
    Liahona works by 14, 23–24  
    Nephi shows faith in obtaining brass plates 8–10  
    prison walls fall because of Alma's and Amulek's 62  
    two thousand young warriors have 94  
famine 109–10  
finger of Jesus Christ 147  
First Vision 2–3  
flocks of King Lamoni 64–65  
free, freedom 44, 85, 89–92, 97  
freemen 91



## G

Gadianton robbers 110

Gideon 54

gold plates 3–4

## H

Hagoth 98

Heavenly Father 2

Helaman 82–83, 93–94, 99

Hill Cumorah 3, 141, 156

Himni 53

Holy Ghost

filled with the 28, 34, 40, 68, 79, 101

listening to the 11

receiving the 34–35, 126–30, 136

stops guiding 139, 151

## I

idols 78

iron rod 19–20

Ishmael, land of 64

Ishmael and his family 13, 15

## J

Jacob 15, 27–29

Jared 143

Jaredites 143–44, 148–51

Jershon 74, 85–86

Jerusalem 5–6, 8, 13

Jesus Christ

appears 2–3, 7, 121, 128, 131, 139, 147

blesses the children 124–25

coming of is prophesied 5, 33, 40, 111–13

as example 131

heals 123

ordains his disciples 122

prays 124–25, 129

as Savior 33, 122

signs of birth 112, 115–16

signs of death 112, 117–19

teaches the Nephites 122–23, 126–27, 130–31

Joseph, brother of Nephi 15

Joseph Smith Jr. 2–4

judges (*see* chief judge)

## K

king 44, 91

king-men 91–92, 96

Korihor 75–77

## L

Laban 8–11

Laman 6–10, 15, 21–24, 26

Lamanites

attack the Nephites 36–37, 42, 57, 86, 139–41

attack the people of Ammon 74, 94–95

break off from the Nephites 26, 138

curse of 26

join the Church 73

repent 73, 102

righteousness of 102, 111, 136–37

wickedness of 138–39, 154

Laman, King 36–37

Lamoni, father of King 69–72

Lamoni, King 64, 66–70

Lehi<sup>1</sup>

dreams of 5–6, 18–20

finds the Liahona 14

told to leave Jerusalem 6

travels in the wilderness 6–7, 13–15

warns Jerusalem to repent 5

Lehi<sup>2</sup> 99–102

Lemuel 6–8, 10, 15, 21–24, 26

Liahona 14, 23–24

liberty (*see also* free, freedom) 89–90

light for the Jaredites' barges 147–48

Limhi, King 45–46

## M

Mary, name revealed in prophecy 33

missionary 53, 78

Mormon 138–42

Moroni 3–4, 141–42, 154–56

Moroni, Captain 85–90, 92, 95–97

Mosiah, King 32, 35, 49, 53

mothers of 2,000 young warriors 94

## N

Nehor 54–55

Nephi<sup>1</sup>

to be leader over his brothers 7, 10

breaks bow 14

brothers tie up 23–24

builds a ship 21–22

Jesus Christ visits 7

kills Laban 11

leads the Nephites 26

returns to Jerusalem for the brass plates 8–12

son of Lehi and Sariah 6

Nephi<sup>2</sup> 99–110, 112–14

Nephi<sup>3</sup> 114–16, 122

Nephi, city and land of 26, 36–37, 71, 99

Nephihah 58

Nephites

attack other Nephites 42, 57, 92, 97, 110

attack the Lamanites 97, 139–41

become slaves of the Lamanites 42, 45, 47–48

break off from the Lamanites 26

group goes with Zeniff 36

group joins the Lamanites 57, 90, 96

repent 34, 77

righteousness of 26, 55, 136–37

wickedness of 38–39, 55, 58, 82, 103–4, 138–40

night without darkness 112, 115–16

Noah, King 38–42



## O

obey, obedience 11–12, 130  
Omner 53

## P

Pahoran 91, 95–97  
plates  
    brass 8–12  
    gold 3–4, 154–56  
    of Jaredites 151  
    of Mormon 140–42  
    of Nephi 25, 27, 30–31, 83, 138, 141  
pray  
    for forgiveness 3, 30, 34, 68, 145  
    for help 18, 53, 74, 79, 86  
    for knowledge or guidance 2–3, 7, 21–22, 53  
    for other people 5, 30–31, 49, 51, 129  
    for protection 89–90  
    to receive the Holy Ghost 128–29  
    for strength 37, 57, 62  
priesthood 122  
prison  
    Nephi and Lehi protected in 99–102  
    walls fall for Alma and Amulek 62  
promised land 25, 144, 148

## Q

queen  
    of King Lamoni 68  
    of King Lamoni's father 72

## R

Rameumptom 78  
records (*see* plates)  
repentance  
    of Alma the Younger 52  
    of King Lamoni 68  
    of King Lamoni's father 72  
riches 39, 55, 79  
robbers 64–66, 110

## S

sacrament 126, 129–30, 155  
Sam 6–8, 10  
Samuel the Lamanite 111–13  
Sariah 6, 15, 23  
scalped, Zerahemnah is 88  
Seantum 107  
seed as word of God 81  
Seezoram 105–6  
Sherem 27–29  
Shiblon 83  
ship (*see also* barges) 21–24, 98  
Shiz 151  
Sidom 63  
Sidon, river of 86

## sign

    of Jesus Christ's birth 112, 115–16  
    of Jesus Christ's death 112, 117–19  
    Korihor asks for a 76  
    Sherem asks for a 28–29  
Smith Jr., Joseph 2–4  
sons of Mosiah 49–53, 64, 73  
Spirit of God (*see* Holy Ghost)  
star 112, 116  
stones, Jesus Christ touches 146–48  
sword of Laban 11  
synagogue 78

## T

title of liberty 89–90, 97  
tower  
    of Babel 143  
    King Benjamin's 32  
    Rameumptom 78  
translate 3–4  
tree of life 18–20  
two thousand young warriors 93–94

## U

Urim and Thummim 4

## V

vision 2–3, 5–6, 18–20  
voice 100, 102, 119–20

## W

Waters of Mormon 43  
weapons  
    buried by people of Ammon 73  
    Lamanites give to Captain Moroni 87–88  
white fruit 18–20  
wilderness, traveling in 6–7, 13–15, 144

## Z

Zarahemla 75, 96, 103, 111, 118  
Zeezrom 60–61, 63  
Zeniff 36–38  
Zerahemnah 85–88  
Zoram 11–12  
Zoramites 78–80, 83–84











