

OCT. '18

General Conference
NOTEBOOK

YOUR GUIDE TO PREPARE FOR AND LEARN FROM GENERAL CONFERENCE

A SUPPLEMENT TO THE *NEW ERA*

DON'T LEAVE HOME WITHOUT IT!

Make sure to keep track of this notebook so you can study the words of Church leaders and add your personal notes during seminary and Church classes.

WATCH IT LIVE!

SATURDAY, OCTOBER 6

MORNING SESSION:
10AM MDT

AFTERNOON SESSION:
2PM MDT

GENERAL WOMEN'S SESSION:
6PM MDT

SUNDAY, OCTOBER 7

MORNING SESSION:
10AM MDT

AFTERNOON SESSION:
2PM MDT

FOR THE FIRST

time the general women's session will be held following the Saturday morning and afternoon sessions!

NEED MORE COPIES?

You can download and print this notebook at newera.lds.org.

MY CONFERENCE NOTEBOOK

SHARE YOUR NOTES

Use the hashtag [#ldsconf](https://twitter.com/ldsconf).

Send a direct message to [@LDSyouth](https://www.instagram.com/LDSyouth) on Instagram.

Email them to newera@ldschurch.org.



WAYS TO PARTICIPATE

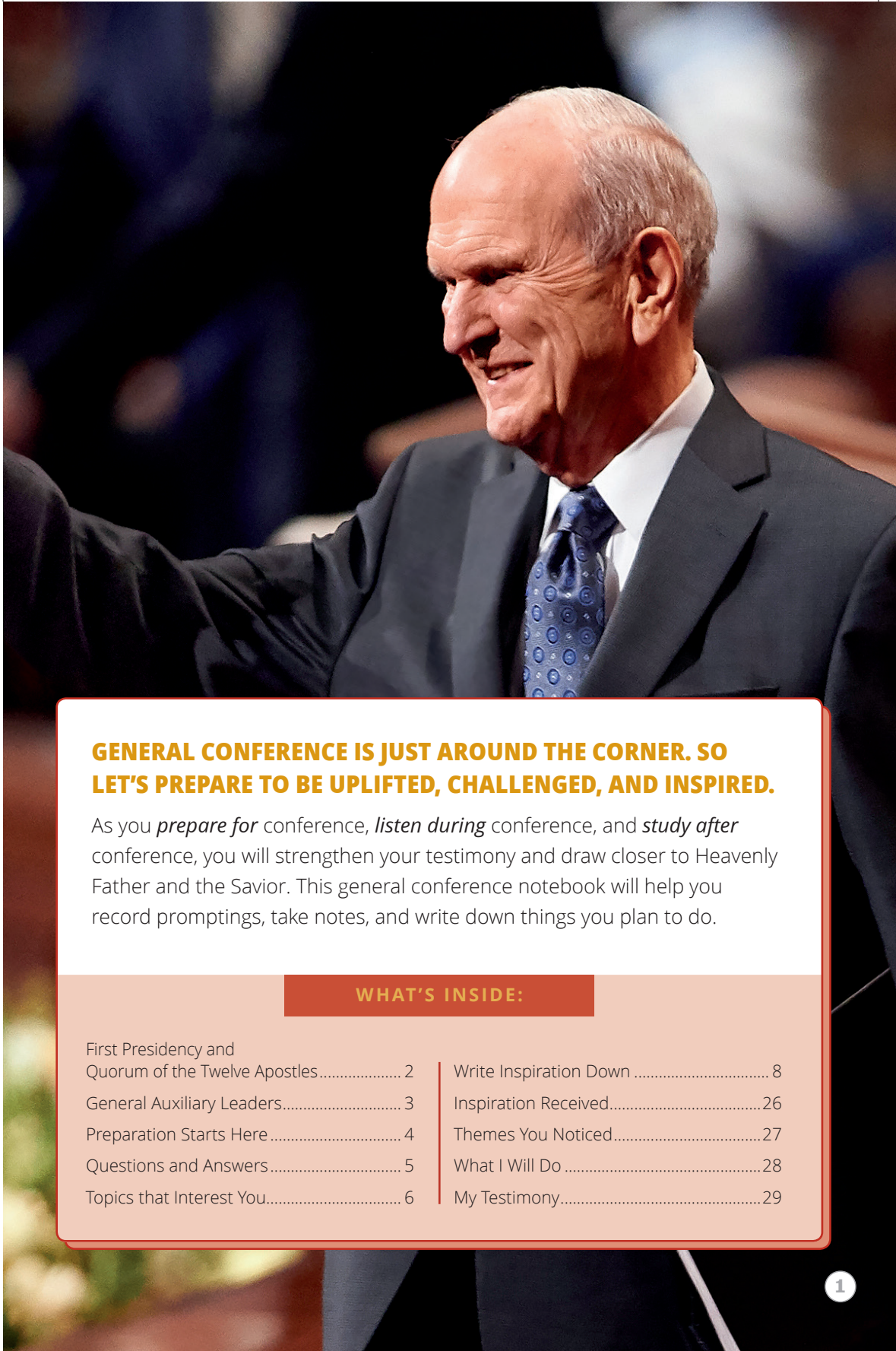
lds.org; Mormon Channel on YouTube, website, or app; BYUtv; at the Conference Center

conference.lds.org

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COVER BACKGROUND AND POINTING HAND
ILLUSTRATION FROM GETTY IMAGES



GENERAL CONFERENCE IS JUST AROUND THE CORNER. SO LET'S PREPARE TO BE UPLIFTED, CHALLENGED, AND INSPIRED.

As you *prepare for* conference, *listen during* conference, and *study after* conference, you will strengthen your testimony and draw closer to Heavenly Father and the Savior. This general conference notebook will help you record promptings, take notes, and write down things you plan to do.

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THE FIRST PRESIDENCY

Sustained January 14, 2018.



**PRESIDENT
DALLIN H. OAKS**
1st Counselor

sustained as an Apostle: 1984



**PRESIDENT
RUSSELL M. NELSON**

President of the Church

sustained as an Apostle: 1984



**PRESIDENT
HENRY B. EYRING**
2nd Counselor

sustained as an Apostle: 1995

THE QUORUM OF THE TWELVE APOSTLES



**PRESIDENT
M. RUSSELL BALLARD**
sustained: 1985



**ELDER
JEFFREY R. HOLLAND**
sustained: 1994



**ELDER
DIETER F. UCHTDORF**
sustained: 2004



**ELDER
DAVID A. BEDNAR**
sustained: 2004



**ELDER
QUENTIN L. COOK**
sustained: 2007



**ELDER
D. TODD CHRISTOFFERSON**
sustained: 2008



**ELDER
NEIL L. ANDERSEN**
sustained: 2009



**ELDER
RONALD A. RASBAND**
sustained: 2015



**ELDER
GARY E. STEVENSON**
sustained: 2015



**ELDER
DALE G. RENLUND**
sustained: 2015



**ELDER
GERRIT W. GONG**
sustained: 2018



**ELDER
ULISSES SOARES**
sustained: 2018

What do General Auxiliary leaders do?

General Auxiliary leaders have the specific responsibility to oversee the organizations and programs for the members they are called to serve. They travel the world training local leaders and working with them to learn more about their communities and the needs of the people. They also get to know the members by making individual home visits. General Auxiliary leaders represent their auxiliary members by serving on Church leadership councils, executive committees, and boards. They also contribute ideas to Church messaging and help review Church materials, such as *Come Follow Me*. These faithful leaders work hard to make sure the needs of all of God's children are met.

YOUNG WOMEN GENERAL PRESIDENCY



SISTER
MICHELLE D. CRAIG
1st Counselor



SISTER
BONNIE H. CORDON
President



SISTER
BECKY CRAVEN
2nd Counselor

YOUNG MEN GENERAL PRESIDENCY



BROTHER
DOUGLAS D. HOLMES
1st Counselor



BROTHER
STEPHEN W. OWEN
President



BROTHER
M. JOSEPH BROUGH
2nd Counselor

RELIEF SOCIETY GENERAL PRESIDENCY



SISTER
SHARON L. EUBANK
1st Counselor



SISTER
JEAN B. BINGHAM
President



SISTER
REYNA I. ABURTO
2nd Counselor

PRIMARY GENERAL PRESIDENCY



SISTER
LISA L. HARKNESS
1st Counselor



SISTER
JOY D. JONES
President



SISTER
CRISTINA B. FRANCO
2nd Counselor

SUNDAY SCHOOL GENERAL PRESIDENCY



BROTHER
DEVIN G. DURRANT
1st Counselor



BROTHER
TAD R. CALLISTER
President



BROTHER
BRIAN K. ASHTON
2nd Counselor

- 
- REVIEW MY NOTES FROM LAST CONFERENCE.
 - PRAY FOR THE CONFERENCE SPEAKERS.
 - WRITE DOWN QUESTIONS I WANT TO HAVE ANSWERED.
 - IDENTIFY TOPICS I'M INTERESTED IN.

Preparation **STARTS HERE.**

General conference is a great way to get inspiration and guidance. You'll have an even better experience when you prepare in advance to receive personal revelation. Start preparing!

Q&A:

It's hard to get answers when we don't ask questions. So let's brainstorm! Think about what questions you have in your life. What do you want to understand a little better? Write them down. Then record your answers and impressions during conference.

MY QUESTION:

ANSWER:

MY QUESTION:

ANSWER:

MY QUESTION:

ANSWER:

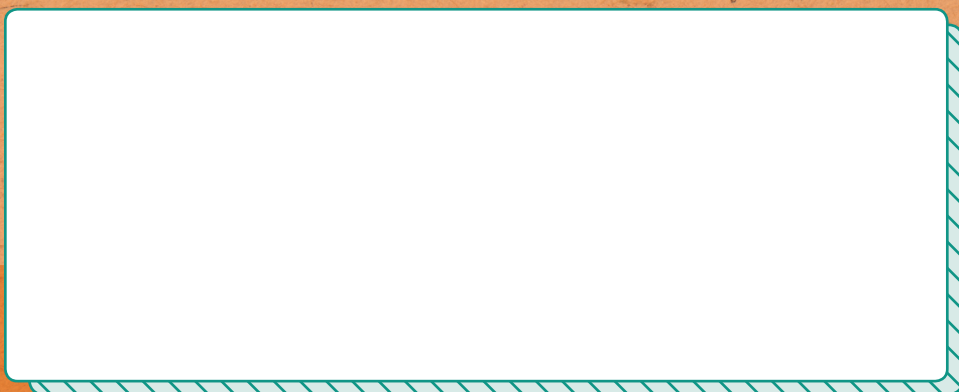
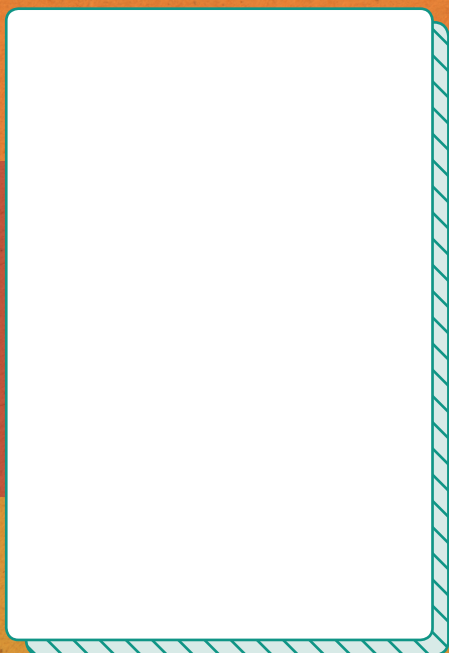
MY QUESTION:

ANSWER:

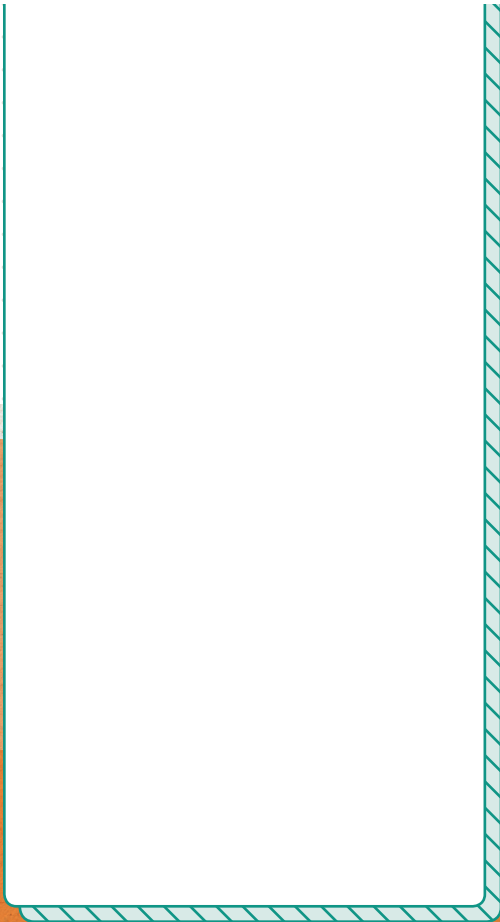
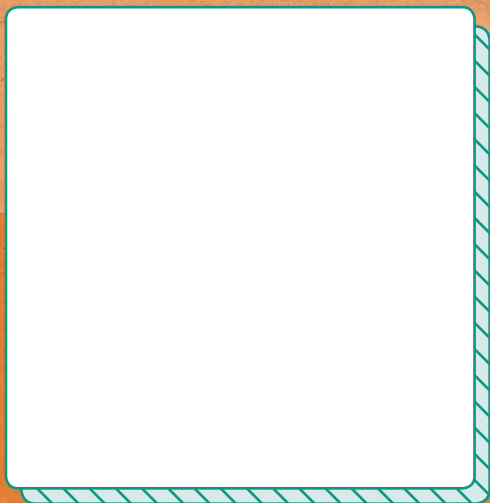


TOPICS

THAT INTEREST YOU

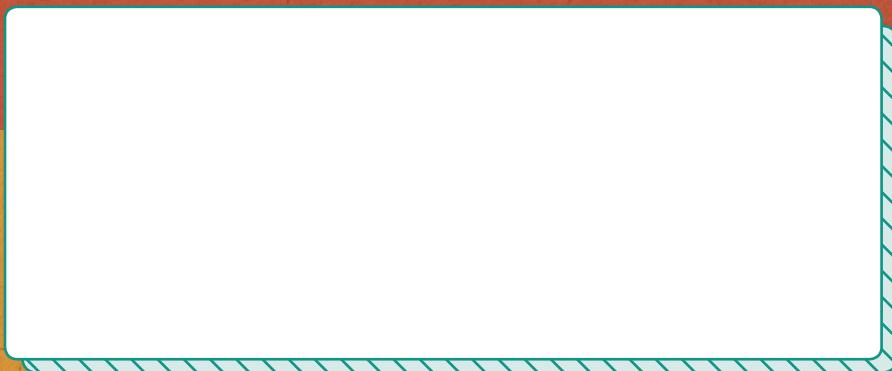
A large, empty rectangular box with a light blue border and a hatched shadow effect on the right and bottom edges, intended for writing a topic of interest.A medium-sized, empty rectangular box with a light blue border and a hatched shadow effect on the right and bottom edges, intended for writing a topic of interest.A medium-sized, empty rectangular box with a light blue border and a hatched shadow effect on the right and bottom edges, intended for writing a topic of interest.

What topics have you been thinking about? What would you like to hear during general conference? Write down some topics or phrases that are interesting to you or that you want to learn more about. During conference, pay attention to how they are mentioned. It's a great way to learn, and you'll have a collection of resources to use in the future.



WE CAN PRAY TO OUR HEAVENLY FATHER AND RECEIVE GUIDANCE AND DIRECTION, BE WARNED ABOUT DANGERS AND DISTRACTIONS, AND BE ENABLED TO ACCOMPLISH THINGS WE SIMPLY COULD NOT DO ON OUR OWN.

President Russell M. Nelson



A close-up photograph of a hand holding a pencil, writing in a spiral-bound notebook. The background is blurred, showing a person's face and another person's hand. The text 'Write INSPIRATION DOWN.' is overlaid on the image in a white box.

Write **INSPIRATION DOWN.**

PHOTOGRAPH BY GETTY IMAGES

Now that conference is finally here, listen for answers. Write down promptings, look for promised blessings, and pay extra attention to things you feel impressed to work on. Jot down quotes that inspire you, and take note of those messages that really stick out to you.

NOTES:

MONTH
1 2 3 **4** 5 6 7 8 9 **10** 11 12

SESSION
1ST 2ND 3RD 4TH 5TH

MEETING TYPE
general | general women's session | general priesthood session

FAVORITE QUOTE:



NOTES:

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

REVELATION IS A REALITY. IT COMES IN THE LORD'S WAY AND ACCORDING TO THE LORD'S TIMETABLE.

President Dallin H. Oaks

MONTH
1 2 3 **4** 5 6 7 8 9 **10** 11 12

SESSION
1ST 2ND 3RD 4TH 5TH

MEETING TYPE
general | general women's session | general priesthood session

FAVORITE QUOTE:

NOTES:

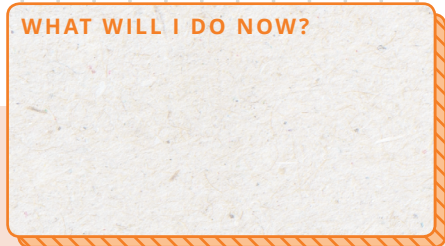
**IF YOU ASK WITH REAL INTENT AND WITH FAITH IN
JESUS CHRIST FOR INSPIRATION, YOU WILL RECEIVE IT IN
THE LORD'S WAY AND IN HIS TIME.**

President Henry B. Eyring

PROMISED BLESSINGS:



WHAT WILL I DO NOW?



MONTH
1 2 3 **4** 5 6 7 8 9 **10** 11 12

SESSION
1ST 2ND 3RD 4TH 5TH

MEETING TYPE
general | general women's session | general priesthood session

FAVORITE QUOTE:

NOTES:

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

MONTH
1 2 3 4 5 6 7 8 9 10 11 12

SESSION
1ST 2ND 3RD 4TH 5TH

MEETING TYPE
general | general women's session | general priesthood session

**SIMPLE ACTS OF SERVICE CAN HAVE PROFOUND
EFFECTS ON OTHERS—AS WELL AS ON OURSELVES.**

Jean B. Bingham, Relief Society General President

FAVORITE QUOTE:



NOTES:

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

**WE CAN COME TO KNOW THE LORD AND TRUST HIM
AS WE “FEAST UPON THE WORDS OF CHRIST.”**

Bonnie H. Cordon, Young Women General President

MONTH
1 2 3 **4** 5 6 7 8 9 **10** 11 12

SESSION
1ST 2ND 3RD 4TH 5TH

MEETING TYPE
general | general women's session | general priesthood session

FAVORITE QUOTE:



NOTES:

**GUIDANCE IS GIVEN IN THE LORD'S TIME, LINE UPON LINE
AND PRECEPT UPON PRECEPT.**

Elder Quentin L. Cook

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

MONTH
1 2 3 **4** 5 6 7 8 9 **10** 11 12

SESSION
1ST 2ND 3RD 4TH 5TH

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general | general women's session | general priesthood session

FAVORITE QUOTE:



NOTES:

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

MONTH
1 2 3 4 5 6 7 8 9 10 11 12

SESSION
1ST 2ND 3RD 4TH 5TH

MEETING TYPE
general | general women's session | general priesthood session

**REVELATION ALMOST ALWAYS COMES IN
RESPONSE TO A QUESTION.**

Elder Jeffrey R. Holland

FAVORITE QUOTE:

NOTES:

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

**THE SPIRIT OF REVELATION IS REAL—AND CAN
AND DOES FUNCTION IN OUR INDIVIDUAL LIVES
AND IN THE CHURCH.**

Elder David A. Bednar

MONTH
1 2 3 **4** 5 6 7 8 9 **10** 11 12

SESSION
1ST 2ND 3RD 4TH 5TH

MEETING TYPE
general | general women's session | general priesthood session

FAVORITE QUOTE:

NOTES:

**YOU CAN LEARN FOR YOURSELF—RIGHT NOW AT YOUR AGE—
HOW TO RECEIVE PERSONAL REVELATION. AND NOTHING WILL
MAKE A BIGGER DIFFERENCE IN YOUR LIFE THAN THAT!**

President Russell M. Nelson

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

MONTH
1 2 3 **4** 5 6 7 8 9 **10** 11 12

SESSION
1ST 2ND 3RD 4TH 5TH

MEETING TYPE
general | general women's session | general priesthood session

FAVORITE QUOTE:

ACTION PLAN:

1. HELP MY FRIEND WITH MATH HOMEWORK.
2. ATTEND THE TEMPLE MORE OFTEN.

THEMES:

- MINISTERING
- RECEIVING REVELATION
- STUDYING THE BOOK OF MORMON

Inspiration
RECEIVED.
(WHAT ARE YOU GOING TO DO WITH IT?)

GOALS

HOW WILL I
IMPROVE?

Now that conference has wrapped up, what's next? Did you feel inspired to change or do something different in your life? Take some time to organize your thoughts, prepare a plan, and then act on it.

WHAT I WILL DO

After conference, take some time to review your notes. Write down what you feel inspired to do or make a list of goals you want to work on.

MY TESTIMONY

How did my testimony grow during this conference?

A large rectangular area with a light beige background and a grid of small dots, intended for writing a testimony. The grid consists of approximately 25 columns and 40 rows of dots.

INSPIRATION FOR YOU!

I promise you that as you prepare your spirit
and come with the anticipation that you
will hear the voice of the Lord, thoughts and
feelings will come into your mind that are
customized especially for you.

ELDER NEIL L. ANDERSEN

NEED MORE COPIES?

Download and print this notebook at
conference.lds.org.

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS