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HOW TO LEARN BY THE SPIRIT

For me the most effective path to truth and to the inexhaustible source of guidance and inspiration from our Heavenly Father and His Beloved Son is by spiritual guidance through the prompting of the Holy Ghost.

I know that many of you come to Church meetings prepared to take notes on what you hear. While that is of great benefit, I will share a pattern that will provide you even greater access to truth. It is summarized in this statement of principle:

Throughout the remainder of my life, I will seek to learn by what I hear, see, and feel. I will write down the important things I learn, and I will do them.

If the principle just shared doesn't seem that important, think again. Many of the vital lessons I have learned and treasure, I have learned by carefully following it.

You can learn vitally important things by what you *hear* and *see* and, even more, by what you *feel*, as prompted by the Holy Ghost. Many individuals limit their learning primarily to what they *hear* or *read*. Be wise. Develop the skill of also **learning by what you see** and particularly by what the Holy Ghost prompts you to *feel*. Consciously and consistently seek to **learn by what you feel**. Your capacity to do so will expand through repeated practice. **Significant faith and effort** are required to learn by what you feel from the Spirit. Ask in faith for such help. **Live to be worthy** of such guidance.

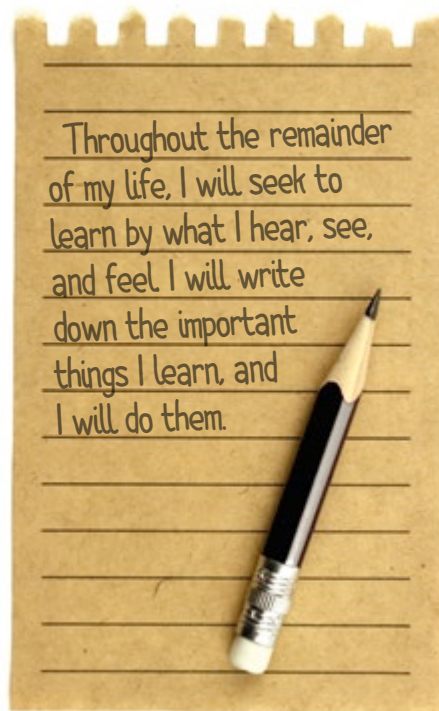
Write down in a secure place the **important things you learn** from the Spirit. You will find that as you record a precious impression, often others will come that you would not have otherwise received. Also, the spiritual knowledge you gain will be available throughout your life. Always, day or night, wherever you are, whatever you are doing, **seek to recognize and respond** to the direction of the Spirit. **Have available a piece of paper or a card to record such guidance.**

Express gratitude to the Lord for the spiritual guidance you receive and **obey it**. This practice will reinforce your capacity to learn by the Spirit. It will enhance the guidance of the Lord in your life. You will learn

more as you act upon the knowledge, experience, and inspiration communicated to you by the Holy Ghost.

Spiritual guidance is direction, enlightenment, knowledge, and motivation you receive from Jesus Christ through the Holy Spirit. It is personalized instruction adapted to your individual needs by One who understands them perfectly. Spiritual guidance is a gift of incomparable worth bestowed upon those who seek it, live worthy of it, and express gratitude for it. **NE**

From a Brigham Young University Education Week devotional given August 21, 2007.



Share Your Experience

Share your experiences in learning by the Spirit and read the experiences of other youth by going to lds.org/go/learnNE9.