

I [EXPERIENCE]
THE JOY
OF COMING CLOSER TO

THE SAVIOR

AND OF HIS COMING
CLOSER TO ME
MOST OFTEN THROUGH

*simple acts of
obedience to the
commandments.*

President Henry B. Eyring, First Counselor in
the First Presidency, "Come unto Me,"
April 2013 general conference

COME, FOLLOW ME



Focus on the Blessings

When you think about the word "commandments" for your Sunday learning this month (see lds.org/youth/learn), your first thought may be something like, "Commandments give me lists of things I shouldn't do," because that's how a lot of the world thinks.

But that thinking overlooks the fact that commandments also provide a lot of things we *should* do, such as "be of good cheer" (D&C 68:6), "seek learning" (D&C 109:7), and "seek . . . the best gifts" (D&C 46:8), and that *commandments are designed to help us*. By keeping the commandments, we become better people and find peace and happiness beyond anything the world offers.

That's why it's important to remember that Heavenly Father gives us commandments so He can bless us in incredible ways through our obedience (see page 22). For example, here are some promised blessings of obedience talked about in the April 2013 general conference:

- An unfailing guide, a knowledge of truth, and the answers to our greatest questions (see President Thomas S. Monson, "Obedience Brings Blessings")
- Joy of you coming closer to the Savior—and Him to you (see President Henry B. Eyring, "Come unto Me")
- Happiness and well-being (see Elder L. Tom Perry, "Obedience to Law Is Liberty")
- Power from God to do more than we can do by ourselves; expanded insights, talents, and abilities (see Elder Richard G. Scott, "For Peace at Home")
- Protection and preparation to do God's work (see Elder Robert D. Hales, "Stand Strong in Holy Places")
- Increased happiness and progression in eternity (see Elder David A. Bednar, "We Believe in Being Chaste")

Find many more promised blessings in these and other talks at conference.lds.org.



Share These Cards Online

As you talk about the commandments this month, consider using these cards in Church lessons, with family, or on social media. Or hang them in your bedroom or locker to remind you about your study of the commandments. Download or share them at lds.org/go/930bey.

Why is the

LAW OF CHASTITY

so important?

I PROMISE THAT OBEDIENCE
TO THE LAW OF CHASTITY WILL

INCREASE OUR
HAPPINESS IN
MORTALITY



MAKE POSSIBLE
OUR PROGRESS
IN ETERNITY.

Elder David A. Bednar of the Quorum of the Twelve Apostles,
"We Believe in Being Chaste," April 2013 general conference