THAT WE
WELCOME
AND LOVE
ALL OF GOD'S
CHILDREN,
INCLUDING
THOSE WHO
MIGHT DRESS,
LOOK, SPEAK,
OR JUST
DO THINGS
DIFFERENTLY."

President Dieter F. Uchtdorf, Second Counselor in the First Presidency "You Are My Hands," Ensign, May 2010, 68.

#### **MOVING MOUNTAINS OF MUD**





his was not your typical Sunday morning. On this particular February Sunday, members were encouraged to gather after sacrament meeting, and some leaders even ended services early, sending volunteers to help their neighbors.

Over 150 youth and adults from the La Crescenta California Stake gathered with shovels, wheelbarrows, and their bright yellow Mormon Helping Hands vests to help move mud. Torrential rains, combined with

mountains of earth exposed because of burned-off vegetation, had sent rivers of mud down residential neighborhoods in their area. Homes had three to four feet of mud surrounding them and several feet of mud inside as well.

Volunteers cleared pathways though the mud so that homeowners could get to their belongings and salvage what had not been destroyed. Katie Callister, a Mia Maid in the La Canada Second Ward, said, "I really wanted to help shovel the mud out of the damaged homes, but when I got there I saw the terrible destruction. Seeing the residents' faces turn from devastation to gratitude was such an amazing experience. It made me feel so happy to know that I was helping someone so much and at the same time serving the Lord."

Tons of mud, rock, debris, and people's belongings were moved that day by the youth and adults wearing those yellow vests. Many residents commented that they were touched that teenagers would give up their Sunday afternoon to help strangers.



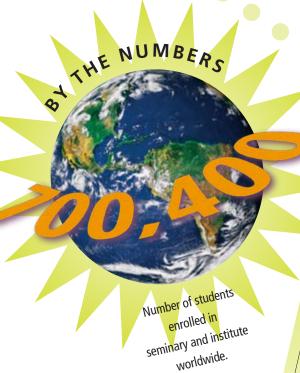
### MY FAVORITE SCRIPTURE

2 Nephi 2:13
This scripture says that there really is a God. It says that if there were no sin, then there would be no righteousness. There must be opposition. It is a scripture that testifies of God. Maria H., 15, Hesse, Germany

Tell us about your favorite scripture in one or two sentences. Go to **newera.lds. org** and click on Submit Your Material

PHOTOGRAPH BY DAVID A. EDWARDS





#### THE CHURCH IN COLOMBIA

he first 45 members in Colombia were mostly North Americans who met in congregations in Cali and Bogotá. In May 1966, the first missionaries arrived. Five years later, 27 congregations were established in 10 cities.

Church education for youth began in 1972. By 1976, 900 students were enrolled in educational programs to prepare them for future leadership positions. Colombia's first chapel was built in Cali in 1975. In 1983, Church members united to help those affected by the earthquake in Popayán. Today, Church membership is nearly 19 times that of 20 years ago.

Here are a few facts about the Church today in Colombia:

Are you one of them?

Membership	168,514
Missions	4
Temples	1
Wards & Branches	271
Family History Centers	41



# MUTUAL THEME: JOSHUA 1:9 SUDOKU

The objective of a regular Sudoku is to fill the  $9\times9$  grid so that each column, each row, and each of the nine 3×3 boxes (also called blocks or regions) contains the digits from 1 to 9 only one time. For this puzzle, instead of numbers, use the scripture reference and the eight words in bold to complete the puzzle.

Be strong and of a good courage; be not dismayed: for the L

mayed: for the second course
courage courage; be not afraid, neither be thou afraid Lord Lord thy God is with thee whithersoever thou goest.
courage courage courage
Surage
Whithere Whithere
die Soever the
afraid afraid goest.
Lord Lord
Joshua
Joshua 1:9 courage 1:9 afraid
good
strong
1:9 dismayed with
God
Stron God God
1 4010
with
the
Good
God Joshu
1:9 afraid 1:9
Lord
good
Lord God disma
yeu stree
thee afraid
good Joshus
good Joshua

## YOUTH CONFERENCE

AND MY TESTIMONY

When I went to youth conference one year, I had no idea of the impact it would have on me. We had three days packed full of fun activities, and I was excited to see old friends, meet new ones, and get involved. But my favorite part was the testimony meeting. The Spirit was strong as we bore our testimonies of the gospel, and many of us were moved to tears. For me this beautiful feeling lasted for days after the conference, and I wanted it to stay. I didn't even watch TV or listen to non-Church music. This experience truly strengthened my testimony of the Church. The Spirit is the only way for us to know the Church is true. We must do things to allow the Holy Ghost to be with us, like studying the scriptures, praying sincerely every day, and thinking of times when we have felt the Spirit. When we live with the Spirit, we can feel His warmth and know the Church is true.

I love the gospel; it has answers and direction. I wish that everyone in the world could know what we know. Tahnee H., 20, South Australia