



*Where are your strengths? What can you work on?
This quiz can help you find out!*



..... WHICH
CHRISTLIKE ATTRIBUTE
SHOULD YOU WORK ON?

One of the beautiful things about the commandment to “press forward” (2 Nephi 31:20) is that it implies a process, a journey. It doesn’t say, “Arrive at perfection right now.” Pressing forward toward eternal life is a step-by-step journey. We become more like Heavenly Father and Jesus Christ by keeping covenants and striving to improve—little by little, attribute by attribute. Which Christlike attribute could you focus on?



RESPONSE KEY

- 1 = Never
- 2 = Sometimes
- 3 = Often
- 4 = Almost always
- 5 = Always

Christlike Attribute Quiz

Read each statement and decide how true that statement is about you. Choose the best answer from the response key.

Spiritual growth is a gradual process, and none of us is perfect, so you should expect to rate yourself better on some attributes than on others. As you complete the quiz, identify the attribute you most need or want to develop and set a goal or two to help you take the next step in becoming more like Christ. You can read the experiences of three youth who are working on goals right now.

Faith

- ___ 1. I believe in Jesus Christ and accept Him as my Savior (see 2 Nephi 25:29).
- ___ 2. I feel confident that Heavenly Father and Jesus Christ love me (see 1 Nephi 11:17).
- ___ 3. I firmly believe that through the Atonement of Jesus Christ I can be forgiven of all my sins if I repent (see Enos 1:5-8).
- ___ 4. I have enough faith in Jesus Christ to obtain answers to my prayers and accept God's will (see Mosiah 27:14).
- ___ 5. I think about the Savior during the day and remember what He has done for me (see D&C 20:77, 79).
- ___ 6. I know by the power of the Holy Ghost that the Book of Mormon is true (see Moroni 10:3-5).

Hope

- ___ 7. One of my greatest desires is to inherit eternal life in the celestial kingdom of God (see Moroni 7:41).

- ___ 8. I am confident that the Lord will fulfill His promises as I strive to keep my covenants (see D&C 82:10; John 14:27).
- ___ 9. I feel peaceful and optimistic about the future (see D&C 59:23).
- ___ 10. I firmly believe that someday I can dwell with Heavenly Father and become like Him (see Ether 12:4).

Charity and Love

- ___ 11. I desire the eternal welfare and happiness of other people (see Mosiah 28:3).
- ___ 12. When I pray, I ask for charity (see Moroni 7:47-48).
- ___ 13. I try to understand others' feelings and see their point of view (see Jude 1:22).
- ___ 14. I forgive others who have offended or wronged me (see Ephesians 4:32).
- ___ 15. I try to help others when they are struggling or discouraged (see Mosiah 18:9).
- ___ 16. I tell others that I love them and care about them (see Luke 7:12-15).



HAPPIER WITH Charity and Love

Since I began working on developing charity, I've felt the Holy Ghost more often. Some of the goals I set were: to pray when I feel anger coming, to try to see others as our Father in Heaven would, and to try to make others around me happier than they were before. I've also started praying for charity and studying charity in the scriptures and other resources. I look to Jesus Christ as my example of charity. I have become a happier person. When I try to make other people's day, I make my own.

Sarah M., 13, North Carolina, USA

WORKING ON Virtue

I chose to work on virtue. To learn more about it, I compared the accounts of Joseph of Egypt and King David as suggested in the *Fulfilling My Duty to God* booklet ([2010], 64) and noted what Joseph did to overcome temptation and maintain his purity and what David did that led to his transgression. I've worked on being more virtuous by inviting the Holy Ghost early in the day by reading my scriptures in the morning when everything is quiet and taking time to ponder. I've also listened to "If the Savior Stood Beside Me" (*Friend*, Oct. 1993, 14) often so that when temptations came, I would have it ready to play in my mind. One thing that helps when I'm about to do or say something that isn't right is to remind myself I'm a child of God. It really helps to remember who you are.

Spencer S., 17, Cavite, Philippines



- ___ 17. I look for opportunities to serve other people (see Mosiah 2:17).
- ___ 18. I say positive things about others (see D&C 42:27).
- ___ 19. I am kind and patient with others, even when they are hard to get along with (see Moroni 7:45).
- ___ 20. I feel happy for other people's success (see Alma 17:2-4).

Virtue

- ___ 21. I am clean and pure in heart (see Psalm 24:3-4).
- ___ 22. I have no desire to do evil but to do good (see Mosiah 5:2).
- ___ 23. I am dependable—I do what I say I will do (see Alma 53:20).
- ___ 24. I focus on good, uplifting thoughts. When I have an impure thought, I replace it with a righteous one (see D&C 121:45).
- ___ 25. I repent often and work hard to overcome my weaknesses (see D&C 49:26-28).
- ___ 26. I feel the influence of the Holy Ghost in my life (see D&C 11:12-13).

Knowledge

- ___ 27. I study the scriptures daily (see John 5:39).
- ___ 28. I earnestly seek to understand the truth and find answers to my questions (see D&C 6:7).

- ___ 29. I receive knowledge and guidance through the Spirit (see 1 Nephi 4:6).
- ___ 30. I love and cherish the doctrines and principles of the gospel (see 2 Nephi 4:15).

Patience

- ___ 31. I wait patiently for the blessings and promises of the Lord to be fulfilled (see 2 Nephi 10:17).
- ___ 32. I am able to wait for things without getting upset or frustrated (see Romans 8:25).
- ___ 33. I am patient with the faults and weaknesses of others (see Romans 15:1).
- ___ 34. I am patient with myself as I rely on the Lord and work to overcome my weaknesses (see Ether 12:27).
- ___ 35. I face adversity and afflictions calmly and hopefully (see Alma 34:40-41).

Humility

- ___ 36. I am meek and lowly in heart (see Matthew 11:29).
- ___ 37. I rely on the Lord for help (see Alma 26:12).
- ___ 38. I am sincerely grateful for the blessings I have received from the Lord (see Alma 7:23).
- ___ 39. My prayers are earnest and sincere (see Enos 1:4).
- ___ 40. I appreciate direction from my leaders or teachers (see 2 Nephi 9:28).



___ 41. I try to accept the Lord's will, whatever it may be (see Mosiah 24:15).

___ 46. I work hard until the job is completed successfully (see D&C 10:4).

___ 47. I find joy and satisfaction in my service (see Alma 36:24-25).

Diligence ::::::::::::::::::::::::::::::::::::

___ 42. I work effectively, even when I'm not under pressure or close supervision (see D&C 58:26-27).

___ 43. I spend my time and energy on the most important things (see Matthew 23:23).

___ 44. I have a personal prayer at least twice a day (see Alma 34:18-27).

___ 45. I set goals and plan regularly (see D&C 88:119).

Obedience ::::::::::::::::::::::::::::::::::::

___ 48. I pray for strength to resist temptation and to do what is right (see 3 Nephi 18:15).

___ 49. I keep the commandments and remember the covenants I have made (see D&C 97:8).

___ 50. I willingly follow the counsel of my leaders and parents (see Hebrews 13:17). **NE**

Adapted from Preach My Gospel: A Guide to Missionary Service (2004), 126.

My Goals ::::::::::::::::::::::::::::::::::::

Did one or two items stand out to you? Jot them down here and write some things that came to mind to help you work on them.



Remember: pressing forward toward eternal life is a step-by-step journey.

Humility

As we're faithful, God blesses us. This is something I know to be true and have experienced time and time again. I chose to work on developing humility because I want to show my Father in Heaven that my life really is His. I want Him to be able to use me in this world, and that won't happen if I'm choosing my own paths. He won't use the puffed-up. So I want my life to be completely dedicated to Him, to have my work and my glory be "to [help] bring to pass the immortality and eternal life of man" (see Moses 1:39). Plus, the pride cycle gets me so spiritually dizzy.

I love listening to talks, so I've downloaded a few hours' worth of talks about humility to listen to while I'm working. I'm also working to compliment people more. This is a demonstration of love, and it keeps me focused on the purpose of life and helps me rejoice in the success of others.

Elijah D., 18, Utah, USA