



BY YOUR BEING WILLING TO

TAKE [THE SAVIOR'S] NAME

UPON YOU, YOU WILL LIFT

THE BURDENS OF COUNTLESS OTHERS.

#### SUNDAY AFTERNOON SESSION

### TRY, TRY, TRY

*President Henry B. Eyring*

Our mortal life is designed by a loving God to be a test and source of growth for each of us. . . .

. . . The loving God who allowed these tests for you also designed a sure way to pass through them. Heavenly Father so loved the world that He sent His Beloved Son to help us [see John 3:16–17]. . . .

. . . I have wondered what it means to be willing to take upon us the name of Jesus Christ. . . .

. . . While we first took the Savior's name when we were baptized, taking His name is not finished at baptism. We must work continually to take His name throughout our lives, including when we renew covenants at the sacrament table and make covenants in the Lord's holy temples.





So two crucial questions for each of us become “What must I be doing to take His name upon me?” and “How will I know when I am making progress?”

... President Nelson suggests one helpful answer. He said that we could take the name of the Savior upon us and that we could speak for Him. When we speak for Him, we serve Him. ...

Yet it takes more than speaking for Him to take His name upon us. There are feelings in our hearts we must have to qualify as His servants.

... These feelings include faith, hope, and charity, which is the pure love of Christ. ...

... As you help children of God in their troubles, your own troubles will seem lighter. Your faith and your hope will be strengthened. ...

I bear you my witness that the Savior knows and loves you. He knows your name as you know His. He knows your troubles. He has experienced them. By His Atonement, He has overcome the world. By your being willing to take His name upon you, you will lift the burdens of countless others. And you will find in time that you know the Savior better and that you love Him more. His name will be in your heart and fixed in your memory.

➔ See the full address at [conference.lds.org](https://conference.lds.org).