



PRESIDENT DALLIN H. OAKS

FIRST COUNSELOR

IN THE FIRST PRESIDENCY

SATURDAY MORNING TRUTH AND THE PLAN

We live in a time of greatly expanded and disseminated information. But not all of this information is true. We need to be cautious as we seek truth and choose sources for that search. We should not consider secular prominence or authority as qualified sources of truth. We should be cautious about relying on information or advice offered by entertainment stars, prominent athletes, or anonymous internet sources. Expertise in one field should not be taken as expertise on truth in other subjects. . . .

. . . If the source [of information] is anonymous or unknown, the information may also be suspect. . . .

The methods of science lead us to what we call scientific truth. But “scientific truth” is not the whole of life. Those who do not learn “by study and also by faith” (Doctrine and Covenants 88:118) limit their understanding of truth to what they can verify by scientific means. That puts artificial limits on their pursuit of truth. . . .

We find true and enduring joy by coming to know and acting upon the truth about who we are, the meaning

of mortal life, and where we are going when we die. Those truths cannot be learned by scientific or secular methods. . . .

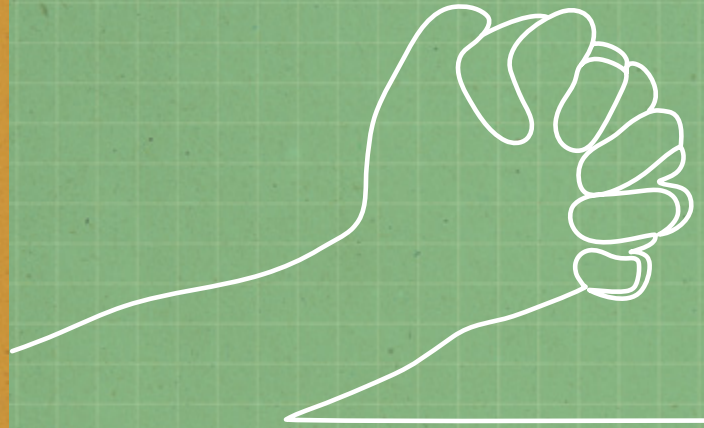
. . . We are beloved children of a Heavenly Father, who has taught us that maleness and femaleness, marriage between a man and a woman, and the bearing and nurturing of children are all essential to His great plan of happiness. Our positions on these fundamentals frequently provoke opposition to the Church. We consider that inevitable. Opposition is part of the plan, and Satan’s most strenuous opposition is directed at whatever is most important to God’s plan. . . .

Our loving Heavenly Father wants His children to have the joy that is the purpose of our creation. That joyful destiny is eternal life, which we can obtain by pressing forward along what our prophet, President Russell M. Nelson, often calls “the covenant path.”

→ See the full address at [conference.lds.org](https://www.conference.lds.org)

SPIRITUAL METHODS OF SEEKING TRUTH

PRESIDENT DALLIN H. OAKS



PRAYER



WITNESS OF THE HOLY GHOST

STUDY OF THE SCRIPTURES AND WORDS OF MODERN PROPHETS

