By Matthew Garrett

This scenario might be all too familiar to you: A classmate you considered to be your true friend has left your friendship behind to hang out with the popular crowd. What’s more, she has started to make decisions that break gospel standards and has started to make fun of you for not doing the same.

How would you respond? Do you feel bitter about how your friend left you behind? Or do you try and live the sweet, Christlike attributes of love and forgiveness? Sure, you already know which path is the path the Savior would have you follow, but when your emotions are hurting, it’s not always easy, is it? Follow the bitter and sweet paths to find out where each response leads.
YOU HAVE THE POWER TO CHOOSE

“There may be many things about life that are beyond your control. But in the end, you have the power to choose both your destination and many of your experiences along the way.”


WHAT FORGIVING DOES

Truly forgiving someone can have sweet rewards. Forgiveness is a conscious choice: it is entirely up to you! Through prayer to Heavenly Father and the strength that comes from the Atonement of Jesus Christ, you can develop the capacity to forgive those who have wronged you. You can overcome bitter feelings to develop the strength to forgive, help others, and repair friendships. Learning to forgive can be truly sweet! NE

The author lives in Texas, USA.