



By Elder
Neil L. Andersen
Of the Quorum of the
Twelve Apostles

HOW TO FACE TRIALS OF FAITH

Fiery trials are designed to make you stronger, but they have the potential to diminish or even destroy your trust in the Son of God and to weaken your resolve to keep your promises to Him. These trials are often camouflaged, making them difficult to identify. They take root in our weaknesses, our vulnerabilities, our sensitivities, or in those things that matter most to us. A real but manageable test for one can be a fiery trial for another.

How do you remain “steadfast and immovable” (Alma 1:25) during a trial of faith? You immerse yourself in the very things that helped build your core of faith: you **exercise faith in Christ**, you **pray**, you **ponder** the scriptures, you **repent**, you **attend church** and **take the sacrament**, you **keep the commandments**, and you **serve** others.

When faced with a trial of faith—whatever you do, you don’t step away from the Church! Distancing yourself from the kingdom of God during a

trial of faith is like leaving the safety of a secure storm cellar just as the tornado comes into view.

The Apostle Paul said, “Ye are no more strangers and foreigners, but fellowcitizens with the saints, and of the household of God” (Ephesians 2:19). It is within the sanctuary of the Church that we protect our faith. Meeting together with others who **believe**, we **pray** and find answers to our prayers; we **worship** through music, **share** testimony of the Savior, **serve** one another, and **feel the Spirit** of the Lord. We **partake** of the sacrament, **receive** the blessings of the priesthood, and **attend** the temple. The Lord declared, “In the ordinances . . . , the power of godliness is manifest” (D&C 84:20). When you are faced with a test of faith, stay within the safety and security of the household of God. There is always a place for you here. No trial is so large we can’t overcome it together (see Mosiah 18:8–10). **NE**

From an October 2012 general conference address.



HOW HAVE YOU APPLIED THIS?

Something that has helped me a lot when I’ve felt like my faith is struggling with a question is remembering that the Lord wants us to be happy. He doesn’t “play tricks” on us to get us to doubt the gospel. A scripture that I really like because it reminds me to have faith is Proverbs 3:5–6: “Trust in the Lord with all thine heart and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.”

Morgan H., Utah, USA



Share Your Experiences

Share how you have faced trials of faith and read the experiences of other youth at lds.org/go/trialNE317.