The Atonement of Jesus Christ

We're imperfect, and so are the circumstances of our lives. We all experience guilt, loss, pain, inadequacy, and more. But we also all have hope for forgiveness, strength, and salvation through the Atonement of Jesus Christ.

As you study and discuss this topic at home and in church, you may ponder these questions:

- · How does the Savior's Atonement affect me from day to day?
- · What feelings do I have when I think of the Savior's sacrifice?

For some thoughts related to these questions, read the scriptures listed in the Topical Guide under "Jesus Christ, Atonement through" and "Grace." You'll also find teachings on the Savior's Atonement in October 2015 general conference talks at conference.lds.org, such as "Strengthened by the Atonement of Jesus Christ" by Elder Dallin H. Oaks (go to Ids.org/go/strengthNE316).

Share These Cards

Give yourself an easy reminder to think about this month's theme. Just place these cards in your scriptures, locker, or bedroom. You can also download or share them online at lds.org/go/cardsNE316.

