

Mutual Activity Idea

- As a class or quorum, select a ward member or two who have consistently contributed and served other ward members. Make a card and a treat to take to them to thank them for their good works.
- Share thoughts about the value of each individual and how they contribute to the class. Discuss how our thinking can be uplifted when we search for the good in each other. Write a list of positive things about each class member.

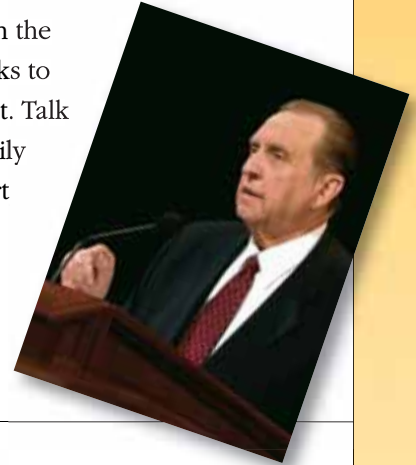
Personal Progress or Duty to God

- Read the article “Meeting Your Goliath” by President Thomas S. Monson. Memorize one of the two poems

quoted in President Monson’s article. Recite the poem to your parents or to your youth leaders. Explain the meaning and counsel of the poem.

Family Home Evening Idea

- As a family, look through the recent general conference talks to find counsel from the prophet. Talk about how you and your family can apply this counsel. Report back in next week’s family home evening about what you’ve noticed personally and as a family.



SUNDAY LESSON HELPS

In addition to the Resource Guides (online at www.lds.org/gospellibrary, in the Shortcuts section), Young Women and Aaronic Priesthood teachers may find these resources helpful in enhancing lessons 25–29.

Young Women Manual 3

Lesson 25: Obedience

- Dee Jardine, “On Top of Old Mossy,” *New Era*, Mar. 2005, 26.
- Annie Valentine Tintle, “Too Busy to Care,” *New Era*, June 2007, 9.

Lesson 26: Repentance

- “The Girl in the Mirror,” *New Era*, Aug. 2005, 12.
- Q&A (afraid of falling again), *New Era*, June 2007, 14.
- Nathan Richardson, “Road Rash and Repentance,” *New Era*, Apr. 2007, 34.

Lesson 27: Forgiving Ourselves

- Amy Weir, “Getting Even,” *New Era*, Aug. 2007, 43.
- Q&A (how you know you’re forgiven), *New Era*, Nov. 2005, 16.

Lesson 28: Consecration and Sacrifice

- C. Scott Grow, “My MTC: Missionary Training Commitment,” *New Era*, Mar. 2008 40.
- Laura Kohn and Susan Winters, “Skating with Jennifer,” *New Era*, May 2008, 10.

Lesson 29: A Change of Heart

- Devon Black, “Do-Over Companions,” this issue, 22.
- “20 Things I Like about *Who?*” this issue, 36.

Aaronic Priesthood Manual 3

Lesson 25: Every Young Man Should Serve a Mission

- Richard M. Romney, “Determined to Serve,” *New Era*, Mar. 2007, 48.
- Debbie Twigger, “Mission or Admission,” *New Era*, Apr. 2008, 34.

Lesson 26: Blessings of Chastity

- Jeffrey R. Holland, “Personal Purity,” *New Era*, Feb. 2000, 4
- “Who’s It Hurting?” *New Era*, Jan. 2006, 34.

Lesson 27: The Body Is a Temple

- Idea List: “Health and Strength,” *New Era*, Jan. 2008, 27.
- Q&A (trying smoking or drinking only once), this issue, 16.

Lesson 28: Withstanding Temptation

- David E. Sorensen, “You Can’t Pet a Rattlesnake,” *New Era*, Mar. 2002, 44.
- Aaron L. West, “If a Bug Flies into Your Mouth,” *New Era*, Sept. 2007, 24.

Lesson 29: Sabbath Observance

- Teri Eddy Topham, “You Can’t Work on Sundays?” *New Era*, Sept. 2007, 36.
- Q&A (keeping the Sabbath Day holy), *New Era*, Aug. 2007, 14.