



Keeping Covenants

You'll be studying about ordinances and covenants this month in your Sunday lessons (see lds.org/youth/learn). As you study and discuss covenants, you might ponder these questions: What are the blessings I've been promised for keeping covenants? When have I made covenants, and what are they? What power do these covenants hold, and where does it come from?

To find some answers to these questions and learn more about covenants, see the recent general conference and general women's meeting at conference.lds.org.

Give yourself an easy reminder to prepare for your Sunday lessons on covenants. Just place these cards in your scriptures, locker, or bedroom. You can also download or share them online at lds.org/go/cardsNE7.

BACKGROUND TEXTURE BY ISTOCK/THINKSTOCK

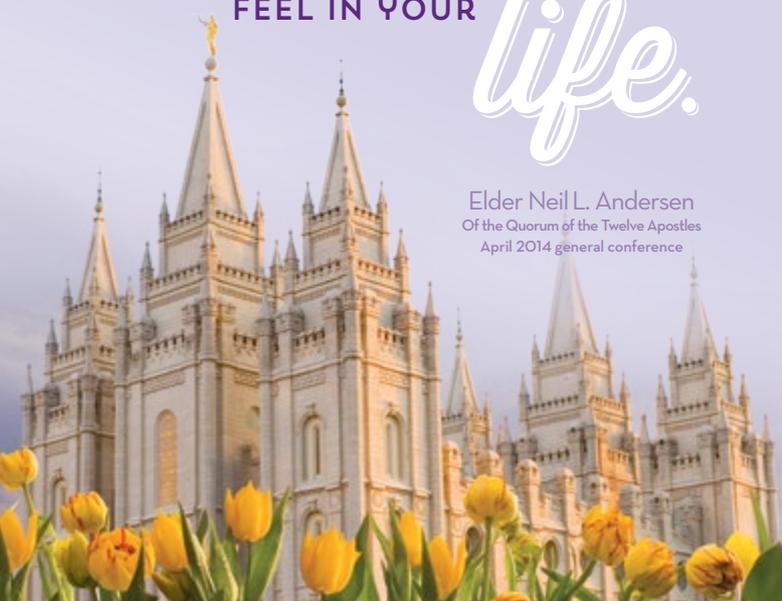


KEEPING COVENANTS PROTECTS US, PREPARES US, AND EMPOWERS US.

Rosemary M. Wixom
Primary general president
March 2014 General Women's Meeting

THE WAY YOU FEEL IN THE *temple* IS A PATTERN FOR HOW YOU WANT TO FEEL IN YOUR *life.*

Elder Neil L. Andersen
Of the Quorum of the Twelve Apostles
April 2014 general conference



Regardless of our individual circumstances, we can all enjoy the full

BLESSINGS
OF
PRIESTHOOD POWER
through keeping the
COVENANTS

we have made at baptism and in the temple.

Bonnie L. Oscarson
Young Women general president
March 2014 General Women's Meeting