# WHAT'S IN IT FOR YOU



#### Mutual Activity Idea

• Have a career night. Invite members of your ward in a variety of professions to give short presentations on their jobs and what they did to prepare. If possible, you can ask presenters to demonstrate or teach a simple skill used in their profession. up for swimming lessons or a creative writing class to

improve your ability. You could even learn an unusual skill such as riding a unicycle or learning tricks with a yo-yo. The value of learning will become clear as you persist and succeed in your simple goals.

#### Family Home Evening Idea

**Personal Progress or Duty to God** 

• Select a skill that you would like to learn, and create a plan to accomplish it. For example, if you would like to take better photographs, you might sign up for a community class. Or ask someone who is proficient to critique your work and help you improve. Perhaps you could sign • Read the article "Recipe for a Happy Home" on page 16. Notice what the Ronndahl family did to avoid having boring family home evenings. Talk about what your family needs to do to make family home evenings enjoyable for everyone. Be flexible and willing to change as family members grow older.

# SUNDAY LESSON HELPS

In addition to the Resource Guides (online at www.lds.org/gospellibrary, in the Shortcuts section), Young Women and Aaronic Priesthood teachers may find these resources helpful in enhancing lessons 30–33.

#### Young Women Manual 3

#### Lesson 30: Scripture Study

Bethany E. Walker, "Everyday Scriptures," *New Era*, Nov. 2007, 46.Andrea Cartwright, "Creative Scripture Study," *New Era*, May 2006, 15.

#### Lesson 31: Service in the Church

- Robert S. Wood, "Article of Faith: Called of God," *New Era*, Nov. 2005, 28.
- Laura Kohn and Susan Winters, "Skating with Jennifer," *New Era*, May 2008, 10.

#### Lesson 32: Service in the Community

Christa Skousen, "Help by the Handful," this issue, 28. Janessa Cloward, "Building Ryan's Place," *New Era*, June 2008, 40.

#### Lesson 33: Each Person Is Divine and Eternal

Russell M. Nelson, "You Are a Child of God," this issue, 2.
To the Point (I don't feel pretty), *New Era*, Sept. 2007, 31.
Gordon B. Hinckley, "How Can I Become the Woman of Whom I Dream," *New Era*, Nov. 2001, 4.

#### **Aaronic Priesthood Manual 3**

### Lesson 30: An Aaronic Priesthood Holder Cherishes Womanhood

A. Lynn Scoresby, "How to Treat a Girl," *New Era*, Feb. 1987, 12.
Richard G. Scott, "The Sanctity, of Womanhood," *Ensign*, May 2000, 36.

#### Lesson 31: Choosing an Eternal Companion

Thomas S. Monson, "Whom Shall I Marry?" *New Era*, Oct. 2004, 4. Astell Cerf, "The One You Wed," *New Era*, Feb. 1987, 16.

#### Lesson 32: Preparing for the Temple Endowment

Shanna Butler, "How to Talk about the Temple," *New Era*, Jan. 2006, 44.

L. Aldin Porter, "Come to the Temple," New Era, Oct. 2004, 8.

## Lesson 33: Celestial Marriage—A Preparation for Eternity

Chris Crowe, "A Marvelous Work," *New Era*, Feb. 1987, 32.The October 2004 *New Era* is a special issue on courtship and temple marriage.