



By President  
Boyd K. Packer

President of the Quorum  
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## HOW TO MAKE THE CHOICE

When you are discouraged and feel that you cannot solve a problem on your own, you may be right, but at least you are obligated to try. Every personal resource available to you should be committed



before you take another step, and you have powerful resources. The Book of Mormon declares this once, which is often overlooked:

*“For the Spirit is the same, yesterday, today, and forever. And the way is prepared from the fall of man, and salvation is free.*

“And men are instructed sufficiently that they know good from evil” (2 Nephi 2:4–5; emphasis added).

It is critically important that you **understand that you already know right from wrong**, that you’re innately, inherently, and intuitively good. When you say, “I can’t! I can’t solve my problems!” I want to thunder out, “Don’t you realize who you are? Haven’t you learned yet that you are a son or a daughter of Almighty God? Do you know that there are **powerful resources** inherited from Him that **you can call upon** to give you steadiness and courage and great power?”


All of you know the difference between good and evil, between right and wrong. Isn’t it time then that you

**decide that you’re going to do right?** In so doing you’re making a choice. Not just *a* choice, but you’re making *the* choice. Once you’ve decided that, with no fingers crossed, no counterfeiting, no reservations or hesitancy, the rest will all fall into place.

Most people who come for counsel to the stake presidents, branch presidents, bishops, and others, don’t come because they are confused and they are not able to see the difference between right and wrong. They come because they’re tempted to do something that deep down they know is wrong, and they want that decision ratified.

When you have a problem, **work it out in your own mind** first. **Ponder** on it and **analyze** it and **meditate** on it. **Pray** about it. I’ve come to learn that major decisions can’t be forced. You must **look ahead and have vision.** **NE**

*From a Brigham Young University fireside address given on March 2, 1975.*

 **Share Your Experiences**  
Share your experiences in applying this principle and read the experiences of other youth by going to [lds.org/go/solveNE1](https://lds.org/go/solveNE1).

### HOW HAVE YOU APPLIED THIS?

“Whenever I feel incapable or like I can’t solve my problems, it helps me to remember that I am a child of God! Remembering this gives me an extra boost to choose the right and give myself to Him.”

**Kathryn S., 14,  
Nevada, USA**

“I know that choosing the right will help me and bless my life. It’s important to choose for yourself. It’s also important to decide to choose the right before getting into spiritually dangerous situations because it will help you know what to do.”

**Jake R., 16, Idaho, USA**