

### Mutual Activity Ideas

- Look for ways to serve those in need, but as King Benjamin advised, “See that all these things are done in wisdom and order” (Mosiah 4:27). Call local shelters or service organizations and see if there is a specific need your Mutual can help fill. For example, one ward found out there was a need for towels at a shelter, so they called local hotels that were willing to donate excess towels.

### Seminary Devotional Idea

- Take two oranges, one peeled and the other unpeeled. Drop them into a clear pitcher of water. The peeled orange will sink while the unpeeled one will float.

Talk about how the peel, which can be compared to keeping high standards or values, will serve as a protection and a shield.

### Family Home Evening Idea

- Before beginning the lesson portion of your family home evening, organize your family by assigning each person a room or area to straighten or clean. Set a timer or mark the time on a clock. At the start signal, each person works as hard and as fast as he or she can. At the end of the time, perhaps 10 minutes, stop and admire how much was accomplished by working together as a family on a goal that benefits everyone.

## SUNDAY LESSON HELPS

In addition to the Resource Guides (printed in May and November in the *Ensign*), Young Women and Aaronic Priesthood teachers may find these additional resources helpful in enhancing lessons 1–6.

### Young Women Manual 2

#### Lesson 1: Drawing Closer to Jesus Christ

Poster: “Come Unto Me,” *New Era*, Oct. 2006, 17.  
William Kim Rawlinson, “The Source,” *New Era*, Apr. 2006, 37.

#### Lesson 2: Spiritual Gifts

Summer Barrick, “It Mattered to Me,” *New Era*, June 2006, 38.  
Angela Woods Anderson, “The Gift of Tagalog,” *New Era*, Jan. 2006, 38.

#### Lesson 3: Building the Kingdom of God

Sally Johnson Odekirk, “Putting the Puzzle Together,” *New Era*, Nov. 2006, 18.  
L. Aldin Porter, “Come to the Temple,” *New Era*, Oct. 2004, 8.

#### Lesson 4: Obeying Commandments Helps Us Fulfill Our Divine Roles

Greg Burgoyne, “Surfing the No-Swim Zone,” *New Era*, Aug. 2006, 8.  
April Anderson, “Chicken Bones,” *New Era*, Aug. 2005, 19.  
Q&A (People doing wrong seem to be having fun), this issue, 14.

#### Lesson 5: Home Environment

Janet Thomas, “The Family Secret,” *New Era*, Nov. 2004, 36.  
Gordon B. Hinckley, “Love at Home,” *New Era*, Oct. 1999, 4.

#### Lesson 6: Sharing Work in the Home

Brett M. Condon, “Murmuring and Mowing,” *New Era*, July 2004, 8.  
Stephen B. Oveson, “Good Work,” *New Era*, this issue, 36.

### Aaronic Priesthood Manual 2

#### Lesson 1: Who Am I?

Hugh W. Pinnock, “Your Personal Checklist,” *New Era*, July 1995, 4.  
Wayne S. Peterson, “Decide Who You’ll Be,” *New Era*, May 2006, 40.

#### Lesson 2: Knowing Our Father in Heaven

Jeffrey R. Holland, “Be Ready and Worthy,” *New Era*, May 2006, 2.  
Gordon B. Hinckley, “The Father, the Son, and the Holy Ghost,” *New Era*, July 2005, 10.

#### Lesson 3: Faith in Jesus Christ

“Charting the Plan,” *New Era*, July 2006, 33.  
Kirk Sheldon Wilkinson, “My Brother,” *New Era*, Jan. 1996, 12.

#### Lesson 4: Companionship of the Holy Ghost

Gordon B. Hinckley, “The Gift of the Holy Ghost,” *New Era*, Jan. 2005, 4.  
Tyler C. Burch, “Call Brett Now,” *New Era*, Oct. 2006, 28.

#### Lesson 5: Agency

Shirley Bock Testi, “The What-If Question,” *New Era*, Nov. 2003, 40.  
Poster: “You’re Never Big Enough,” *New Era*, Mar. 2006, 17.  
Dieter F. Uchtdorf, “Your Right to Choose the Right,” *New Era*, Aug. 2005, 4.

#### Lesson 6: Christlike Service

George Brewer, “Wood for the Widows,” *New Era*, Dec. 2005, 36.  
Nancy Checketts, “Caroling with Chrsllyn,” *New Era*, Dec. 2005, 26.