



## The Plan of Salvation

When a family member dies, when you don't feel like you're worth much, when life seems random, your knowledge of the plan of salvation can help get you through.

As you study and discuss this topic at home and in church this month, you may ask yourself these questions:

- What is the purpose of this life?
- How can I help others understand the purpose of this life?
- How does knowing that God has a plan for me change the way I act?

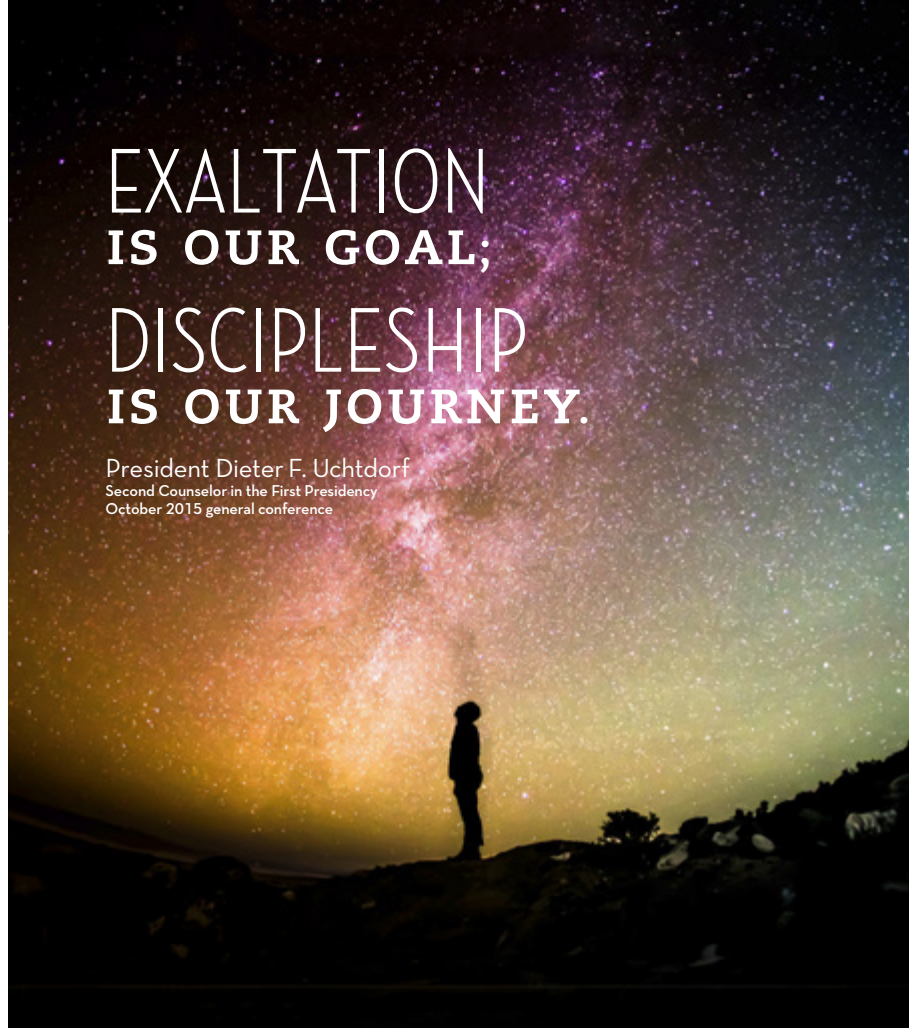
For some answers to these questions, read the scriptures listed in the Topical Guide under "Salvation, Plan of," "Gospel," and "Earth, Purpose of." You'll also find teachings on the commandments in October 2015 general conference talks at [conference.lds.org](http://conference.lds.org).

### Share These Cards

Give yourself an easy reminder to think about this month's theme. Just place these cards in your scriptures, locker, or bedroom. You can also download or share them online at [lds.org/go/cardsNE216](http://lds.org/go/cardsNE216).

# EXALTATION IS OUR GOAL; DISCIPLESHIP IS OUR JOURNEY.

President Dieter F. Uchtdorf  
Second Counselor in the First Presidency  
October 2015 general conference



# WE COME TO THIS EARTH TO NURTURE THE SEEDS OF DIVINE NATURE THAT ARE WITHIN US.

Rosemary M. Wixom  
Primary general president  
October 2015 general conference

