

**Mutual Activity Idea**

- Plan an activity that explores the challenges of different physical disabilities. Borrow a wheelchair and check out your meetinghouse for accessibility and ease of movement. How difficult is it to open doors while in the chair? What challenges does someone face if confined to a wheelchair? If you have ward members that have disabilities, invite them to come and talk about ways they appreciate being helped. Have someone research about the correct ways to offer help to someone who is blind.

**Family History Idea**

- Make a date with your father and mother. Go for a walk or a drive with your parents and ask them about

their memories when they first met and while they were dating. Ask them to tell you about decisions they were glad they made. Record the things that impressed you in your journal.

**Family Home Evening Idea**

- In preparation for family home evening, read the article on page 34, "It's Just a Copy, Right?" Together as a family talk about being honest in all things including sharing music or computer games without paying for them. Together review the section on honesty in the *For the Strength of Youth* pamphlet.

SUNDAY LESSON HELPS

In addition to the Resource Guides (online at [www.lds.org/gospellibrary](http://www.lds.org/gospellibrary), in the Shortcuts section), Young Women and Aaronic Priesthood teachers may find these resources helpful in enhancing lessons 7–11.

**Young Women Manual 3**

**Lesson 7: Our Purpose in Life**

John Bytheway, "Three Little Questions," *New Era*, July 2006, 30.

"Charting the Plan," *New Era*, July 2006, 33.

**Lesson 8: Eternal Families**

Scott Bean, "The Truth about My Family," *New Era*, Mar. 2003, 26.

Courtney Harrison, "My Best Days," *New Era*, Apr. 2003, 36.

**Lesson 9: Encouraging Family Unity**

Adam Olson, "Pulling Together," *New Era*, Sept. 2007, 32.

Lowell M. Snow, "To Be Together," *New Era*, July 2007, 40.

**Lesson 10: Encouraging Enjoyable Family Activities**

Ryan Carr, "Making Monday Memories," *New Era*, Apr. 2004, 20.

Sarah Hart, "Family Time," *New Era*, Sept. 2005, 45.

**Lesson 11: Extended Family Relationships**

Caitlin Jenkins, "Making Grandpa Proud," *New Era*, Feb. 2007, 41.

Emma E. Sánchez Sánchez, "Mama's Refrigerator," *New Era*, Feb. 2007, 22.

**Aaronic Priesthood Manual 3**

**Lesson 7: The Atonement Brings Victory over Death and Hell**

Clate W. Mask Jr., "Spotless before the Lord," *New Era*, July 2006, 42.

Rachel R. Stephenson, "A Few Extra Inches," *New Era*, June 2007, 22.

**Lesson 8: The Resurrection and Judgment**

Ezra Taft Benson, "The Greatest Event in History," *New Era* Apr. 2004, 44.

Poster: "When the Son Arose," *New Era*, Apr. 2002, 19.

**Lesson 9: Justice and Mercy**

Amy Weir, "Getting Even," *New Era*, Aug. 2007, 43.

Idea List: "Letting Grudges Go," *New Era*, July 2006, 46.

**Lesson 10: A Mighty Change**

Nathan Richardson, "Road Rash and Repentance," *New Era*, Apr. 2007, 34.

Q&A (how to repent when I don't feel sorry), *New Era*, July 2006, 14.

**Lesson 11: Faith Sufficient to Obtain Eternal Life**

Q&A (faith in Jesus Christ), *New Era*, Oct. 2007, 14.

Paul K. Sybrowsky, "Gaining a Testimony," *New Era*, this issue, 40.

Mike Gordon, "Faith in His Plan," *New Era*, Oct. 2006, 46.