



a day?

This was going to be hard. But maybe my family could help.

By Avery Winter

When I was a deacon, a member of our bishopric challenged our deacons quorum to read the standard works in a year. He explained that we could accomplish this goal by reading five chapters a day, and I decided to do it.

A few nights later, a guideline for accomplishing the scripture reading challenge was dropped off at my house, and I realized that it would be hard to do this by myself. I asked my family if they would join me. After some discussion, they agreed it would improve our family scripture study. We decided to start that night.

It was not easy. Some days it felt almost like a chore. I remember one night when I had to wake my family up late at night so that we could read. We were determined not to miss a night of reading, and we didn't.

It took some creativity to reach our goal. When my dad was on a business trip we would put him on speakerphone and read together. We kept a copy of the scriptures in the car in case we were ever on the road.

As we read, **our lives changed.** We grew spiritually, and I found that I handled trials better. My dad was laid off from work. It was a difficult time for our family, but we gained valuable insight on Heavenly Father's plan for us through our scripture study. I know Heavenly Father was blessing us.

When my family finished our challenge we decided that we would not stop reading and learning. We started rereading the Book of Mormon the very next day. My life has been changed forever, and I know that daily scripture study is a habit I will not break. The Spirit whispered to me that the things I read are true. We can do hard things. As I prepare for a mission I will be **armed with the power of God** because I acted upon this challenge from my Church leader. **NE**

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