

# WHAT'S INSIDE

THE MONTHLY YOUTH MAGAZINE OF  
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## FEATURES

- 2** **You Asked—They Answered**  
*Church leaders answered your questions about marriage and family.*
- 8** **So Long, Saturday Nights**  
*She thought her parents were asking too much.*
- 10** **The 30-Day “I Love You” Challenge**  
*Can you find new ways to say “I love you” for a whole month?*
- 13** **“I’m Sorry” Didn’t Feel Like Enough**  
*A fight with a sister turned into a lesson about the Savior.*
- 14** **Parents in Training**  
*You can do four simple things right now to build a happy, faithful home in the future.*  
Neill F. Marriott
- 20** **Rescued by My Brother**  
*Inviting her 12-year-old brother to the temple led to her own rescue later.*
- 24** **Who’s on Your Board?**  
*Here’s one way to get advice from the best people.*
- 27** **How Do I Really Feel?**  
*The hurtful email prompted an angry reply. Then another kind of prompting came.*
- 28** **Getting a Jump on Her Future**  
*A young woman from Mexico with her own business has a chance to help others too.*
- 32** **Only with the Help of God**  
*The thought came to my mind: “Do your best. Together we can do this.”*  
Elder Timothy J. Dyches



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- 35** **5 a Day?**  
*He knew this would be hard, but his family could help.*

- 36** **Searching for God**  
*He searched and searched for truth. Then he found seminary.*

- 38** **Ready to Take the Field**  
*Prepare for the Sabbath all week.*



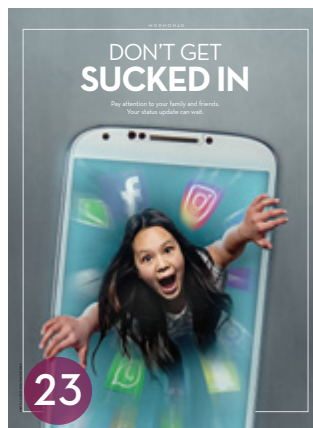
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**COME, FOLLOW ME THEME:**  
*Marriage and Family, pp. 2, 8, 10, 13, 14, 20, 41, 44*



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## PLUS...

- 6** FOR THE STRENGTH OF YOUTH
- 23** MORMONAD
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- 44** COME, FOLLOW ME CARDS
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