

How can I know which spiritual gifts I have?

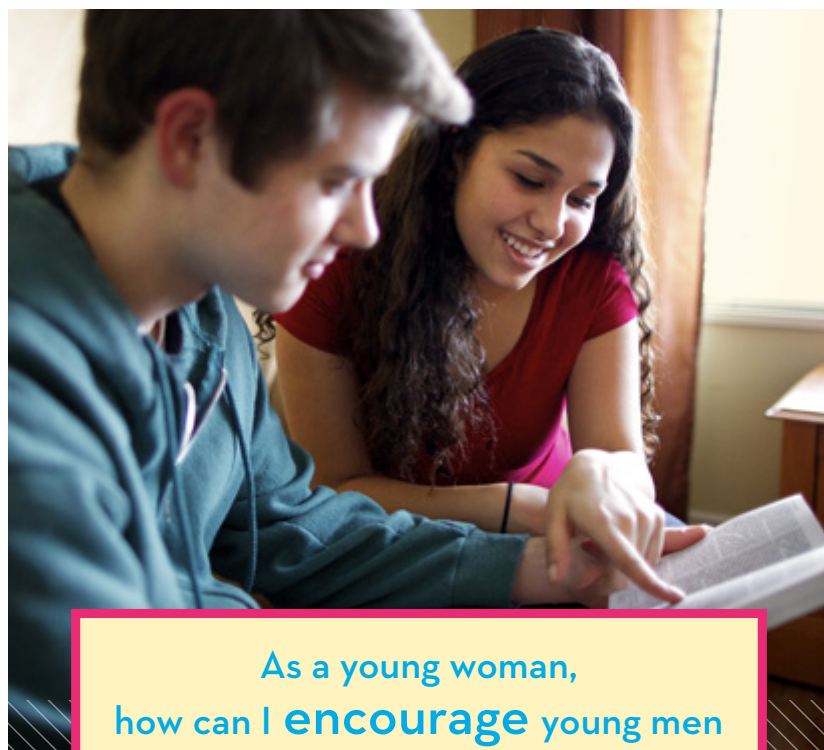
The Lord has said that “to every man is given a gift by the Spirit of God” (D&C 46:11), and He encourages us to “seek . . . earnestly the best gifts” (D&C 46:8). Regarding spiritual gifts, He has also said, “He that asketh in Spirit shall receive in Spirit” (D&C 46:28). So part of discovering your spiritual gifts is seeking and asking for them.

The scriptures list some gifts (see 1 Corinthians 12; Moroni 10:8–18; D&C 46). But these aren’t necessarily the only spiritual gifts and talents Heavenly Father has given or may give you. Search the scriptures, the words of prophets, and your patriarchal blessing and you’ll find many of them, some of which you may already possess.

As you seek spiritual gifts, “always [remember] for what they are given” (D&C 46:8), namely for the benefit of others (see D&C 46:9, 12). And remember that faith and obedience qualify you to receive them. **NE**

For more, see:

- Dallin H. Oaks, “Spiritual Gifts,” *Ensign*, Sept. 1986, 68.
- Marvin J. Ashton, Oct. 1987 general conference.
- Mervyn B. Arnold, “Where Am I? How to Discover and Develop Your Spiritual Gifts and Talents,” *New Era*, Dec. 2014, 34.



As a young woman, how can I encourage young men to talk, act, and dress more modestly?

As a young woman, you can have a great and positive influence on the language, behavior, and dress of the young men you know. But of course you also don’t want to appear harshly critical of them. The secret lies in being consistent and encouraging.

Don’t compromise your standards; be an example of them. And be sure to send the same message about those standards in every context and to *all* young men you know. For instance, the boys who are trying to be good will notice if you’re flirting, dancing, or going on dates with guys who behave badly, and they may draw the wrong conclusions from that observation.

When young men are acting or talking crudely or dressing immodestly, try to send the right signals without condemning them or condoning what they’re doing. You can make a simple comment in a mild tone of voice, make a subtle change to your facial expression, shake your head, politely withdraw—whatever works for the person and the situation. As always, pray for the Spirit’s guidance to know what to do. **NE**