WHAT'S IN IT FOR YOU

Mutual Activity Idea

• Some of the most memorable activities come with opportunities to give service. Look for ways to serve the widows or widowers of your ward or those with special needs. Even such simple things as making cards for special occasions or delivering fruit or cookies are often appreciated. Of course, helping with



chores or yard work can be fun to do with a large group.

Personal Progress or Duty to God

• Select a Church book to read together with a parent. Choose a time, such as Sunday afternoon, when you can read aloud together. Discuss what you are learning.

Family Home Evening Idea

• Have a family home evening dedicated to learning good manners. Make a list of situations and have family members act out what they should do to be polite. For example, how do you open a door for someone or help them on or off with their coat? You can set the table with dishes and silverware and teach each other how to use the correct utensil or how to act properly at the table.

SUNDAY LESSON HELPS

In addition to the Resource Guides (online at www.lds.org/gospellibrary, in the Shortcuts section), Young Women and Aaronic Priesthood teachers may find these resources helpful in enhancing lessons 16–19.

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Lesson 16: Temple Endowment

- Charles W. Dahlquist II, "Preparing to Receive the Ordinances of the Temple," this issue, 30.
- L. Aldin Porter, "Come to the Temple," New Era, Oct. 2004, 8.

Lesson 17: Preparing to Attend the Temple

Rachel Barton Morris, "Preparing for My Endowment," *New Era*, Oct. 2004, 12.

Tamara Leatham Bailey, "The Temple-going Type," New Era, Apr. 1998, 34.

Lesson 18: Temple Marriage

The October 2004 *New Era* was a special issue on courtship and temple marriage.

Shirlyn Andersen Jones, "That Day in Manti," *New Era*, Feb. 1994, 8.

Lesson 19: Heritage

Thomas S. Monson, "A Code to Live By," New Era, Sept. 2005, 4.
Monte J. Brough, "Mighty Men and Women," New Era, May 1995, 4.

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Lesson 16: Jesus Christ, the Life and Light of the World

William Kim Rawlinson, "The Source," New Era, Apr. 2006, 37.Shelly L. Johnson, "The Price I Couldn't Pay," New Era, Sept. 2005, 26.

Q&A (how to always remember Him), New Era, Jan. 2005, 16.

Lesson 17: The Holy Ghost

Gordon B. Hinckley, "The Gift of the Holy Ghost," *New Era*, Jan. 2005, 4.

Lindsey T. Dil, "If You Listen," New Era, July 2005, 8.

Lesson 18: Prayer

Dallin H. Oaks, "The Special Language of Prayer," *New Era*, Jan. 2006, 2.

Robert C. Oaks, "Shot Down!" New Era, Aug. 2006, 24.

Lesson 19: Fasting

Esther Hansen, "The Real Fast," *New Era*, May 2002, 11. Larry A. Hiller, "Fasting Is What?" *New Era*, Oct. 1989, 38.