

## Mutual Activity Idea

- Turn back the clock for the older members of your ward. Invite them to a Mutual activity. Have everyone dress in black, white, or gray to match the black-and-white photos. Gather old pictures, and have a contest to see who can guess just who is driving that antique car or whose hair is fixed like a movie star's. Play music from the past, and conduct a dating panel with the oldest ward members. Ask them to talk about what it was like being a teenager in their day.

## Personal Progress and Duty to God Idea

- Set aside some time every week, such as on Sunday, to look over where you stand and plan which experience

or goal you would like to work on next. Then plan out how and when you will accomplish it.

## Family Home Evening Idea

- Start keeping a journal or minutes of all your family home evenings. Write down what it was like when your little sister gave the prayer for the first time. Or record the fun games you all played. Write down what announcements were made and what plans your family has for the week. Years from now this record will be a source of great enjoyment and a valuable addition to your family history.

# SUNDAY LESSON HELPS

In addition to the Resource Guides (printed in May and November in the *Ensign*), Young Women and Aaronic Priesthood teachers may find these additional resources helpful in enhancing lessons 13–17.

## Young Women Manual 2

### Lesson 13: Patriarchal Blessings

"About Patriarchal Blessings," *New Era*, Mar. 2004, 32.  
Q&A (preparing for your patriarchal blessing),  
*New Era*, Mar. 2002, 16.  
Rachel Murdock, "Worthy of My Blessing," *New Era*,  
Mar. 2004, 36.

### Lesson 14: Blessings of the Temple

Alexa Justesen, "The Long Wait," this issue, 32.  
Greg Burgoyne, "Safe from the Storm," *New Era*,  
Apr. 2004, 26.

### Lesson 15: Temple Marriage

The October 2004 special issue of the *New Era*.  
Robert D. Hales, "Preparing for a Heavenly Marriage,"  
*New Era*, Feb. 2006, 2.

### Lesson 16: Journals

Idea List: Jazz Up Your Journal, *New Era*, Jan. 2005, 15.  
Spencer W. Kimball, "The Angels May Quote from It,"  
*New Era*, Feb. 2003, 32.

### Lesson 17: Keeping Family History Records

Sarah K. Brown, "Uncle Birl's Letter," *New Era*, Sept.  
2006, 8.  
Idea List: Starting Family History, *New Era*,  
July 2001, 43.

## Aaronic Priesthood Manual 2

### Lesson 13: Fasting

Esther Hansen, "The Real Fast," *New Era*,  
May 2002, 11.  
Kendall Crookston, "Fare Enough," *New Era*,  
Sept. 2003, 32.

### Lesson 14: Obedience to God

Nathan Waite, "Lost on the Ledge," this issue, 24.  
Richard L. Evans, "Why All the Rules?" *New Era*,  
Nov. 2003, 44.

### Lesson 15: Exaltation through Keeping Covenants

John Bytheway, "Three Little Questions," *New Era*,  
July 2006, 30.  
"Charting the Plan," *New Era*, July 2006, 33.

### Lesson 16: Tithes and Offerings

Line upon Line: Tithing and Other Offerings, this  
issue, 46.  
H. Bryan Richards, "The Windows of Heaven," this  
issue, 42.

### Lesson 17: Patriarchal Blessings

James E. Faust, "Your Patriarchal Blessing," *New Era*,  
Nov. 2005, 4.  
Daniel Thomas Brady, "Twice Blessed," *New Era*,  
Aug. 1999, 11.