



By Elder
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How can the Holy Ghost help me?

The Holy Ghost is the third member of the Godhead.
He testifies of Heavenly Father and Jesus Christ.

He speaks to our minds and hearts gently. We each might hear Him differently.

He gives us spiritual gifts. He gives us knowledge and helps us remember important things.

He teaches us.
He gives us hope.
He helps us do good.

The Holy Ghost also helps us make important choices.

He helps us be clean from sin.
He comforts us.