



**By President
Henry B. Eyring**
First Counselor in the
First Presidency

HOW TO KNOW FOR YOURSELF

Our dear young friends, our desire for each of you is that you may know for yourselves, independent of anyone else, that the God of heaven is real, that He knows you, and that His Son has atoned for the sins of the world.

Our hope is that you will gain for yourself an unshakeable testimony that the gospel of Jesus Christ has been restored to the earth for the last time. Joseph Smith's mission was unique, yet his humble prayer is a helpful model for you and for me. Joseph started for the grove to **pray with faith** that a loving God would answer his prayer and relieve his confusion. He gained that assurance by **reading the word of God** and **receiving a witness** that it was true. Joseph also prayed with the intent not only to listen but to obey at whatever the cost. He was committed to **act upon whatever God would communicate** to him.

In that spirit, I would like to extend a challenge to the youth of the Church. The challenge is this: come to know for yourself that these things are true. You can do this by following Joseph Smith's example: **study the scriptures**, let the words sink deep into your heart, **reflect on them** again and again, and then **ask of God**, with a willingness to accept His guidance—truly, His will be done.

While this challenge may sound like a simple invitation, I promise you it may take significant effort. I cannot promise that your answers will come in a day or in a week, but I can promise that God will speak to you in His own way and in His own time, if you ask in faith. As you **accept** and **act upon this invitation**, you will find that not only will answers come, but you'll also establish a pattern of acquiring spiritual knowledge that will bless you for the rest of your life. ■

From a March 2017 Face to Face event with President Henry B. Eyring and Elder Jeffrey R. Holland.



HOW HAVE YOU APPLIED THIS?

Commenting on the Face to Face event: "The main thing that impressed upon me personally was the clear focus on the importance of studying our scriptures and the answers we can get from them. I also really enjoyed the discussion on the subject of prayer and how we should approach God when praying. I realized that prayers can and should be personal but that we should be aware of how we approach God and approach Him in prayer respectfully, as our Heavenly Father, not as a peer."

Joshua C., Hawaii, USA