



LEARNING MORE ABOUT WHAT'S IN STORE

Youth in Oslo, Norway, spent a day preparing for life as a full-time missionary.

By Cathrine Apelseth-Aanensen

Since President Thomas S. Monson announced the change in age for missionary service, youth all over the Church have eagerly responded not only to the invitation to serve but also to the invitation to *prepare* to serve. And one way to prepare is to learn more about what's in store when you become a full-time missionary.

Some youth in Norway did exactly that during a day-long "Missionary Experience" hosted by the Fredrikstad Ward of the Oslo Norway Stake.

Entering the "MTC"

The youth gathered at the meeting-house in a room that represented a missionary training center. "We received an assignment to learn about a country," says Jakob R. of the Moss Ward. "It gave us a feeling for what it must be like to receive a mission call and know that you could be called to a place that's different from what you are used to."

Meeting the "Mission President"

"Then we went next door to meet a returned missionary who was playing the role of a mission president," says Simon W. of the Oslo Ward. The returned missionary and other returned missionaries talked about what to expect while serving a mission. "I thought it was really neat to learn from returned missionaries what to expect during a full-time mission," Simon says. Participants also received a name badge, were assigned a companion, and were instructed to remain with their companion at all times.

Developing Skills

Workshops taught the youth about developing spiritually but also about managing temporal needs such as



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THE MOST IMPORTANT PREPARATION

“The single most important thing you can do to prepare for a call to serve is to become a missionary long before you go on a mission.”

Elder David A. Bednar of the Quorum of the Twelve Apostles, “Becoming a Missionary,” *Ensign* or *Liahona*, Nov. 2005, 45.

doing laundry, following a budget, and staying in good physical condition.

“I particularly enjoyed the workshop about how to start gospel conversations,” says Inger Sofie J. of the Oslo Ward. “That’s something I can start doing right now.”

“I enjoyed discussing how to use *Preach My Gospel*,” says Karl Frederik O. of the Fredrikstad Ward. “I had always thought that missionaries had their own list of scriptures to learn, but I found out that what I’m already doing in seminary will help me as a missionary and so will what I’m already studying in *Preach My Gospel*.”

Many young men said that one of the most memorable workshops included hands-on experience with ironing a white shirt. “It reminded me that there are a lot of practical skills I can work on to get ready for a full-time mission,” says Jakob.

“I learned that there is a lot I can be doing right now to join with the full-time missionaries serving here so that we are all part of the same team,” says Sarah R. of the Sandvika Ward. “Members are missionaries too.”

As a reminder that missionaries serve all over the world, refreshments featured recipes from a variety of nations. “That reminded me that I should try new foods now so that I’m used to trying things I don’t eat all the time. That will help me to adjust more quickly if I am called to a place where they eat things I’m not used to,” says Simon.

Getting Ready

“At the end of the day, after we heard the testimonies of two of the youth and two newly returned missionaries, we sang the hymn ‘Called to Serve,’” says Liss Andrea O. of the Fredrikstad Ward. “I felt that if I keep singing this hymn all the time, I will have a constant reminder that when we are missionaries, we are serving Heavenly Father and He will bless us.”

By the end of the day, the youth in the stake understood that not only are they preparing for a full-time missionary experience but that they can have missionary experiences right now and through the rest of their lives. ■

The author lives in Oslo, Norway.

WHAT IS MISSIONARY LIFE LIKE?

Discover more about preparing for missionary service with videos, other resources, and answers to frequently asked questions at youth.lds.org (click “Missionary Preparation”).

