

## HELP AVAILABLE FOR THOSE AFFECTED BY A LOVED ONE'S ADDICTION

Spouses and families affected by a loved one's addictive behaviors can turn to a new online guide to find help, hope, and healing.

The Spouse and Family Support Guide, located at [AddictionRecovery.lds.org](http://AddictionRecovery.lds.org), is intended to help spouses and family members heal from challenges they experience because of the addictive behaviors of loved ones involved with drugs, alcohol, pornography, or other harmful substances or practices. In addition to English, it will soon be available in Spanish, Portuguese, French, Italian, German, Russian, Chinese, Japanese, and Korean.

The guide is split into 12 sections focused on healing, increasing hope, and finding strength through Jesus Christ.

Many practical suggestions are provided, such as how to set limits and rules, how to discuss addiction and recovery with a loved one, and how to appropriately respond to a relapse.

The guide is used for discussion in confidential spouse and family support group meetings offered by LDS Family Services. It can also be used for personal study or used by Church leaders when interviewing and counseling. ■

PHOTOGRAPH BY SCOTT G. WINTERTON, DESERET NEWS



**Young adults listen to a devotional address at the Marriott Center at Brigham Young University in Provo, Utah, USA.**

## Adjustments Begin in January for Young Adult Devotionals

The First Presidency and the Church Board of Education have announced adjustments to the frequency, location, and publication of devotionals for young adults, effective January 2015. Adjustments include:

**Name:** Worldwide Devotional for Young Adults: An Evening with (name of speaker).

**Frequency:** Three times a year, on the second Sunday in January, the first Sunday in May, and the second Sunday in September.

**Audience:** All young adults, both married and single, are invited to attend. Students finishing high school or the equivalent are also invited to attend.

**Locations:** January devotionals will be held at Brigham Young University in Provo, Utah; at BYU-Idaho; or at BYU-Hawaii. May devotionals will be held in the Conference Center in Salt Lake City or at other sites at Church headquarters. September devotionals will be held at other locations in the United States.

**Publication:** Within a few days after each devotional, the talks in text, audio, and video formats will be available in English on [LDS.org](http://LDS.org) and the Gospel Library app, in a new Young Adult collection. Language versions will follow. Summaries of the talks will be included in the *Liahona* and *Ensign*, and a variety of text quotes, picture quotes (memes), and video highlights will also be published live and after the devotional through the Church's social media channels, including the speaker's specific social pages.

Speakers will continue to be chosen by the First Presidency from among the General Authorities and general officers of the Church.

Adjustments were announced to young adults during the CES devotional on November 2, 2014, and to priesthood leaders in an August 28, 2014, First Presidency letter that included the 2015 Broadcast Schedule. ■