

## Teachings for Our Time

Melchizedek Priesthood and Relief Society lessons on fourth Sundays will be devoted to “Teachings for Our Time.” Each lesson can be prepared from one or more talks given in the most recent general conference. Stake and district presidents may choose which talks should be used, or they may assign this responsibility to bishops and branch presidents. Leaders should stress the value of Melchizedek Priesthood brethren and Relief Society sisters studying the same talks on the same Sundays.

Those attending fourth-Sunday lessons are encouraged to study and bring to class the latest general conference issue of the magazine.

### Suggestions for Preparing a Lesson from Talks

Pray that the Holy Spirit will be with you as you study and teach the talk(s). You may be tempted to

prepare the lesson using other materials, but the conference talks are the approved curriculum. Your assignment is to help others learn and live the gospel as taught in the most recent general conference of the Church.

Review the talk(s), looking for principles and doctrines that meet the needs of class members. Also look for stories, scripture references, and statements from the talk(s) that will help you teach these truths.

Make an outline of how to teach the principles and doctrines. Your outline should include questions that help class members:

- Look for principles and doctrines in the talk(s).
- Think about their meaning.
- Share understanding, ideas, experiences, and testimonies.
- Apply these principles and doctrines in their lives. ■

| Months                       | Fourth-Sunday Lesson Materials   |
|------------------------------|--|
| May 2007–<br>October 2007    | Talks published in the May 2007 <i>Liabona</i> or <i>Ensign</i> *      |
| November 2007–<br>April 2008 | Talks published in the November 2007 <i>Liabona</i> or <i>Ensign</i> * |

\* These talks are available online (in many languages) at [www.lds.org](http://www.lds.org).

## Aaronic Priesthood and Young Women Resource Guides

The following resources may be used to supplement, but not replace, lessons in *Aaronic Priesthood Manual 2* and *Young Women Manual 2*. Some *Duty to God* and *Personal Progress* activities listed in the guides may be worked on during lesson time, or you may encourage quorum or class members to complete them at home.

Please teach the lessons in the order they are printed. The manual does not include a specific Christmas lesson. If you want to teach a special Christmas lesson, consider using scriptures, conference addresses, Church magazine articles, pictures, and hymns that focus on the Savior.

To find non-English versions of the resource guides in some languages, go to [www.lds.org](http://www.lds.org), click on “Languages,” and select a language. Click on “*Liabona*,” then the May 2007 issue. The English version of the resource guides can be found at [www.lds.org](http://www.lds.org) by clicking on “Gospel Library.” There are links to the resource guides in the right column.

### Young Women Manual 2

#### Lesson 26: The Sacrament

L. Tom Perry, “As Now We Take the Sacrament,” *Liabona* and *Ensign*, May 2006, 39. Consider replacing Pam’s story with Elder Perry’s story about vacationing at a resort.

*Personal Progress*, “Faith Value Experiences,” no. 4.

#### Lesson 27: Strengthening Testimony through Obedience

Henry B. Eyring, “Spiritual Preparedness: Start Early and Be Steady,” *Liabona* and *Ensign*, Nov. 2005, 37. Use Elder Eyring’s four settings as you discuss how obedience can strengthen testimonies.

#### Lesson 28: Agency

Robert D. Hales, “To Act for Ourselves: The Gift and Blessings of Agency,” *Liabona* and *Ensign*, May 2006, 4. Consider replacing President Tanner’s story with Elder Hales’s list of six basic choices.

Wolfgang H. Paul, “The Gift of Agency,” *Liabona* and *Ensign*, May 2006, 34. Supplement President

Smith’s quote by discussing Elder Paul’s reasons why agency is important.

#### Lesson 29: Exaltation

James E. Faust, “Where Do I Make My Stand?” *Liabona* and *Ensign*, Nov. 2004, 18. Use President Faust’s counsel to show that making our stand now will help each of us endure to the end.

David A. Bednar, “That We May Always Have His Spirit to Be with Us,” *Liabona* and *Ensign*, May 2006, 28. Use “The Ordinance of and Covenant Associated with Baptism” as you teach the importance of receiving ordinances and making covenants.

#### Lesson 30: Strengthening Testimony through Service

Thomas S. Monson, “How Firm a Foundation,” *Liabona* and *Ensign*, Nov. 2006, 62. Tell President Monson’s story of the Young Women class in place of one of the stories in the “True Service Brings Joy” section.

*Personal Progress*, “Good Works Value Experiences,” nos. 1, 2, 5, and 6.

#### Lesson 31: The Law of the Land

Russell M. Nelson, “Blessed Are the Peacemakers,” *Liabona* and *Ensign*, Nov. 2002, 39. Use the “Civic Obligations” section of this article when discussing love of country.

#### Lesson 32: The Importance of Life

Russell M. Nelson, “The Creation,” *Liabona*, July 2000, 102; *Ensign*, May 2000, 84. Use this talk to explain the wonders of the Creation.

*Personal Progress*, “Divine Nature Value Experiences,” no. 1.

#### Lesson 33: The Sacred Power of Procreation

Richard G. Scott, “The Sanctity of Womanhood,” *Liabona*, July 2000, 43; *Ensign*, May 2000, 36. Tell the story of Elder Scott’s encounter with the young women in the truck. Contrast their behavior and dress with Church standards.

“The Sacred Powers of Procreation,” *Liabona*, June 2005, 38; *Ensign*, June 2005, 26. Use “The Family: A Proclamation to the World” to reinforce the lesson’s principles.

#### Lesson 34: Hold Fast to the Lord’s Standards

James E. Faust, “Your Light—a Standard to All Nations,” *Liabona* and



**Two young women in São Paulo, Brazil, read the scriptures together.**

*Ensign*, May 2006, 111. Share the story of Joan of Arc at the end of the lesson, concluding with President Faust's encouragement to maintain high standards.

*Personal Progress*, "Integrity Value Experiences," no. 1.

**Lesson 35: Wise Choices**

Richard G. Scott, "How to Live Well amid Increasing Evil," *Liabona* and *Ensign*, May 2004, 100. Consider replacing the introduction with the story of the village of Quiriza.

Robert D. Hales, "To Act for Ourselves: The Gift and Blessings of Agency," *Liabona* and *Ensign*, May 2006, 4. Consider incorporating Elder Hales's concept of leaving a lesson of great importance for our children and grandchildren.

**Lesson 36: Honesty**

Richard C. Edgley, "Three Towels and a 25-Cent Newspaper," *Liabona* and *Ensign*, Nov. 2006, 72. To conclude the lesson, share Bishop Edgley's story about the three towels.

*Personal Progress*, "Integrity Value Experiences," no. 2.

**Lesson 37: Maintaining Chastity through Righteous Living**

Jeffrey R. Holland, "To Young Women," *Liabona* and *Ensign*, Nov. 2005, 28. Use to supplement the section on maintaining chastity.

Young Women and Young Men general presidencies, "Real Confidence," *Liabona* and *New Era*, Jan. 2007, 8. Use the suggestions on how to have good thoughts unceasingly to supplement the story about Carolyn.

*Personal Progress*, "Integrity Value Project," bullet 5.

**Lesson 38: Physical Health**

Boyd K. Packer, "Ye Are the Temple of God," *Liabona*, Jan. 2001, 85; *Ensign*, Nov. 2000, 72. Share the

story about President Packer's patriarchal blessing as you discuss the blessings of taking care of our bodies.

Diane L. Spangler, "The Body, a Sacred Gift," *Liabona*, July 2005, 16; *Ensign*, July 2005, 14. Begin the lesson by discussing the differences between God's view and the world's view of physical appearances.

**Lesson 39: Preventing Disease**

Dieter F. Uchtdorf, "See the End from the Beginning," *Liabona* and *Ensign*, May 2006, 42. Share Elder Uchtdorf's childhood experience when discussing the importance of good health practices.

**Lesson 40: Self-Mastery**

Dieter F. Uchtdorf, "On the Wings of Eagles," *Liabona*, July 2006, 14; *Ensign*, July 2006, 10. Consider using this article to enhance "The Scriptures and Church Leaders' Teach How to Develop Self-Mastery."

David A. Bednar, "And Nothing Shall Offend Them," *Liabona* and *Ensign*, Nov. 2006, 89. Incorporate the section "Choose Not to Be Offended" in the discussion of "Self-Mastery Leads to Happiness and Self-Esteem."

*Personal Progress*, "Integrity Value Experiences," nos. 2 and 5.

**Lesson 41: Optimism**

Joseph B. Wirthlin, "The Abundant Life," *Liabona* and *Ensign*, May 2006, 99. You could use stories and examples from this article when discussing how we can learn to be cheerful and optimistic.

Anthony D. Perkins, "The Great and Wonderful Love," *Liabona* and *Ensign*, Nov. 2006, 76. Use this article throughout the lesson to help identify discouragement and ways to overcome it.

**Lesson 42: Gratitude and Appreciation**

Gordon B. Hinckley, "A Prophet's

Counsel and Prayer for Youth," *Liabona*, Apr. 2001, 30; *Ensign*, Jan. 2001, 2. Read the section on being grateful to support the beginning of the lesson.

Dallin H. Oaks, "Give Thanks in All Things," *Liabona* and *Ensign*, May 2003, 95. Refer to the ideas in this article as you discuss ways to express feelings of gratitude.

*Personal Progress*, "Individual Worth Value Experiences," no. 3.

**Lesson 43: Wise Use of Leisure Time**

Thomas S. Monson, "Pathways to Perfection," *Liabona*, July 2002, 111; *Ensign*, May 2002, 99. Use President Monson's fourth suggestion to explain the necessity of work and the harm caused by procrastination.

Joseph B. Wirthlin, "Follow Me," *Liabona*, July 2002, 15; *Ensign*, May 2002, 15. Consider using points from this talk with the lesson introduction.

*Personal Progress*, "Choice and Accountability Value Experiences," no. 2.

**Lesson 44: Developing Talents**

James E. Faust, "I Believe I Can, I Knew I Could," *Liabona* and *Ensign*, Nov. 2002, 49. Use this article to supplement the "Lesson Application" section, emphasizing the need to develop and use our gifts for good.

Ronald A. Rasband, "The Parable of the Talents," *Liabona*, Aug. 2003, 34; *Ensign*, Aug. 2003, 32. Use the article to help teach Matthew 25:14-30.

*Personal Progress*, "Knowledge Value Experiences," no. 2.

**Lesson 45: Participating in the Cultural Arts**

Dallin H. Oaks, "Eight Reasons for Revelation," *Liabona*, Sept. 2004, 8; "Eight Ways God Can Speak to You," *New Era*, Sept. 2004, 4. Use Elder Oaks's fourth item under "Purposes for Revelation" as part of your discussion on "The Cultural Arts Can Enrich Our Lives."

*Personal Progress*, "Individual Worth Value Experiences," no. 6.

**Lesson 46: Financial Responsibility**

Joseph B. Wirthlin, "Earthly Debts, Heavenly Debts," *Liabona* and *Ensign*, May 2004, 40. Incorporate Elder Wirthlin's five steps to financial freedom in your discussion of self-reliance.

*Personal Progress*, "Choice and Accountability Value Experiences," no. 7.

**Lesson 47: An Uplifting Environment**

Dieter F. Uchtdorf, "On the Wings of Eagles," *Liabona*, July 2006, 14; *Ensign*, July 2006, 10. Relate how the Wright brothers affected their

environment as part of your discussion on "Creating a Wholesome Environment."

Jeremy Robertson, "The Sign on the Wall," *Liabona*, Aug. 2004, 8; *New Era*, Aug. 2004, 30. Share this story as part of your introduction.

**Lesson 48: Communication Skills in Leadership**

L. Tom Perry, "A Solemn Responsibility to Love and Care for Each Other," *Liabona*, June 2006, 56; *Ensign*, June 2006, 88. Use points from the article to supplement the lesson section "We Can All Be Leaders."

M. Russell Ballard, "O Be Wise," *Liabona* and *Ensign*, Nov. 2006, 17. Discuss the six ways we can serve both wisely and well as part of "Leadership Is Love in Action."

**Lesson 49: Valuing and Encouraging People with Disabilities**

Gayle M. Clegg, "Teaching Our Children to Accept Differences," *Liabona*, June 2004, 16; *Ensign*, June 2004, 40. If the video mentioned in the lesson is unavailable, share the two stories at the beginning of this article.

**Aaronic Priesthood Manual 2**

**Lesson 26: Worthy Thoughts**

Dallin H. Oaks, "Pornography," *Liabona* and *Ensign*, May 2005, 87. Incorporate Elder Oaks's warnings in the discussion.

*Duty to God (Teacher)*, "Spiritual Development," no. 5.

**Lesson 27: The Lord's Law of Health**

Thomas S. Monson, "True to the Faith," *Liabona* and *Ensign*, May 2006, 18. Consider replacing the story at the end of the lesson with the maka-feke analogy.

*Duty to God (Deacon)*, "Educational, Personal, and Career Development," no. 12.

**Lesson 28: The Sabbath**

L. Tom Perry, "The Importance of the Family," *Liabona* and *Ensign*, May 2003, 40. Use Elder Perry's counsel on appropriate Sabbath day activities in the first section of the lesson.

Earl C. Tingey, "Establishing Eternal Patterns," *Liabona*, Oct. 2004, 20; *Ensign*, Oct. 2004, 32. Replace Elder Cook's story with Elder Tingey's advice in the lesson's "Sabbath Day" section.

*Duty to God (Teacher)*, "Spiritual Development," no. 2.

**Lesson 29: The Purpose of Life**

Richard G. Scott, "Truth Restored," *Liabona* and *Ensign*, Nov. 2005, 78.

Conclude the lesson with Elder Scott's counsel on how understanding the plan of salvation will help us overcome life's challenges.

Robert D. Hales, "To Act for Ourselves: The Gift and Blessings of Agency," *Liabona and Ensign*, May 2006, 4. Use ideas from the article to show how agency can help us overcome temptation.

**Lesson 30: Charity**

H. David Burton, "Tender Hearts and Helping Hands," *Liabona and Ensign*, May 2006, 8. Share some of Bishop Burton's examples in place of the story at the end of the lesson.

*Duty to God (Teacher)*, "Citizenship and Social Development," no. 3.

**Lesson 31: Forgiveness**

James E. Faust, "The Atonement: Our Greatest Hope," *Liabona*, Jan. 2002, 19; *Ensign*, Nov. 2001, 18. In the first section of the lesson, discuss how the Atonement empowers us to forgive others.

Boyd K. Packer, "The Brilliant Morning of Forgiveness," *Ensign*, Nov. 1995, 18; *New Era*, Apr. 2005, 4. Consider replacing Corrie ten Boom's story with John Breen's story from the article.

**Lesson 32: Cultivating Gifts of the Spirit**

David A. Bednar, "The Tender Mercies of the Lord," *Liabona and Ensign*, May 2005, 99. Explain how spiritual gifts come to us as tender mercies from the Lord.

**Lesson 33: Seek Ye Learning**

John K. Carmack, "The Perpetual Education Fund: A Bright Ray of Hope," *Liabona*, Jan. 2004, 32; *Ensign*, Jan. 2004, 36. Discuss principles we can learn about getting an education from the Perpetual Education Fund program.

*Duty to God (Teacher and Priest)*, "Educational, Personal, and Career Development," nos. 1 and 2.

**Lesson 34: The Power of Example**

Gordon B. Hinckley, "The Need for Greater Kindness," *Liabona and Ensign*, May 2006, 58. Tell the story of Richard in place of one of the stories in "A Priesthood Holder's Good Example Influences Others' Opinions of the Church."

Thomas S. Monson, "The Master's Blueprint," *Liabona and Ensign*, Jan. 2006, 2. Incorporate the section titled "Examples of the Believers" into the discussion.

**Lesson 35: Obeying, Honoring, and Sustaining the Law**

*Duty to God (Deacon)*, "Citizenship and Social Development," no. 5.

**Lesson 36: In Everything Give Thanks**

Dallin H. Oaks, "Give Thanks in All Things," *Liabona and Ensign*, May 2003, 95. Substitute the introduction with Elder Oaks's five reasons we give thanks. Have your class give examples from their lives that fit each category.

H. David Burton, "Tender Hearts and Helping Hands," *Liabona and Ensign*, May 2006, 8. Consider replacing the story of the auctioneer with the story about Joseph Smith.

*Duty to God (Teacher)*, "Spiritual Development," no. 10.

**Lesson 37: Understanding Women's Roles**

Gordon B. Hinckley, "The Women in Our Lives," *Liabona and Ensign*, Nov. 2004, 82. Use the article to discuss how the roles of women are different from men's but equally as important.

Julie B. Beck, "A 'Mother Heart,'" *Liabona and Ensign*, May 2004, 75. Use the article to enhance the lesson's conclusion.

**Lesson 38: Living Righteously in an Unrighteous World**

James E. Faust, "The Devil's Throat," *Liabona and Ensign*, May 2003, 51. Use the waterfall analogy from this article to begin the lesson.

Richard G. Scott, "How to Live Well amid Increasing Evil," *Liabona and Ensign*, May 2004, 100. Supplement the introduction by sharing Elder Scott's missionary experience of teaching villagers the gospel.

*Duty to God (Deacon, Teacher, and Priest)*, "Family Activities," no. 2.

**Lesson 39: Moral Courage**

Gordon B. Hinckley, "Pursue the Steady Course," *Liabona and Ensign*, Jan. 2005, 2. Use the third section of the article to enhance the discussion on developing moral courage to better face challenges.

*Duty to God (Priest)*, "Family Activities," no. 2.

**Lesson 40: Avoiding and Overcoming Temptation**

Dieter F. Uchtdorf, "See the End from the Beginning," *Liabona and Ensign*, May 2006, 42. Consider replacing the counsel by Elder Rector with Elder Uchtdorf's counsel on standards.

*Duty to God (Teacher)*, "Spiritual Development," no. 5.

**Lesson 41: The Sacrament: In Remembrance of Him**

L. Tom Perry, "As Now We Take the Sacrament," *Liabona and Ensign*, May 2006, 39. Use principles from the article as you teach about the



covenants made when taking the sacrament.

*Duty to God (Deacon)*, "Quorum Activities," no. 7; *(Priest)*, "Quorum Activities," no. 1.

**Lesson 42: Follow the Brethren**

L. Tom Perry, "We Believe All That God Has Revealed," *Liabona and Ensign*, Nov. 2003, 85. As you teach the first section of the lesson, review how revelation comes to the Church.

Jeffrey R. Holland, "Prophets in the Land Again," *Liabona and Ensign*, Nov. 2006, 104. Use principles from Elder Holland's talk to supplement the section "Church Leaders Give Guidance for Our Benefit."

**Lesson 43: Spiritual Preparation for a Mission**

David A. Bednar, "Becoming a Missionary," *Liabona and Ensign*, Nov. 2005, 44. Use this talk to explain how and why we should spiritually prepare for a mission.

Use the March 2007 *Liabona and New Era* to supplement the lesson.

**Lesson 44: Preparing Now for Temple Marriage**

Russell M. Nelson, "Personal Preparation for Temple Blessings," *Liabona*, July 2001, 37; *Ensign*, May 2001, 32. Use this talk to supplement the instruction regarding the temple recommend and the personal preparation required to enter the temple.

M. Russell Ballard, "What Matters Most Is What Lasts Longest," *Liabona and Ensign*, Nov. 2005, 41. Use Elder Ballard's three suggestions to support the lesson's conclusion.

**Lesson 45: Effective Home Teaching**

Thomas S. Monson, "Do Your Duty—That Is Best," *Liabona and Ensign*, Nov. 2005, 56. Apply President Monson's counsel about home teaching to the section "Home Teaching Is a Priesthood Responsibility."

*Duty to God (Teacher)*, "Quorum Activities," no. 1.

**Lesson 46: Avoiding Degrading Media Influences**

M. Russell Ballard, "Let Our Voices Be Heard," *Liabona and Ensign*, Nov. 2003, 16. Incorporate some of Elder Ballard's suggestions on minimizing the negative influences of media into your conclusion.

*Duty to God (Teacher)*, "Citizenship and Social Development," no. 9.

**Lesson 47: Clean and Appropriate Speech**

H. David Burton, "Standing Tall," *Liabona*, Jan. 2002, 75; *Ensign*, Nov. 2001, 65. Use Bishop Burton's second example when discussing how our speech reveals what is in our hearts.

**Lesson 48: Maintaining Righteous Standards**

James E. Faust, "Standing in Holy Places," *Liabona and Ensign*, May 2005, 62. Use principles from the article to discuss how standing in holy places can help us be in the world but not of the world.

*Duty to God (Teacher)*, "Family Activities," no. 2.

**Lesson 49: Honesty and Integrity**

D. Todd Christofferson, "Let Us Be Men," *Liabona and Ensign*, Nov. 2006, 46. Use ideas from the article as you conclude the lesson.

Richard C. Edgley, "Three Towels and a 25-Cent Newspaper," *Liabona and Ensign*, Nov. 2006, 72. Replace the story at the end of the lesson with Bishop Edgley's stories of his summer job and the newspapers.

*Duty to God (Priest)*, "Spiritual Development," no. 1.

**Lesson 50: Valuing and Encouraging People with Disabilities**

Monte J. Brough, "Adversity, the Great Teacher," *Ensign*, Aug. 2006, 9. Use the story about Elder Brough's mission.

*Duty to God (Priest)*, "Physical Development," no. 11. ■