

By Elder Neil L. AndersenOf the Quorum of the Twelve Apostles

HOW TO

FACE TRIALS OF FAITH

iery trials are designed to make you stronger, but they have the potential to diminish or even destroy your trust in the Son of God and to weaken your resolve to keep your promises to Him. These trials are often camouflaged, making them difficult to identify. They take root in our weaknesses, our vulnerabilities, our sensitivities, or in those things that matter most to us. A real but manageable test for one can be a fiery trial for another.

How do you remain "steadfast and immovable" (Alma 1:25) during a trial of faith? You immerse yourself in the very things that helped build your core of faith: you exercise faith in Christ, you pray, you ponder the scriptures, you repent, you attend church and take the sacrament, you keep the

commandments, and you serve others.

When faced with a trial of faith—whatever you do, you don't step away from the Church! Distancing yourself from the kingdom of God during a trial of faith is like leaving the safety of a secure storm cellar just as the tornado comes into view.

The Apostle Paul said, "Ye are no more strangers and foreigners, but fellowcitizens with the saints, and of the household of God" (Ephesians 2:19). It is within the sanctuary of the Church that we protect our faith. Meeting together with others who believe, we pray and find answers to our prayers; we worship through music, share testimony of the Savior, serve one another, and feel the Spirit of the Lord. We partake of the sacrament, receive the blessings



of the priesthood, and attend the temple. The Lord declared, "In the ordinances . . . , the power of godliness is manifest" (D&C 84:20). When you are faced with a test of faith, stay within the safety and security of the household of God. There is always a place for you here. No trial is so large we can't overcome it together (see Mosiah 18:8–10).

From an October 2012 general conference address.