

The First Presidency: Thomas S. Monson, Henry B. Eyring, Dieter F. Uchtdorf

The Quorum of the Twelve Apostles:

Russell M. Nelson, Dallin H. Oaks, M. Russell Ballard, Robert D. Hales, Jeffrey R. Holland, David A. Bednar, Quentin L. Cook, D. Todd Christofferson, Neil L. Andersen, Ronald A. Rasband, Gary E. Stevenson, Dale G. Renlund

Editor: Joseph W. Sitati

Assistant Editors: Randall K. Bennett, Carol F. McConkie

Advisers: Brian K. Ashton, Jean B. Bingham, LeGrand R. Curtis Jr., Christoffel Golden, Douglas D. Holmes, Erich W. Kopischke, Larry R. Lawrence, Carole M. Stephens

Managing Director: Peter F. Evans

Director of Church Magazines: Allan R. Loyborg

Business Manager: Garff Cannon

Managing Editor: Adam C. Olson

Assistant Managing Editor: Ryan Carr

Publication Assistant: Cremilda Amaral

Writing and Editing: Bethany Bartholomew, Brittany Beattie, David Dickson, David A. Edwards, Matthew D. Flitton, Lori Fuller, Garrett H. Garff, LaRene Porter Gaunt, Charlotte Larcabal, Michael R. Morris, Eric B. Murdock, Sally Johnson Odekirk, Joshua J. Perkey, Jan Pinborough, Richard M. Romney, Mindy Anne Selu, Marissa Widdison

Editorial Intern: Megan Armknecht

Managing Art Director: J. Scott Knudsen

Art Director: Tadd R. Peterson

Design: Jeanette Andrews, Fay P. Andrus, C. Kimball Bott, Thomas Child, David Green, Colleen Hinckley, Eric P. Johnson, Susan Lofgren, Scott M. Mooy, Mark W. Robison, Rachel Smith, Brad Teare, K. Nicole Walkenhorst

Design Intern: Michelle Nelson

Intellectual Property Coordinator: Collette Nebeker Aune

Production Manager: Jane Ann Peters

Production: Glen Adair, Connie Bowthorpe Bridge, Julie Burdett, Bryan W. Gygi, Ginny J. Nilson, Gayle Tate Rafferty, Derek Richardson

Prepress: Joshua Dennis

Printing Director: Steven T. Lewis

Distribution Director: Troy K. Vellinga

For subscriptions and prices outside the United States and Canada, go to store.lds.org or contact your local Church distribution center or ward or branch leader.

Submit manuscripts and queries online at liahona.lds.org; by email to liahona@ldschurch.org; or by mail to *Liahona*, Rm. 2420, 50 E. North Temple St., Salt Lake City, UT 84150-0024, USA.

The *Liahona* (a Book of Mormon term meaning “compass” or “director”) is published in Albanian, Armenian, Bislama, Bulgarian, Cambodian, Cebuano, Chinese, Chinese (simplified), Croatian, Czech, Danish, Dutch, English, Estonian, Fijian, Finnish, French, German, Greek, Hungarian, Icelandic, Indonesian, Italian, Japanese, Kiribati, Korean, Latvian, Lithuanian, Malagasy, Marshallese, Mongolian, Norwegian, Polish, Portuguese, Romanian, Russian, Samoan, Slovenian, Spanish, Swahili, Swedish, Tagalog, Tahitian, Thai, Tongan, Ukrainian, Urdu, and Vietnamese. (Frequency varies by language.)

© 2017 by Intellectual Reserve, Inc. All rights reserved. Printed in the United States of America.

Copyright information: Unless otherwise indicated, individuals may copy material from the *Liahona* for their own personal, noncommercial use (including for Church callings). This right can be revoked at any time. Visual material may not be copied if restrictions are indicated in the credit line with the artwork. Copyright questions should be addressed to Intellectual Property Office, 50 E. North Temple St., FL 13, Salt Lake City, UT 84150, USA; email: cor-intellectualproperty@ldschurch.org.

For Readers in the United States and Canada:

March 2017 Vol. 41 No. 3. LIAHONA (USPS 311-480) English (ISSN 1080-9554) is published monthly by The Church of Jesus Christ of Latter-day Saints, 50 E. North Temple St., Salt Lake City, UT 84150. USA subscription price is \$10.00 per year; Canada, \$12.00 plus applicable taxes. Periodicals Postage Paid at Salt Lake City, Utah. Sixty days' notice required for change of address. Include address label from a recent issue; old and new address must be included. Send USA and Canadian subscriptions to Salt Lake Distribution Center at address below. Subscription help line: 1-800-537-5971. Credit card orders (American Express, Discover, MasterCard, Visa) may be taken by phone or at store.lds.org. (Canada Post Information: Publication Agreement #40017431)

POSTMASTER: Send all UAA to CFS (see DMM 507.1.5.2). NONPOSTAL AND MILITARY FACILITIES: Send address changes to Distribution Services, Church Magazines, P.O. Box 26368, Salt Lake City, UT 84126-0368, USA.

Family Home Evening Ideas

This issue contains articles and activities that could be used for family home evening. The following are two examples.



“Be an Example of the Believers,” page 44: Elder Keetch discusses the importance of defending the doctrines of the gospel with love and kindness. After reading his talk, you could talk about times in family members’ lives when they have needed to defend the gospel. You could also read a scripture story about someone who stood up for their beliefs, like the story of Daniel or Esther. How did these people show love for both those around them and the Lord? You could try role-playing a situation where family members can practice sharing their beliefs on different topics with a calm and understanding attitude.

“What if I feel like I don’t measure up?” page 68: Elder Holland talks about what to do when we feel that we aren’t as good as we could be. As a family, you could talk about talents that Heavenly Father has given each family member. Consider inviting your family to write down a goal they want to accomplish over the next month, discussing ways to achieve this goal, how their talents will help them, and what skills they will need to develop to reach their goal. You could follow up with this activity later and encourage family members in setting and striving to achieve their goals.

MORE ONLINE

The *Liahona* and other Church materials are available in many languages at languages.lds.org. Visit [facebook.com/liahona.magazine](https://www.facebook.com/liahona.magazine) (available in English, Portuguese, and Spanish) to find inspirational messages, family home evening ideas, and material you can share with your friends and family.

TOPICS IN THIS ISSUE

Numbers represent the first page of the article.

Atonement, 7
Baptism, 61, 66, 76
Choices, 30
Church history, 75
Commandments, 80
Covenants, 4
Example, 26, 44
Family, 26, 30, 60, 69, 70
Family history, 40
Fellowshipping, 13, 43, 48
Gratitude, 30, 79
Holy Ghost, 41, 42, 63
Hope, 50, 62
Humility, 30
Jesus Christ, 7, 76
Love, 44, 70
Missionary work, 26, 58
Obedience, 58, 80
Prayer, 4, 61, 63, 64, 66
Prophets, 4
Relief Society, 14, 40, 41
Repentance, 50, 54, 63, 72

Sacrament, 13, 63, 72
Service, 41, 42, 63
Spiritual protection, 4, 14, 80
Trials of faith, 63
Truth, 44
Visiting teaching, 40, 41, 43
Women, 14, 26, 40