



By Elder
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Of the Quorum of the
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The coming years
will be filled with
wonderful chances
to do many good
things.

You have a
great life ahead
of you.

How can I not worry so much?

Try not to
think about the
world's troubles
all the time.

Think the best
and hope the best
and have faith in
the future.

Your
Heavenly Father
loves you.

From "Let Virtue Garnish Thy Thoughts
Unceasingly," *New Era*, Oct. 2007, 4-7.