



MESSAGES

- 4 **First Presidency Message: Peace, Be Still**  
By President Thomas S. Monson
- 7 **Visiting Teaching Message: Activation**

FEATURE ARTICLES

- 10 **Raising Resilient Children**  
By Lyle J. Burrup  
*Children need resilience to overcome problems. Here are some ways parents can help children develop this important characteristic.*
- 16 **You Are Free**  
By Elder D. Todd Christofferson  
*Our choice in this life is to which authority we will yield our obedience: God's or Satan's.*
- 20 **Living the Principles of Self-Reliance**  
By Larry Hiller and Kathryn H. Olson  
*Self-reliance is crucial not only in times of turmoil but also in times of peace.*

- 22 **The Power of the Word of God**  
By Elder Michael John U. Teh  
*Drinking daily from the scriptures will help us build spiritual strength and unmask the deceptions of the devil.*

- 26 **The Blessings of Tithing**  
*Five members share the testimony they've gained from paying tithing.*

- 30 **Creating Christ-Centered Easter Traditions**  
By Diane L. Mangum  
*The Atonement is at the core of Easter; righteous traditions will help us focus on this gift from the Savior.*

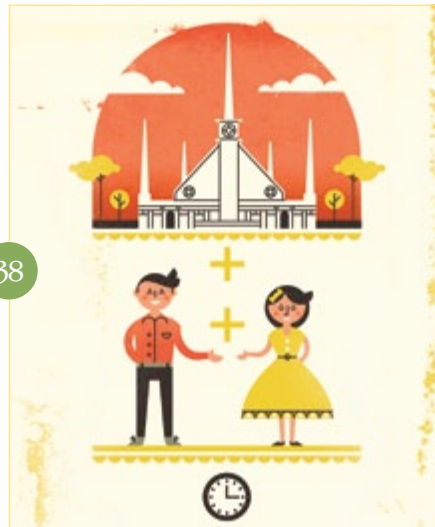
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By Russell Westergard

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Front: Photo illustration by Cody Bell.  
Back: Photo illustration by Craig Dimond.  
Inside front cover: Photograph of Heceta Head Lighthouse in Oregon, USA, by Royce Bair © Getty Images.

## YOUNG ADULTS



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### 38 The Right Time to Marry

By Alissa Strong

*When it's the right person and the right place, it's the right time.*



*See if you can find the Liahona hidden in this issue. Hint: Don't rock the boat.*



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## YOUTH

### 42 To the Point

### 44 What Happens After We Die?

*Do you have questions about the spirit world or resurrection? Here are some answers.*

### 48 Don't Wear Masks

By Elder Quentin L. Cook

*Righteous people need not wear masks to hide their identity.*

### 51 My Brother Believed in Me

By David Dickson

*If Dan had made fun of me, he would have ensured my singing silence, perhaps for a lifetime.*

### 52 For the Strength of Youth: I Have a Testimony of the Family

By Ann M. Dibb

### 54 Hidden Dangers

By Joshua J. Perkey

*The commandments don't restrict our agency—they provide our best chance for happiness and success.*

### 57 From the Mission Field: Touched by a Testimony

By Michael Harken

## CHILDREN



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By Jan Pinborough

### 60 Ric's New Book

By Laura Byrd

*What could Ric do to help Sister Bird, whose hands hurt when she tried to hold the scriptures?*

### 62 Megan's Lambs

By Julina K. Mills

*Megan finds a creative way to care for her lambs and develop a friendship.*

### 64 Special Witness: Why is Jesus Christ so important to us?

By Elder Dallin H. Oaks

### 65 Because He Lives

By Marivic Pasigay and Marissa Widdison

*Watoy has a chance to share his testimony of Jesus Christ with his teacher at school.*

### 66 Bringing Primary Home: Jesus Christ Is Our Savior

### 68 Picturing Easter

*Count down to Easter using this puzzle.*

### 70 For Young Children

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