LETT, FROM TOP: PHOTOGRAPH BY JOHN OLU FAOSEKE; PHOTOGRAPH BY MAITHEW REIER; ILLUSTRATION BY BETH M. WHITTAKER; RIGHT, FROM TOP: BACKGROUND © GETTY IMAGES; PHOTOGRAPH COURTESY OF DESERET NEWS; PHOTOGRAPH BY CHAD E. PHARES

Small & Simple Things

"By small and simple things are great things brought to pass" (Alma 37:6).

CHURCH HISTORY AROUND THE WORLD

Nigeria

During the 1950s, several Nigerians began learning about the Church through magazine articles and Church literature. They sent letters to Church headquarters expressing their desire to learn more about the Church's teachings.

In response, Church leaders looked into initiating missionary work in the country. However, a civil war, difficulties with visas, and the challenge of having enough local priesthood holders to administer the Church prevented leaders from establishing official Church units in the area.

The Church was finally able to establish a missionary presence in 1978. When the first missionaries arrived, they found large groups of people interested in the gospel. The first baptism was performed in November of that year, and on the same day, the first branch of the Church was organized.



By 1987 Church membership there had reached nearly 10,000, and in 1999, Nigeria had more members of the Church than any other African nation, with membership totaling 42,746. Nigeria now has a temple in Aba, which was dedicated in 2005 by President Gordon B. Hinckley (1910–2008).

Above: Members of the Church in Nigeria gather to watch general conference. Right: The Aba Nigeria Temple.

The Church in Nigeria	
Membership	83,919
Missions	4
Stakes and Districts	32
Wards and Branches	256
Temples	1

HOW TO IMPROVE FAMILY COMMUNICATION

- Turn off or put away electronic devices before you begin family gatherings such as meals, scripture study, and family home evening.
- Try to have at least one meal together every day.



- Plan regular family activities.
 They don't have to be complex. Have a picnic, go on a walk, or play a game together.
- Have family discussions in which everyone's opinions or concerns can be voiced. Listen intently without judging or lecturing, and don't interrupt each other.

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HOW DO YOU SPEND YOUR TIME?

There are 24 hours in a day. You probably spend much of that time sleeping and working (or studying), but you likely have a few hours each day that can be spent on other activities. How much of that time do you spend watching TV or surfing the Internet? If you spent only one hour each day on one of the following ideas, how many goals, projects, or tasks could you complete during a week? a month? a year?

- Reading the scriptures or memorizing scripture mastery verses.
- Participating in sports or exercise.
- Learning a new hobby or talent: cooking, singing, sewing, gardening, or playing a musical instrument, for instance.
- Participating in family home evening or spending time with your family.
- · Reading a good book.
- Writing an uplifting letter to a missionary from your ward or branch.
- Learning a foreign language.
- · Doing family history work.
- Going home or visiting teaching.
- Fulfilling your Church calling.
- Writing in your journal.

Read more about being a wise steward of your time in Elder David A. Bednar's article on page 22.

IN THE WORDS OF CHURCH LEADERS

Tithing—a Commandment Even for the Destitute

By Elder Lynn G. Robbins

Of the Seventy

n October of 1998
Hurricane Mitch devastated many parts of
Central America. President
Gordon B. Hinckley
(1910–2008) was very
concerned for the victims
of this disaster, many of
whom lost everything—
food, clothing, and
household goods. He visited the
Saints in the cities of San Pedro Sula
and Tegucigalpa, Honduras; and

and Tegucigalpa, Honduras; and Managua, Nicaragua. And like the words of the loving prophet Elijah to a starving widow, this modern prophet's message in each city was similar—to sacrifice and be obedient to the law of tithing.

But how can you ask someone

But how can you ask someone so destitute to sacrifice? President Hinckley knew that the food and clothing shipments they received would help them survive the crisis, but his concern and love for them went far beyond that. As important as humanitarian aid is, he knew that the most important assistance



President Gordon B. Hinckley visited Church members in Honduras following the hurricane in 1998.

comes from God, not from man. The prophet wanted to help them unlock the windows of heaven as promised by the Lord in the book of Malachi (see Malachi 3:10; Mosiah 2:24).

President Hinckley taught them that if they would pay their tithing, they would always have food on their tables, they would always have clothing on their backs, and they would always have a roof over their heads.

From an April 2005 general conference address.

Increasing My Testimony

As I work to develop my testimony of Jesus Christ, I find that consistently doing simple things allows my testimony to grow. Because I strive to pray, go to church, read the Book of Mormon, and stand as a witness



of Christ, my testimony of the Savior continues to increase.

Although there are trials and problems that present themselves, I have been able to avoid things that would be harmful to me by listening to the promptings of the Holy Ghost, who

teaches me the paths I should choose.

As I follow the counsel given by the leaders of the Church, I feel my testimony grow and I know that I am coming closer to my Father in Heaven.

Eng Sodavy, Cambodia