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ON THE COVER Photograph by Adam C. Olson. THE FRIEND COVER Illustration by Brandon Dorman.

FAMILY HOME EVENING IDEAS

These teaching suggestions can be used in the classroom as well as in the home. You may tailor these ideas to your family or class.

"Making Time to Be Holy,"

p. 20: Teach the idea of making time for priorities by doing the following activity. Show your family an empty container and some sand, pebbles, and rocks. Put the sand in the container, followed by the pebbles and then rocks. (Determine the amounts beforehand so all the rocks do not

fit at this point.) Explain that we must plan time for the most important things. Redo the activity, putting in the rocks first and then adding the pebbles and sand in the remaining space.

cuss what the "rocks," or priorities, are in our lives and

Using the article, dis-

how to make time for them.

"A Call to Grow," p. 28: Read aloud the section "A Lesson on Testimony." Discuss how Elder Soares gained his testimony and how it helped him live the

As you look for the Cambodian CTR ring hidden in this issue, think of how choosing the right can help you prepare to go to the temple.

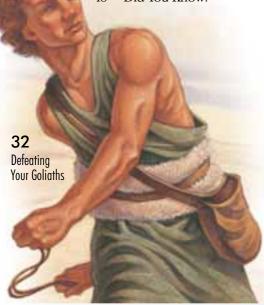


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F8 Faith in God

standards of the gospel. List what we can do to strengthen our testimonies. How does a testimony help us live the gospel?

"Experiencing a Change of **Heart,"** p. 39: On a paper heart, write "faith," "righteousness," "love," and "overcoming the world" (see the section "Blessings of Being Born Again"). Discuss how each of these four principles can help family members experience a change of heart. Illustrate this change by sharing the story about Ivan. On the other side of

the paper heart, list what your family can do to live these principles.

"Faith in God," p. F8: Invite family members to tie their shoes using only one hand. Discuss why this is difficult. Now have them tie each other's shoes. Discuss how working together made the task easier. Read the article, and discuss how your faith in God will be strengthened as you work together to complete this program. Choose an activity from the Faith in God guidebook to work on together this coming week.

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