

TO THE POINT



As a **14-year-old** teacher, what can I really **contribute** to **home teaching?**

According to the scriptures, the purpose of home teachers is to “visit the house of each member, exhorting them to pray vocally and in secret and attend to all family duties” (D&C 20:51). Home teachers “watch over . . . and be with and strengthen” the people they are assigned to teach (D&C 20:53). They “warn, expound, exhort, and teach, and invite all to come unto Christ” (D&C 20:59).

Now ask yourself, “Can I do those things?” The answer is yes. Ask your companion how you can contribute. He can help you learn to make appointments, bear testimony, give lessons, and more. Then you can see for yourself how you can bless the lives of those you visit, and you’ll feel confident about using the gifts God has given you to fulfill this and many other priesthood duties throughout your life. ■

Why must I forgive someone who is **responsible** for causing me **pain**?

The commandment to forgive all people is one that many of us struggle with. But the Lord has said that we must forgive them or we’re committing the greater sin (see D&C 64:9–11). That may not

make much sense to us at first, but the Lord is trying to help us become more like Him and find greater joy. If we cast our burden on Him and let go of anger, bitterness, and hurt, we will obtain peace in this life and

great blessings in the eternities. It may take time, tears, fasting, prayer, counseling with priesthood leaders, and visits to the temple, but it will be worth it.

As President Dieter F. Uchtdorf, Second Counselor in the First Presidency, has taught:

“We must let go of our grievances. Part of the purpose of mortality is to learn how to let go of such things. *That is the Lord’s way.*

“Remember, heaven is

filled with those who have this in common: They are forgiven. And they forgive” (“The Merciful Obtain Mercy,” *Ensign* or *Liahona*, May 2012, 77). ■

For more on forgiving others, see Gordon B. Hinckley, “Forgiveness,” Ensign or Liahona, Nov. 2005, 81–84; James E. Faust, “The Healing Power of Forgiveness,” Ensign or Liahona, May 2007, 67–69.