

The Most Influential People

Have you ever read articles with titles like “30 Influential People Who Are under 30” and thought, “How do I get on that list?” I’ve certainly wondered **how I can be more involved**, more helpful, and yes, more important (which probably means I also need to be more humble). While our contributions might be something the world recognizes, sometimes they’re a more private fulfillment of our covenants with God.

Our influence does not require traveling abroad to help someone far away. **It begins right in our own homes**, with our family or roommates, and with our neighbors. It begins in our communities. As we start to change and become, “Time to Serve” (page 44) offers some practical steps to serving in our community.

Setting aside time to help others might mean we need to make changes—possibly a change of heart or a change in where our time and energy are spent.

In “A Mighty Force for Good” (page 46), several young adults share their experience of developing Christlike love for others. These stories show how **inspiration and faith can lead young adults to be an influence for good**.

Elder Gavarret reminds us that we are already heroes and heroines (see page 49). In the premortal life, we chose to come to earth, and now **we get to choose what kind of difference we want to make**. Finding our personal mission will guide us in serving our Father and His Son, Jesus Christ.

In my experience, there are far more than “30 influential people under 30” among the young adults of the Church. The most influential people I find are those who are “doers of the word, and not hearers only” (James 1:22). They are those who are covenant keepers. They can be all of you.

Looking forward to seeing the difference you’ll make.

Elizabeth Stitt

SHARE YOUR STORY

Do you have an amazing story to share? Or do you want to see articles about certain topics? If so, we want to hear from you! You can submit your articles or your feedback at liahona.lds.org.



BEST ADVICE . . .

Young adults share the best advice they've ever received about making a difference:

"Be yourself! We each have a light to share that only we can. When we are willing to lift, encourage, and brighten the lives of others in our own unique way, our light shines and leads others to glorify God. Don't be afraid to shine!"

—**Whitney Henderson, Colorado, USA**

"Live the gospel of Jesus Christ so people ask you why you are different."

—**Pamela Castillo, San Marcos, Guatemala**

"If we could love ourselves and our neighbors even just a sliver of how much God loves us, then we would have the confidence and faith to actually do whatever is needed of us."

—**Samuel Ward, Idaho, USA**

"Instead of focusing on changing the entire world, focus on changing your little corner of it."

—**Quincy Haisley, Utah, USA**

What's the best advice you've ever received about dating someone who once struggled with pornography? Submit your response at liahona.lds.org by February 28, 2019.

ABOUT THE YA AUTHORS

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Katie Sue Embley thinks the world is full of beautiful people whose stories should be shared. She studies journalism and Spanish, with the goal to #sharegoodness.



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You Don't Know What You Don't Know

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