

We Need Each Other



Finding Peace in the Storm of Addiction
Chakell Wardleigh
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Have you ever faced a challenge in your life that you were desperate to keep hidden because you feared what others might think? My family and I have. We struggled with this for years as we've watched my brother battle drug addiction.

On page 16, you will find a professional counselor's explanation of addiction, how to understand it, how to recognize it, how it affects families, and how you can help. Following that is my own story of how my brother's addiction has affected and shaped me throughout the past decade.

As much as we want to be able to overcome challenges on our own and to lead perfect lives, the truth of the matter is that we need each other because none of us are exempt from facing challenges. We are meant to "bear one another's burdens" (Mosiah 18:8), and the Savior can show us how to sincerely do so if we allow Him to. It's my hope that we will strive to understand, to empathize, and to love, rather than be quick to judge. By doing so, we will have greater peace and joy in whatever circumstances we find ourselves in.

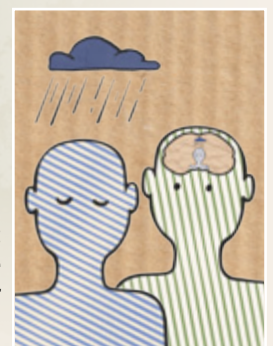
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