

**President Henry B. Eyring ne kasaa**

Ɔpamfo a Odzi Kan wɔ President a Odzi Kan na n'Apamfo mu



# Kaa No Aber Nyina

**A**na ibotum nye me esusu ehu nkonhyenyi Moroni de orukrukye Mormon Nwoma no mu nsem a odzi ewiei no egu sika mpretse no do a? Nna caka onko nko. Nna oehu ne man, no nkorɔfo, na n'ebusua de wɔahwe ase. Nna okɔ "roko aprɔw" wɔ asaase no do (Mormon 8:8). Naaso nna ɔwɔ enyidado, osiande nna oehu hen mber yi! Na dza nkye obotum akyerew nyina no, ɔtoo nsa frɛ hen de *yenkaa* (hwe Moroni 10:3).

Nna President Spencer W. Kimball (1895–1985) n'enyi gye ho de ɔrekyerɛkyerɛ de kasafua a ohia dodow wɔ kasafua nkyerɛase buukuu mu no botum aye *kaa*. Osiande yenye Nyankopɔn edzi ahyemu no ntsi, okāa de, "hen ehia-dze kesenara nye de yebekaa".<sup>1</sup>

Ibotum ehu kasafua *kaa* no wɔ kyerewsem no nyina mu. Ber a Nephi tuu no nuanom mbanyin no fo no, ɔtoo nsa frɛ hen de wɔnkaa Ewuradze ne nsem na wɔnkaa mber Nyankopɔn esi agye hen egyanom (hwe 1 Nephi 15:11, 25; 17:40).

N'asem kese a odzi ewiei mu no, Ōhen Benjamin kāa kasafua *kaa* mpen esuon. Nna ɔwɔ enyidado de no nkorɔfo bekaa "Nyankopɔn ne keseyɛ . . . na ne papayɛ na penkyer" wɔ hen do (Mosiah 4:11; san so hwe 2:41; 4:28, 30; 5:11–12).

Ber a Agyenkwa hyehyɛ *sacrament* no, Ɔtoo nsa frɛ N'esuafo no de wondzi ngyinahɔmadze no "mfa nkaa" N'afɔrɔ no (Luke 22:19). *Sacrament* mpaabo biara a emi na ɔwo betse no, kasafua *aber nyina* dzi kasafua *kaa* no enyim (hwe N&A 20:77, 79).

M'asem yi ye ɔfrɛ, ntotɔsere mpo, de hom bekaa. Nsusui ebiasa yi nye dza hom botum akaa dapen biara ber a hom

dzi sacrament ngyinahɔmadze krɔnkrɔn no. Mowɔ enyidado de wɔbɔyɛ mfaso ama hom, de mberɛ wɔayɛ ama me no.

## Hom Nkaa Jesus Christ

Odzi kan, kaa Agyenkwa no. Kaa Ne nyimpa ban ber a nna Ɔwɔ asaase do, mberɛ Osii kasaa kyerɛ nkorɔfo, na mberɛ Osii kyerɛ ayamuyie wɔ Ne ndzeyɛ mu. Kaa hɔn a Odzii mber wɔ hɔn nkyɛn na dza Ɔkyerɛkyerɛ. Agyenkwa no "kyinii na Ɔyɛ yie" (Ndwuma 10:38). Ɔserɛ ayarfo no. Osii pi de ɔbeyɛ N'Egya ne pɛ.

Ne kese no, yebotum akaa akatua kese a Otuae, fi No do mu maa hen, dze eyiyi hen bɔn ne nkekaa efi hɔ no. Ber a yekaa No no, hen pɛ de yebekā No do no benyin. Yebɛpɛ de yebeyɛ ayamuyie mbordo, yɛdze bɔn bekyɛ mbordo, na yebɛnya pɛ mbordo de yebɔhwehwe Nyankopɔn ne pɛ na yɛayɛ.

## Kaa Dza Ihia de Eye no Yie

Ɔye dzen de ibɔdwen Agyenkwa no ho—N'ahotsew na emudziyɛ—a sɛ yɛdze henho to No ho a, yɛnkɔdwen hen mfom na hen sintɔ ho. Yeedzi ahyemu de yebesie Ne mbrasem, naaso yetaa tɔ sin wɔ gɛnapɛn a ɔkrɔn yi ho. Mbom Agyenkwa no nyim de iyi besi, a ɔno ntsi na Ɔdze sacrament ayɛdze no maa hen no.

Sacrament no ne farbaa fi Ahyemu Dadaw afɔrɔ no mbɔɛ ntɔyɛ, a bɔnkā kā ho (hwe Leviticus 5:5). Yɛmmfa anyembowa mmbɔ afɔr bio, naaso yebotum yɛakɔ do egyaa hen bɔn mu. Kyerewsem no frɛ iyi "akoma a abobo nye sunsum a abotow" afɔrɔ (3 Nephi 9:20). Fa nnuhu akoma bra sacrament ase (hwe N&A 59:12; Moroni 6:2).

Ber a iye dem no, ibenya bonfakye na iremman mmfi anamon kwan no a osan ko Nyankopon ho no ho.

### Kaa Mpontu no a Ereye no

Ber a ihwehwe w'abrabo mu wo sacrament ayedze ber mu no, mowɔ enyidado de w'adwendwen nnketsim ndzem-ba bon a aye no nko do, na mbom obetsim wo ndzemba a aye a oye no do—mber horow a atse nkā de Osor Egya na Agyenkwa no hon enyi so wo no. Ibotum mpo agye mber kakra wo sacrament ber no dze asere Nyankopon de omboa wo ma hu ndzemba yinom. Se iye a, mobo wo anohoba de ibetse biribi nkā. Ibetse enyidado nkā.

Ber a maye iyi no, Sumsum no ama me awerehyemu de ber a meda ho nndzi mu no, meye nde kye dza nna metse ndeda. Na iyi ma me gyedzi de, osian Agyenkwa no ntsi, mubotum aye papa okyena mpo.

*Aber nyina* ye mber tsentsen ara yie, na okyere de mbodzembɔ no dodow no ntsim. Inyim fi suahu mu mber osi ye dzen de edze enyidahɔ bɔdwen adze kor ho ber nyina. Naaso ommfa ho mber isi sie w'anohoba de ibekaa No aber nyina no yie, Ono kaa wo aber nyina.

Agyenkwa no nyim wo haw horow. Onyim dza otse ber a abrabo mu akadwen hye wo do no. Onyim mber isi hia tsirtsir, nhyira a ofi erekaa No aber nyina na iritsie No no mu ba ne—“de ama *aber nyina* [enya] no Sunsum ma onye [wo] atsena”(N&A 20:77; woetsimu akā ho).

Ntsi, Oma wo akwaaba dapen biara dze ba Sacrament pon no ho, a Oma wo kwan bio de ibekaa No aber nyina.

#### ASENSIN

1. Spencer W. Kimball, “Circles of Exaltation” (address to Church Educational System religious educators, Obiradzi 28, 1968), 5.

### EREKYEREKYERE EFI AMANDZEEBO YI MU

Abrabo botum aye kikikiki na oaye dzen ama hen ma yebekaa hen Agyenkwa Jesus Christ aber nyina. Naaso, sacrament no ma hen mber soronko bi dapen biara a, yebotum adwendwen N'abrabo na Ne nkyerekyere ho. Enye hon a ekyerekyere hon adze no, nhwe mber eye no wo mber komm no mu sesie, na pensapensa mber ibesi botum etsim Agyenkwa no do yie. Ibesi den botum dze mber no adwendwen ndzemba a wankasa botum etu ho mpon no ho? Erekaa mpontu a iye no dapen biara no som bo ben?

## MBABUN

### Ndzemba Ebiasa Ibekaa

**K**asafua kaa puei wo Mormon Nwoma no mu mpen pii. Nephi hyee no nuanom mbanyin no nkuran de wankaa mber Nyankopon esi agye hon egyanom. Ohen Benjamin serere no nkorɔfo no de wankaa Nyankopon ne keseye no. Na Moroni kyerekyere n'akenkanfo de wankaa mber Ewuradze si ye ehumbɔɔɔ.

Yerikaa Agyenkwa no hia tsirtsir—yedzi ahyemu mpo de yebekaa No aber biara a yedzi sacrament no. President Eyring to nsa fre hen de yenkaa ndzemba ebiasa yinom sacrament ber.

1. **Kaa Jesus Christ:** Kenkan kyerewsem wo mber Agyenkwa no sii somee na okyereɔ do maa nkorɔfo ho asem. Isi den tse No do nkā? Ibesi den botum asom na akyerɔ do ama binom tse de ma Agyenkwa no yee no?
2. **Kaa dza ihia ma abeye papa no:** Fa nnuhu akoma dwendwen wo dapen a abasen no. San mu yi adze kor a ibotum asesā, na kyerew mber ibesi aye mpontu no to ho. Fa wo botae no to beebi a ibetaa ehu.
3. **Kaa mpontu no a ereye no:** Sere Nyankopon ma omboa wo ma nhu mpontu papa a ereye no. Kyerew mber isi tse nkā.

Yenndzi mu, naaso Agyenkwa no nyim dem. Dem ntsi na Oserɔ hen de yenkaa No. Yerikaa No ma hen enyidado na oboa hen ma yena pe de yebotu mpon. Owo mber bi na se yefom de yebekaa No mpo a, President Eyring se, “Okaa wo aber nyina.”

“Hom nkaa mber Ewuradze n'ehumbɔɔɔ si tse” (Moroni 10:3).

## MBOFRA

### Yerikaa Jesus

**K**yerewsem no kyerekyere de owo de aber nyina yekaa Jesus Christ. N'asekyere de owo de yedwen No ho pii na yedzi Ne fasusu do!

Fa Jesus No mfonyin si beebi a ibetaa ehu.

“Na se hom kaa me aber nyina a hom benya mo Sunsum ma onye hom atsena” (3 Nephi 18:7).



Gyedzi, Ebusua, Mboa

# Hu Ɔno na N'ebusua

*Visiting teaching ye nokwar mu ara yerubohu akyerɛbaa biara na yeado no ama yeetum aboa no ma sahyɛ ne gyedzi dzen na sasom binom.*

Rita Jeppeson na ne *visiting teacher* abeyɛ anyɛnkofo pa ber a wɔsɛrɛ na wɔkyɛ aɛmpa fapem no. Naaso wɔrobɔ mu ridzi kasafua agordzi so kã hɔn sɛrɛ no ho. Ɔyɛ adze kor a Rita pɛ wɔ ne visiting teacher ho osiandɛ onyim dɛ wɔyɛ anyɛnkofo na nserɛ no nnye adze a wɔyɛ ara na “wɔkyerɛw.” Ndzɛmba pii wɔ hɔ a nkyerɛbaa botum ayɛ ber a wɔakɛsɛrɛ no, tse dɛ, worotu mpasar anaa worututu mfuw kakra efi ture no mu na mbofra no dzi agor no.

Elder Jeffrey R. Holland a ɔkã Duebien no hɔn Quorum ho no kãa dɛ, “Hom nhu homho dɛ Ewuradze n'asomafo ma Ne mba. . . . Yebenya enyidado . . . dɛ hom bɛkyekyer nokwar mber, wɔadwen asɔrmba no ho wɔ aɛmpa-kwan do, a wɔbɔhwɛ na wɔawɛɔn hɔn ho nkorkor,

dze ahwɛ sunsum mu na honam mu ehiaɛdze wɔ kwan biara a ɔboa mu.”<sup>1</sup>

Ewuradze duaa Moses do hyɛ Israelmba dɛ “Ɔhɔho a ɔbɔsɔɛ hom no wɔmma ɔnye dɛ hom mu kromnyi bi, na dɔ [no] dɛ woho” (Leviticus 19:34). Nkyerɛbaa a yeserɛ hɔn no botum ayɛ “ahɔho” ber a yehyɛ hɛn som no ase, naaso ber a yehu ɔno na n'ebusua no, hɛn pɛ benyin dɛ “[yɛ] soasoa kor biara n'adzesoadze ama ɔayɛ har” na yeenya “akoma wɔabɔmu kor wɔ koryɛ mu na [yɛa]dodo [hɛn]ho nkorkor” (Mosiah 18:8, 21).

Reyna I. Aburto, Ɔpamfo a Otsia Ebien wɔ Relief Society General Presidency mu, kaa mber a nna ogyaa awar nnkyɛrɛɛ na ɔyɛ Asɔrba foror no. Ɔkãa dɛ, “Me *visiting teacherfo* baa me fie, na wɔdze onuayɛ ahomka nkã-tse na ɔdɔ baa m'akoma mu.”<sup>2</sup>

## Susu Iyi Ho

Nkyerɛbaa ebusua ebusua a ekyerɛkyerɛ hɔn adze ntamu no, ebɛn nsem na oribesisi a ɔwɔ dɛ ihu na ikaa?

### NSENSIN

1. Jeffrey R. Holland, “Emissaries to the Church,” *Liahona*, Ɔberɛfɛw 2016, 62.
2. Reyna I. Aburto, “What Has Relief Society Been for Me?” Brigham Young Esuapɔn Mbaa Ehyiadzi, *Esusow Aketseaba* 5, 2017, LDS.org.

## Erosom

Ber a yebohu akyerɛbaa biara a yeserɛ no kyerekyerɛ no adze na yedɔ ɔno na n'ebusua no, yebenya hɛnankasa hɛn nkenyan dze ehu mbɛrɛ yebesɛ benya kor biara no sunsum mu na honam mu ehiaɛdze dze ama no.