





## PORTRAITS OF FAITH

*When I asked about the bright blue table in the middle of Adriana's kitchen, I learned that there was a time she had no table at all. Struggling to make ends meet, she took one of the Church's self-reliance courses and decided that she could bake and sell bread—if only she had a table. She prayed for help and built a table from scrap wood.*

**CODY BELL, PHOTOGRAPHER**

### **Adriana González**

*Central Department, Paraguay*

Everything I have asked from my heart, He has heard me. He has heard me because He knew it was good for me. Now we have two tables. This table is central to our family. We sit here to share. We work here. We teach what we have learned to others here. Through self-reliance, I learned to value myself. I discovered talents that God has given to me to help me and my family. I try to pass on what I have learned to my sisters in Relief Society, to help them to value themselves as daughters of God. I am grateful I am able to bless those around me.

For more photos and story about Adriana, go to [lds.org/go/21721](https://lds.org/go/21721).

To find out how the Church's self-reliance program can help you, visit [srs.lds.org](https://srs.lds.org).