

HELPS FOR VISITING TEACHERS

Counsel with your companion about how to sensitively adapt this message to each sister's circumstances. What self-reliance skills can you share with her?

PERSONAL PREPARATION

Malachi 3:10

Matthew 6:19–21

Luke 12:15

D&C 38:30; 88:119

For more information, see *All Is Safely Gathered In: Family Finances* (item no. 04007).

Managing Resources Wisely and Staying Out of Debt



Teach these scriptures and quotations or, if needed, another principle that will bless the sisters you visit. Bear testimony of the doctrine. Invite those you visit to share what they have felt and learned.

Managing Resources

“Provident living’ . . . implies the [conserving] of our resources, the wise planning of financial matters, full provision for personal health, and adequate preparation for education and career development, giving appropriate attention to home production and storage as well as the development of emotional resiliency. . . . If we live wisely and providently, we will be as safe as in the palm of His hand.”¹

President Spencer W. Kimball (1895–1985).

“What skills do we need to help us become self-reliant? . . . In the early days of the Church, Brigham Young pled with the sisters to learn to prevent illness in families, establish home industries, and learn accounting and bookkeeping and other practical skills. Those principles still apply today. Education continues to be vitally important. . . .

“I asked several bishops what self-reliance skills the sisters in their wards needed most, and they said budgeting.

Women need to understand the implications of buying on credit and not living within a budget. The second skill bishops listed was cooking. Meals prepared and eaten at home generally



cost less, are healthier, and contribute to stronger family relationships.”²

Julie B. Beck, Relief Society general president.

Avoiding Debt

“May I suggest five key steps to financial freedom. . . .

“*First, pay your tithing.* . . .

“*Second, spend less than you earn.* . . .

“*Third, learn to save.* . . .

“*Fourth, honor your financial obligations.* . . .

“*Fifth, teach your children to follow your example.*”³

Elder Joseph B. Wirthlin (1917–2008) of the Quorum of the Twelve Apostles.

“When we go into debt, we give away some of our precious, priceless agency and place ourselves in self-imposed servitude. We obligate our time, energy, and means to repay what we have borrowed—resources that could have been used to help ourselves, our families, and others. . . .

“To pay our debts now and to avoid future debt require us to exercise faith in the Savior—not just to *do* better but to *be* better. It takes great faith to utter those simple words, ‘We can’t afford it.’ It takes faith to trust that life will be better as we sacrifice our wants in order to meet our own and others’ needs.”⁴ ■

Elder Robert D. Hales of the Quorum of the Twelve Apostles.

NOTES

1. “Welfare Services: The Gospel in Action,” *Ensign*, Nov. 1977, 78.
2. “The Welfare Responsibilities of the Relief Society President,” *Basic Principles of Welfare and Self-Reliance* (2009), 5.
3. “Earthly Debts, Heavenly Debts,” *Liahona and Ensign*, May 2004, 41, 42.
4. “A Gospel Vision of Welfare: Faith in Action,” *Basic Principles of Welfare and Self-Reliance* (2009), 1.