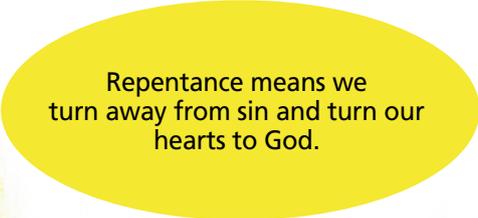


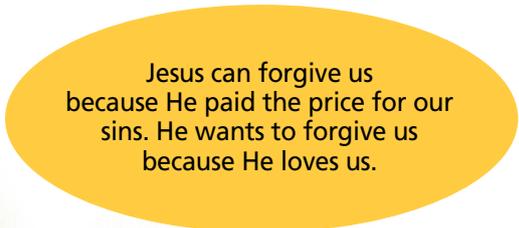


By Elder
Dale G. Renlund
Of the Quorum
of the Twelve
Apostles

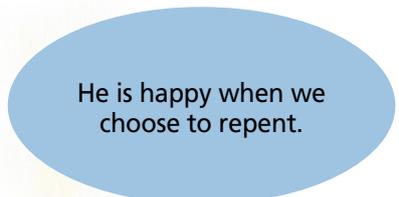
How can repenting help me feel happy?



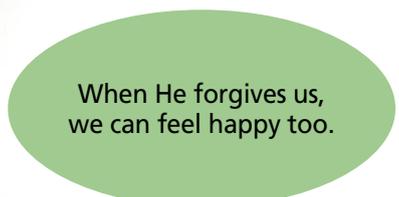
Repentance means we
turn away from sin and turn our
hearts to God.



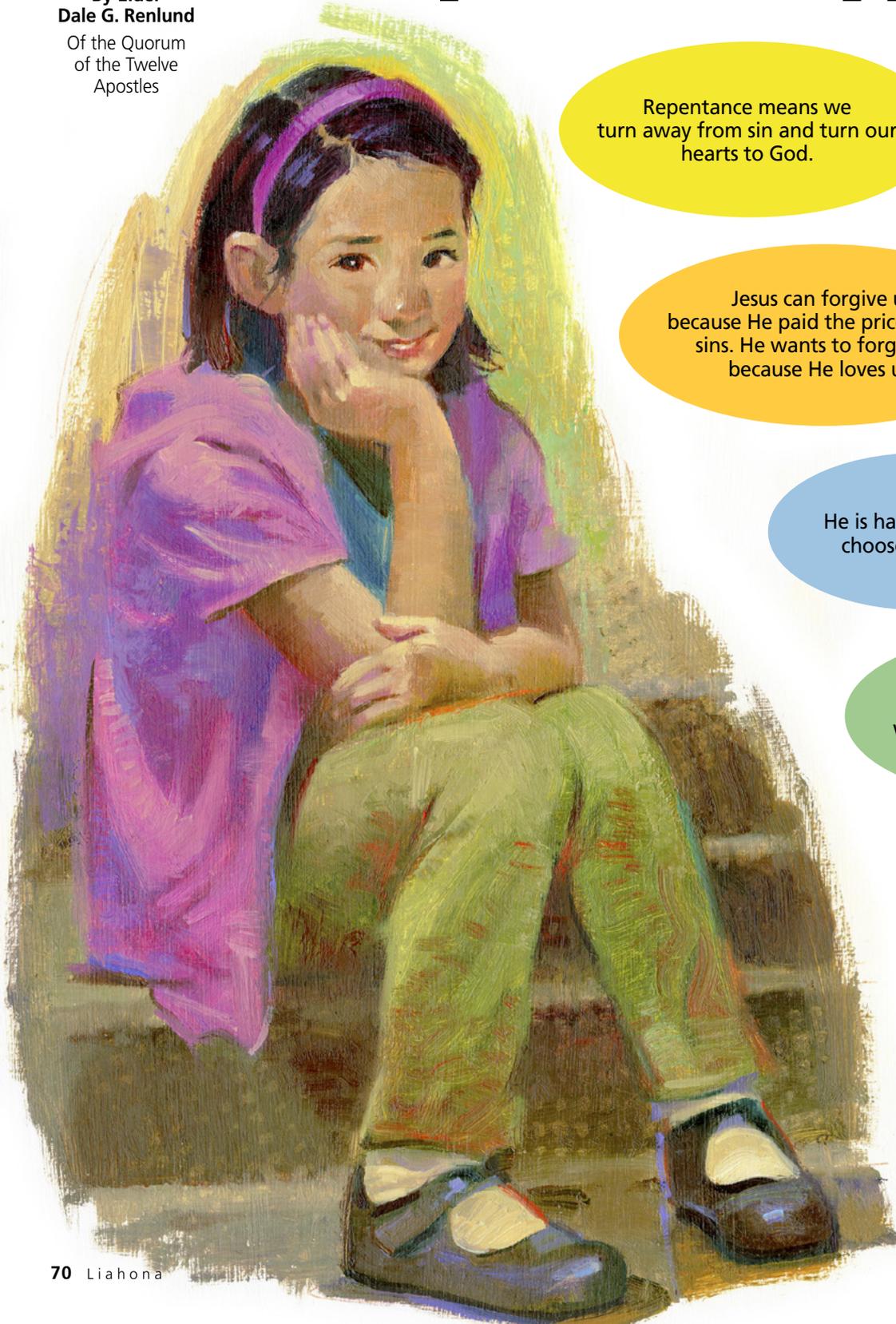
Jesus can forgive us
because He paid the price for our
sins. He wants to forgive us
because He loves us.



He is happy when we
choose to repent.



When He forgives us,
we can feel happy too.



From "Repentance:
A Joyful Choice,"
Ensign or Liahona,
Nov. 2016, 121–124.