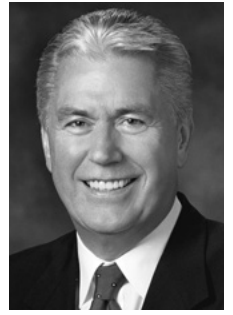


Pradhaan Dieter F. Uchtdorf dwara

Pratham Adhyakshata ke Dusre Salaahkaar



Bada Din ke Samay Masih ko Dhundna

Har koi jo samajhna chahatha hai ki Ishu Masih ka Girja Antim Dino ke Santo Ka ke sadasye hone ka kya arth hai, mai shuruwaat ke liye yeh teen shabd bayaan karna chahata hoon: Hum Masih ko dhundthe hain.

Hume Unke vishay me seekhna chahate hain. Unke peeche ho lene ke liye. Unhi ki tarah banne ke liye.

Varsh ke har din, hum Unhe dhundte hain. Par khaas kar varsh ke is samay—Bada din par, jab hum apne priye Uddhaarkarta ke janam ko manathe hain—humara dil Unke prathi aur prabhavith hotha hai.

Bada din ko manane ke tayaari ke liye, hum soche ki kaise do hazaar saal pahale us samay jo jiwith the ne kaise Uddhaarkarta ke aane ki tayaari ki hogi.

Sachche Charwaahein

Hum charwaahe ke baare me bahut nahi jaanthe hai, sirf ithna ki weh “raath ko maydaan me rah kar apne jhund ka pahra dete the.”¹ Yeh mumkin hai ki charwaahein sadhaaran aadmi the, kayi taareef laayak logo ki tarah jo har din guzaare ke liye kamai karthe hain.

Weh un logo ka nirupan kar sakte hain jo kisi samay sakriyatha se Masih ko nahi dhund rahe the, par unke hriday me badlaav aya jab swarg ka dwaar khula aur unko Masih ki gosha mili.

Yeh woh hain jinhone swarg duth ke awaaz sunne ke baad, thuranth Bethlehem dekhne ke liye chale gaye.²

Jyotish

Jyotish sikshak the jo Parmeshwar ke Putra, Masih ke agaman par padhai kar rahe the. Unke padhai dwara weh us chin ko pahechaan paaye jo Unke janam ki or ishara kar raha tha. Jab unhone use pahechaan liya, unhone apne ghar chod kar Jerusalem ka yatra kiya, puchthe hue, “Yahudiyon ka raja jiska janam hua hai, kaha hai?”³

Masih ke prathi unka gyaan sirf shikshan ki tarah nahi tha. Jab unhone Unke janam ke chin ko dekha, unhone uspar amal kiya. Weh Masih ko dhoondne ke liye nikal pade.

Jyotish un logo ka nirupan kar sakte hain jo Masih ko padhai aur shikshan dwara dhoondthe hain. Sacchai ke prathi unki bhakti anth me unhe Masih ko dhoondne me madad karti hai aur Masih ko Rajao ke Raja, aur manushya ke Uddhaarkarta ke rup me poojne ka mauka deti hai.⁴

Simeon aur Anna

Simeon aur Anna un logo ka nirupan kar sakte hain jo Atma dwara Masih ko dhoondthe hain. Yeh mahaan aatma shradha se dhaarmik the, aur upwaas aur prathna dwara agyaakari aur bhakti ka jeewan bita rahe the, aur uthsuktha se Parmeshwar ke Putra ke aane wale din ka intazaar kar rahe the.

Wafadaari, vinamratha aur vishwaas dwara, weh uthsuktha se Uddhaarkarta ke aane ki raah dekh rahe the.

Anth me, unka vishwaas ka parinaam unhe mila jab Mary aur Joseph ne unhe us sishu ko pesh kiya jo ek din Apne upar manushya jaati ke paap lega.⁵

Nephites aur Lamanites ke beech vishwaaskari

Aatma ko chune waali kahani ki kaise Naye Duniya me vishwaaskari Uddhaarkarta ke janam ke chin ka intazaar kar rahe the ko Mormon Dharamshastra me paaya ja sakta hai.

Aap ko yaad hoga ki jo Masih me vishwaas karte the unka mazaak udaya gaya aur unpar athyachaar dala gaya. Un dino ke sansaarik anubhav waale, vishwaaskariyon ko doshi taahere the ki weh apne murakh purvasanskaar ke saath ji rahe the. Asal me, naasthik ithni zor se hassi uda rahe the ki unhone “pure pradesh mein hangama kiya” (3 Nephi 1:7). Unhone un logo ka mazaak udaya jo vishwaas karte the ki Uddhaarkarta payda hoga.

Unka gussa aur krodh ithna bad gaya tha ki unke upar Uddhaarkarta par vishwaas karne waalo ko khamosh karne ka bhooth sawaar ho gaya tha. Marman Dharamshastra is faysle ko bayaan karti hai.⁶

Vishwaaskari un logo ka nirupan kar sakte hain jo Masih ko dhoondthe hain iske bavjood ki log unpar haste aur unki khili udathe hain aur unhe pareshaan karte hain. Weh Masih ko dhoondthe hai iske bavjood ke log unhe, sadharan, bina tahzeeb ke yah bawvla ke rup me pesh karte hain.

Par dusro ka virodh sacche vishwaaskari ko Masih ko dhoondne mein himmat nahin harne deta hai.

Hum Masih ko dhundthe hain

Pure saal bhar aur shayad khaas kar Bada din ke samay, yeh laabhdhaya hoga ki hum phir se yeh sawaal puche “Mai kaise Masih ko dhund raha hoon?”

Apne jeewan ke ek kathin samay me, mahaan Raja David ne likha, “He Parmeshwar, tu mera Parmeshwar hai, mai tujhe yatahn se dhundoonga: mera mann tera pyasa hai, mera sharir tera athi abhilashi hai.”⁷

Parmeshwar ko dhundne ka gunn shayad ek vajah hai ki David ko Parmeshwar ke dil ko chune wala vyakti kaha jaata tha.⁸

Bada din ke samay aur pure saal bhar, ki hum apne pure dil, aur athma se apne priye Uddhaarkarta ko dhunde, Shanti ka Raja, Israel ka Pavitra. Ki yeh iccha, bade maatra me, sirf yeh nahi batlata ki hum kaun hai Ishu Masih ka Girja Antim Dino ke Santo Ka ke sadasye ke rup me par hum sach me Masih ke chele hain yeh bhi dikhlata hai.

VIVRAN

1. Luke 2:8.
2. Dekhiye Luke 2:15.
3. Dekhiye Matthew 2:1-2.
4. Dekhiye Matthew 2:11.
5. Dekhiye Luke 2:22-38.
6. Dekhiye 3 Nephi 1.
7. Psalm 63:1.
8. Dekhiye Acts 13:22.

IS SANDESH MEIN SE SHIKSHAN

Jaise Pradhaan Uchtdorf ne prasthavith kiya hai, hum kaise Masih ko acchi tarah se dhund sakte hain? Tum jinhe padhate ho unhe protsaahit kar sakte ho ki woh apne aap se puche ki, “Kaise mai Masih ko dhund raha hoon?” Vichaaran ki jiye unhe amanthrith karne ki ke weh baatna shuru kare kaise har ek apne parivaar dharamshastra ki padhai ke samay Masih ko dhundthe hain. Jinhe aap padhate hain unke saath aap *Mormon.org* par Bada din ka video dekh sakte hain aur unhe amanthrith kar sakte hain ki weh is vaarshik mauka Masih aur Unke siddhant ko paane me bhaag le.

BACHCHEIN

Ishu ka Intazaar

Kai logo ne Ishu ke janam hone ka rah dekha aur intazaar kiya. Ab hum Unke lautne ki rah dekh rahein hai aur intazaar kar rahe hain! Hum Ishu ke vishay me seekh kar aur Unke peeche chal kar tayaar ho sakte hain. Aap Ishu ka peeche kaise karte hain? Ek taara banaiye aur uske andar apne vichaaron ko likhiye.



Ek Dusre Ke Bojh Ko Baatne Ke Liye Tayaar Rahana

Prarthnapurv is samaan ko padho aur prerna haasil karo jaanne ke liye ki kya baatna hai. Kaise Sahayak Sanstha ke lakshye ko samajhne se Parmeshwar ki betiyaan apne aap ko anant jeevan ke liye tayaar karenge?

Vishwaas Parivaar Sahayak

“Hum unke ird-gird hai jinko hamari prothsaahan, hamari madad, hamari dilaasa, hamari dayalupan ki humse zaroorat hai,” Pradhaan Thomas S. Monson ne kaha. “Hum yaha dharti par Prabhu ke haath hai, Uske bachchon ko sewa aur upar utha dene mein adesh dene ke liye. Wah hum sab par nirbhar raheta hai.”¹

Pradhaan Henry B. Eyring, Pratham Adhyaksha mein Pratham Salhakaar ne kaha: “Ek bhaari parivartan huwa tumhare hriday mein jab tum is Girjaghar mein aaye the. Tumne ek vachan liya tha, aur tumne ek vaada paaya jisse tumhare andar badlaao aana shuru huwa. . . .

“... Tumne vaada kiya tha ki tum Prabhu ki sahayta karoge ki unke bojh halke ho aur unhe sahanbhuti mile. Tumhe shakti mili thi sahayta karne ki in bojhon ko halka karne mein jab tumne Pavitra Aatma ke uphaar ko paaya tha.”²

“Hum susamachaar ke prakaash ka istemaal karna chahate hai auron

ko Uddhaarkarta ke tarah dekhne ke liye—sahanubhuti, aasha, aur dayaluta ke saath,” Jean B. Bingham, Sahayak Sanstha ki Maha Adhyaksh ne kaha. “Woh din aaga jab hamare paas auron ke dilon ki puri samajh hogi aur abhaari honge hum daya paakar—jis tarah se hum dayalu vichaar aur shabd is jiwan mein auron ko dete hai. . . .

“Hamara kartavye aur saobhaagye hai *sabke* pragati ko apnaana Uddhaarkarta, Ishu Maseeh ke jaisa banne ke liye.”³

Jab hum ek dusre ke bojh ko uthathe hain aur apne vyade ko nibhate hain, hum Ishu Masih ko dusro ko changa karne ki rah kholte hain. Elder Jeffrey R. Holland Barah ke Parishad ka ne sikhlaya: “Praeschit ke anumaan se bahar ki keemat ko dhyaan rakthe hue, mai vyada karta hoon ki weh humare prathi apna peet nahi dikhayenge. Jab Weh kamzor aatma waalo se kahate hain ‘Mere paas ao,’ Unka arth hai ki Woh upar aur bahar ka

raasta jaanthe hain. Wah jaanta hai kyonki Wah uspar chal chuka hai. Wah Raasta jaanta hai; sahi mein, Wah *hi* raasta hai.”⁴

Anye Dharamshastra

Matthew 25:40; Galatians 6:2;
Mosiah 2:17; 18:8–9

VIVRAN

1. Thomas S. Monson, “Serve the Lord with Love,” *Liahona*, Feb. 2014, 4.
2. Henry B. Eyring, “The Comforter,” *Liahona*, May 2015, 18.
3. Jean B. Bingham, “Mai Susamachaar ka Prakaash Apne Ghar Mein Laungi,” *Liahona*, Nov. 2016, 6, 8.
4. Jeffrey R. Holland, “Broken Things to Mend,” *Liahona*, May 2006, 71.

Yeh Sochiye

Ek dusre ke bojh ko baatne se aur apne vyade ko nibhaane se hum kaise Ishu Masih ke liye raasta banathe hain ki weh unko changa karein jo zarooratmand hain?