Camuel was a prophet who was a Lamanite. Heavenly Father told Samuel to tell the wicked Nephites to repent. The Nephites wouldn't let Samuel into their city, so he stood on the city wall. They threw stones and shot arrows at him. But Heavenly Father protected him. Samuel told the people what Heavenly Father wanted them to hear.



One time I was scared because I had to bear my testimony. When I bore my testimony, I wasn't scared. Chase C., age 6, Arizona, USA



Lauren P., age 11, Utah, USA



Cut, fold, and keep this challenge card!



I Can Testify!

- ☐ Memorize Helaman 14:8.
- ☐ Help others choose the right by being a good example this week.
- ☐ Watch chapter 40 of the Book of Mormon stories at scripturestories. lds.org.
- ☐ I challenge myself to . . .