Prayerfully study this material and, as appropriate, discuss it with the sisters you visit. Use the questions to help you strengthen your sisters and to make Relief Society an active part of your own life. For more information, go to reliefsociety.lds.org.

Welfare

The purposes of Church welfare are to help members become self-reliant, to care for the poor and needy, and to give service. Welfare is central to the work of Relief Society. President Henry B. Eyring, First Counselor in the First Presidency, has taught:

"[The Lord] has from the beginning of time provided ways for His disciples to help. He has invited His children to consecrate their time, their means, and themselves to join with Him in serving others. . . .

"He has invited and commanded us to participate in His work to lift up those in need. We make a covenant to do that in the waters of baptism and in the holy temples of God. We renew the covenant on Sundays when we partake of the sacrament."

Under the direction of the bishop or branch president, local leaders assist with spiritual and temporal welfare. Opportunities to serve often



begin with visiting teachers who seek inspiration to know how to respond to the needs of each sister they visit.

From the Scriptures

Luke 10:25–37; James 1:27; Mosiah 4:26; 18:8–11; Doctrine and Covenants 104:18

NOTES

- 1. Henry B. Eyring, "Opportunities to Do Good," *Liahona* and *Ensign*, May 2011, 22.
- Joseph Smith, in Daughters in My Kingdom: The History and Work of Relief Society (2011), 63.
- 3. Daughters in My Kingdom, 63.

Faith, Family, Relief



From Our History

On June 9, 1842, the Prophet Joseph Smith charged the sisters in Relief Society to "relieve the poor" and to "save souls." ² These goals are still at the heart of Relief Society and are expressed in our motto, "Charity never faileth" (1 Corinthians 13:8).

Our fifth Relief Society general president, Emmeline B. Wells, and her counselors launched this motto in 1913 as a reminder of our founding principles: "We do declare it our purpose to . . . [hold] fast to the inspired teachings of the Prophet Joseph Smith when he revealed the plan by which women were to be empowered through the calling of the priesthood to be grouped into suitable organizations for the purpose of ministering to the sick, assisting the needy, comforting the aged, warning the unwary, and succoring the orphans."3

Today the Relief Society has a worldwide reach as sisters extend charity, the pure love of Christ, to their neighbors (see Moroni 7:46–47).

What Can I Do?

- **1.** How am I preparing to care for myself and for my family spiritually and temporally?
- 2. How can I follow the Savior's example as I help meet the needs of the sisters I watch over?